

TRINITY BROADCASTING NETWORK

KDOR TV-17/KDOR-DT 15 BARTLESVILLE / TULSA, OK

QUARTERLY REPORT

JANUARY, FEBRUARY, MARCH 2006

KDOR-TV 17/DT 15 BARTLESVILLE, OK

PROGRAMS PERTAINING TO

LEADING COMMUNITY PROBLEMS

FOR

JANUARY, FEBRUARY, MARCH 2006

REPRESENTING SAMPLING ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES FROM THE PRINTED MEDIA COMPRISING NEWSPAPERS, MAGAZINES, AND PUBLICATIONS, AND FROM TELEVISION AND RADIO BROADCASTS WHENEVER POSSIBLE.

CHILD/YOUTH

FAMILIES

GOVERNMENT/PUBLIC SAFETY

HEALTH

SENIOR CITIZENS

OTHER ISSUES OF INTEREST

THE FOLLOWING PAGES ARE SUMMARIES OF KDOR-TV / TBN PROGRAMMING CONTENT, ADDRESSING THE ISSUES AND PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT FOLLOWING FCC REQUIREMENTS FOR THE FIRST QUARTER JANUARY, FEBRUARY, MARCH 2006.

THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
<u>CHILD/YOUTH</u>							
	JOY IN OUR TOWN#267	28:30	13:00	L	PA/O	01/02/06	10:30AM
						01/05/06	2:30AM
						01/06/06	12:00PM
						01/07/06	2:30AM
						01/09/06	10:30AM
						01/10/06	2:30AM
						01/12/06	2:30AM

Chris Elia interviewed Captain Carole Newell of the Broken Arrow Police Department. Captain Carole Newell talked about young girls and how they can keep themselves safe on the internet. Kids know you can be anybody you want to be on the internet. Pedophiles and child molesters use that, and can be anyone they want to be, unless they are a personal friend. They lure people and get them to agree to meet them and don't tell your parents. You think you are meeting a 17-year-old boy and it is a 50-year-old man. We had two incidents in BA. This man met the captain instead of the girl. The parents intervened in this situation and called the police. Parents need to be paying attention to what their kids are doing on the internet. There are a lot of programs for parents. It's our responsibility as parents because the kids don't realize how vulnerable they are in their home. They know how to appeal to the child, groom them and tell them they are pretty and can be a model. They get the confidence of these children, get them to meet them, and then the person they meet isn't whom they expect. Kids post too much personal information on the web, such as when they are home not home and phone numbers. Five years ago, an Arkansas policeman lost his daughter when she met a man from the internet and he killed her. This is no different than talking to strangers on the street. We wouldn't let our kids talk to strangers and let them tell them how pretty they are. These guys are good at what they do and have succeeded in it. John Walsh founded a site that parents can get information from. John lost his son at the mall. Keep the computer in the family room. Be aware of any inappropriate discussions on the internet. Whenever you feel uncomfortable about a person don't push the feeling aside. You need to know your kids' friends and their parents. Go to the sex registration site and find out if there is anyone in your area. Let your kids know they are not safe. You do have to be honest with your kids to a point according to their age. Don't make kids hug people they don't want to hug. Trust your kids to know what is appropriate. Don't force the kids to hug

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and sit on laps because we never really know. Many kids are victimized by family members and friends. Kids need to know that at the first sign of being uncomfortable, they can call the parents and ask them to come and get them.

JOY IN OUR TOWN#267	28:30	13:00	L	PA/O		01/02/06	10:30AM
						01/05/06	2:30AM
						01/06/06	12:00PM
						01/07/06	2:30AM
						01/09/06	10:30AM
						01/10/06	2:30AM
						01/12/06	2:30AM

Chris Elia interviewed Spencer and Vonnie, of Alateen. Vonnie said that kids think it's their parents fault they drink. Spencer said he got blamed a lot because drinkers blame others for everything. Everything seemed to fall on him. Vonnie thought it was normal that all families were like hers. Spencer said his mom drove him to the meeting and said you will go 6 times and like it. "I was forced, but it was the best thing that happened to me. You learn to express your feelings in a way you were never able to before. In the rooms you were safe and the people were the same age and had the same things happening to them." Spencer said that people share their experiences. It's a giant support net and it's important to use this program to help you. Vonnie thought it was important to share your feelings, or you bottle them up and it can be dangerous and you will explode. Spencer said there can be severe consequences and he would maybe not have become an alcoholic but he would have been a crazier person. The non-alcoholic has a lot of problems. Spencer said the program has helped him realize not to do something stupid. He said, "I was suicidal before. It makes me say call someone first. It's not that bad. You have to be able to take care of yourself physically so you are not always sick. HALT – hungry, angry, tired, lonely. This made me realize that I can't fix everything. The meetings made me realize and learn how to live." Vonnie said that sometimes you have to detach yourself from your loved one if they still drink. Spencer said it is detachment with love. Get your space in a way that you're not harmed and they are not harmed.

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	JOY INOUR TOWN#275	28:30	13:00	L	PA/O	03/06/06 03/09/06	10:30AM 2:30AM

Roberta Potts interviewed Linda Powers, Child Care Director, and Lyn Bohon, Chairman, The Concern Center of Bartlesville, OK. Linda said there is a very high demand for quality care for children of low-income families. Lyn said quality childcare is so expensive. If you are going to have quality childcare, it will cost you. Linda said there is a huge demand for Spanish speaking teachers. They have kids who don't speak English at all. Linda said that a month ago they accepted a baby with a heart disorder whom had had a stroke. They are working with her so she can be able to speak and walk. They had a specialist come and help them pick out equipment for her needs. Lyn said to ask around about a childcare facility, look for ratings, take a tour, pop in unexpectedly, as well as watch your child's demeanor when making a decision on a facility. Linda said to make sure they have an open door policy. Roberta tells of a situation at a Tulsa facility where a child's head was hit on a shelf and was seriously hurt. Linda said she tells her teachers to walk away when they get angry and come get her. It comes down to proper training. If a child is a threat to themselves or other children she will take them out of the room until they calm down.

	JOY IN OUR TOWN#276	28:30	13:00	L	PA/O	03/10/06 03/13/06 03/16/06	12:00PM 10:30AM 2:30AM
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Chris Elia interviewed Barbara Sorochty, VP of Partnerships and Marketing, Big Brothers and Sisters of Oklahoma. Barbara said if a child has someone to look up to, they skip school less, are less likely to do drugs and alcohol, and are less likely to be violent. In some instances grandparents are raising children. Big brothers and sisters do a variety of things with their littles. It doesn't have to be expensive. They are encouraged to spend quality time. Barbara talked about another program they offer and said there are many ways people can get involved. When a child is mentored they are less likely to act up in class. Some big brothers and sisters stay in touch with their littles long term. It really builds self-esteem when they have a mentor. They are now servicing the entire state of Oklahoma, not just the northeastern part of the state. Their grades and attendance improves. They do extensive interviewing to make the best match so that it is long term. They would like them to last at least one year.

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	JOY IN OUR TOWN#278	28:30	13:00	L	PA/O	3/24/06 3/27/06	12:00PM 10:30AM

Chris Elia interviewed Rodney Gray, Educational Director for Youth At Heart. He says one of the problems teens are facing is single parent homes. Chris said there are 8000 children in DHS custody alone and pointed out that many are trying to hang in there in bad situations. Rodney said there are parents who are working so many jobs they have no time with their children. They go into the housing additions and let them know that they are there and are concerned about them and their children. They offer most sports for them as well as after school tutoring. Once a week they have a kids club to learn what the necessary values are, needed to make it in this society. Rodney went to ORU and did some research and found that children need a family setting to succeed. So they try to be their extended family. They are finding sexuality and premarital pregnancy on the rise. He thinks this is because they are living in communities that are lacking in economic and social standing. He tells of a little girl who was very withdrawn. When she joined their tutoring program she began to flourish and has become so much more outgoing and was chosen to go to China with her school.

ACLJ THIS WEEK#026B	30:00	20:00	REC	PA/O/E	1/30/06	11:00PM
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Jay Sekulow Chief Counsel for American Center for Law and Justice talks to Senator Sam Brownback, R-Kansas about legislation on Embryonic Stem Cell research. A roll-in is played on stem cell research and specifically two critical bills. The bill that provides \$80 million for umbilical cord blood research was passed by a vote of 430 to 1. The other bill is more controversial and reverses the President's four-year ban on tax payer funded studies of stem cells that require the destruction of human embryos. A roll-in is shown of President Bush speaking on this matter. Statistics show only about half of the 400,000 frozen embryos stored in hospitals and clinics would survive being thawed and researchers say that 12-15% become babies resulting in 50,000 babies. Rod Stoddard, Executive Director of Nightlight Christian Adoptions began the country's first embryo adoption program about 6 years ago near Los Angeles and named the embryos "snowflakes". Since the program began there have been 56 babies born, and 18 on the way.

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	ACLJ THIS WEEK#029B	30:00	15:00	REC	PA/O/E	2/17/06 2/20/06	6:00PM 11:00PM

Jay Sekulow Chief Counsel for American Center for Law and Justice speaks from the ACLJ radio station in WA D.C. ACLJ has filed a brief with the U.S. Court of Appeals for the 7th Circuit; the issue is the Boy Scouts being denied the ability to have their jamboree, an event they hold every four years at Fort AP in Virginia. The fort provides facilities for it because it is a great recruiting tool. There has been a challenge in the U.S. District Court claiming there is a violation of church/state separation. The reason is because the Boy Scout's oath includes a statement about God. It is Election Day for many states. One of the initiatives in California is the Parental Notification law on abortions. Governor Schwarzenegger supports this law even though he is pro-choice. 35 states already have this law.

700 CLUB CBN NEWSWATCH#30306	1:00:00	3:00	REC	PA/O/E	3/03/06	2:00PM
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Melissa Charbonneau CBN White House Correspondent reports on a new study reveals that there is more violence in children's TV shows than adult programs. The cartoon *SpongeBob SquarePants* is now a target of the parents' television council "Wolves in sheep's clothing" report. The study of children's programming findings shows for five to 10-year-olds are laced with dark violence, vulgarity, bad behaviors, and sexual innuendo. Parents often take it for granted that children's programs are always, by definition, child-friendly. In over 400 hours of children's programming, the study found more than 3,000 incidents of violence. As the FCC cracks down on indecency with heavy fines for violations, Congress is dragging its feet, continuing to wrangle over how to clean up the airwaves and give the public a more family-friendly choice.

700 CLUB CBN NEWSWATCH#31606	1:00:00	4:00	REC	PA/O/E	3/16/06	2:00PM
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John Jessup CBN Washington Correspondent reports the federal government has won a major victory in the battle against online child pornography. It has broken up an international online chat room with thousands of pictures

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involving young children, and a new attempt to end online child pornography. Investigators say what they uncovered was one of the most demented crimes they have ever seen: child pornography live and on demand over the Internet. The investigation resulted in charges against more than two dozen people spanning the United States and three other countries. Close to 20 companies have formed the Financial Coalition Against Child Pornography, working to block users from obtaining illegal pictures of minors through online credit card purchases?

DOCTOR TO DOCTOR#7028:30 10:00 REC PA/O/E 1/31/06 11:30AM

Dr. Kristen Plastino, OBGYN talks about the consequences of teen having sex and gives examples of what they go through that affect them emotionally. She talks about the ‘sexual debate’. She talks about depression and suicide being very common among those who are sexually active and gives various examples of things parents can do to help their teens.

FAMILIES

JOY IN OUR TOWN#270 28:30 13:00 L PA/O

01/27/03	12:00PM
01/28/06	2:30AM
01/30/06	10:30AM
01/31/06	2:30AM
02/02/06	2:30AM

Chris Elia interviewed Mr. Jody Burch, Communications Education Coordinator, and Dr. Terry Bell of Youth and Family Services of Bartlesville, OK. She asked them to discuss a program to prevent divorce, the Oklahoma Marriage Initiative. Terry said the rest of the states are looking to Oklahoma as a model for their state. What they are trying to do is move in before trouble starts. The marriage is the foundation for the family. He has counseled people from serial marriages. Right now he is working with someone who has been married 8 times. Jody said the most important thing in a marriage is communication. Terry talked about his wife who is teacher of the year in Owasso and explains that she teaches about relationships. They talk about the importance of educating high school kids about relational issues. Jody talked about the speaker listener technique and how one person listens and the other actively listens. Then they switch roles and the other gets to speak. The tools are simple but not easy. The illusion of communication is that you have had it. They aren’t targeting couples who are getting a divorce, but all

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marriages can improve. Terry said the best relationships need a lot of work even though people think it should come easy. They get feedback about arguments being smoother.

JOY IN OUR TOWN#271	28:30	13:00	L	PA/O	02/03/06	12:00PM
					02/06/06	10:30AM
					02/09/06	2:30AM

Roberta Potts interviewed Mr. Jeffrey Bonds, of Marriage Bonds Ministries. He said divorce is high in Oklahoma, about a 50 percent divorce rate. He says the numbers are dropping, but the number of people living in a cohabitation situation is on the increase. He believes that if less people are getting married then less people are obviously going to be getting divorced. He says the top 3 causes of divorce are money, sex, and children. He said in all of these issues you can be trained to communicate. All couples are going to have conflict but the determining factor in whether or not the marriage lasts is how the couple handles it. He says communication is a 100 percent learned skill. He says if you can learn it you can have a happy, joy filled marriage. The first thing he tells couples to do, is establish ground rules before there is conflict. For example, not physical contact, time out, timing, or the speaker/listener technique. Roberta asks if you can fight fair. He said you can have conflict resolution in a fair way. He has gotten feedback from couples who wished they would have learned these things years back because of the success it has brought to their marriage. He said marriage is so important to society.

JOY IN OUR TOWN#272	28:30	13:00	L	PA/O	02/10/06	12:00PM
					02/13/06	10:30AM
					02/16/06	2:30AM

Chris Elia interviewed Jeff Rindt, Director of American Center for Relationships and Recovery. She asked why Oklahoma has a high divorce rate. He said early marriages can lead to divorce, and there is cultural pressure to marry young in Oklahoma. People change a lot between ages 19 and 40. Children involved in divorce need to feel accepted. People give up too easily. He recommends that you never to say the d word (divorce) in a fight, but only when both are calm. Couples don't even know what they are fighting about sometimes. Chris asked what to look for before you get married. He said to know someone at least a year before getting married to really understand who

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they are, and love them for who they are. Then you also know whether or not there is too much conflict. Don't marry out of neediness, but look for someone who will help your future down the road. Commitment is a big deal. You have to establish new relationships when you get a divorce which some people don't want to do. Guys have a harder time with break up than women because women usually keep the relationships the couple had.

JOY IN OUR TOWN#275	28:30	13:00	L	PA/O	03/06/06	10:30AM
					03/09/06	2:30AM

Roberta Potts interviews Naomi and Calvin Hill, Director/Founders of Lighthouse Outreach Center, Bartlesville, OK. Naomi said the choices that people make contribute to families ending up homeless. Many things are to blame; drugs, alcohol, even the government. If we choose to love, we won't have weaknesses in the home. Don't forget about the children when dealing with a parent's addiction. Calvin said they provide family units, shelter, and strengthening at Lighthouse Outreach Center. Peer pressure always affects people, especially the kids. The average working person is one paycheck away from poverty. Naomi said it costs a family around \$1500.00 to get an apartment. That is difficult to come up with when working a minimum wage job. When there is conflict between the husband and wife, it affects the whole family. Roberta said when she pictures a homeless person, she sees an adult male with a sign or a grocery cart. Naomi talked about homeless children. She says sometimes it is easier for the children in the shelter than the parents.

JOY IN OUR TOWN#277	28:30	13:00	L	PA/O	03/17/06	12:00PM
					03/20/06	10:30AM
					03/23/06	2:30AM

Roberta Potts interviewed Mayor Julie Daniels, City of Bartlesville. Julie says families moving to Bartlesville are concerned with the schools because of the need for a new elementary school. She said there are much broader differences in income than they had expected, but they welcome businesses at all levels to come to Bartlesville. There have also been many children attacked by pit bulls, but they cannot ban a particular type of dog in Oklahoma. Retirees are moving to Bartlesville because of the quality of life. She talked about a park that came from money

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raised by retirees. She said the most difficult thing she's experienced as mayor is growing pains. She said you want the growth but some people don't want the change that comes with it.

PRAISE THE LORD#021006	1:58:45	5:00	L	PA/O	02/10/06	10:30AM
					02/11/06	1:00AM
					02/14/06	1:00AM
					02/16/06	1:00AM

Pastor Carmen Gill interviewed Joel and Claudia Gonzales, Hispanic Ministry of Victory Christian Center. Joel talked about his parents getting a divorce and losing his brother. He said when he was older and married, his wife left him and his children for drugs. He prayed for a year for God to restore his marriage. Not only did she leave, but she emptied his bank account and left him in 50,000 dollars of credit card debt. He is now remarried, and they have a one-year-old child. His wife says he was a gift from God, and she loves his two children as if they were her own. They pray for restoration.

PRAISE THE LORD#021706	1:58:45	20:00	L	PA/O	02/17/06	10:30AM
					02/18/06	1:00AM
					02/21/06	1:00AM
					02/23/06	1:00AM

Pastor Phil Salee and his wife Carol, of New Beginnings Baptist Church, talked about their marriage and how they met. Carol gave the scientific definition of love. She said eventually the tingles go away and you must welcome yourself to the real world of marriage. You have to make a choice to have a covenant marriage. There is a contract marriage or covenant marriage. Contract marriages are motivated by what you want. A covenant marriage is about being concerned about what the other wants. She talked about confronting and forgiving. She challenged viewers to remember the moment they fell in love with their spouse. Carol interviewed Leah Barnard and Monica Langenberg. Leah met her husband her freshmen year of college and they were friends for 3 years. Their senior year she knew they were going to get married. Monica and her husband met on the internet. They talked on the phone for a few weeks before meeting. Carol said when you go into a marriage you have expectations. Monica said

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her expectations were low coming into this marriage but her hopes are high. She wanted a relationship between her boys and her new husband. She also wanted a great relationship with his daughters. She said he blew her away when they married because he did his research and read the marriage books. He knew how to treat a woman and show her that he loved her. Leah said when they got married he would throw his clothes on the floor. She was shocked when she was expected to cook and clean. They were both just out of college and had to pay bills. The tough part for Leah was the laundry. For Monica it was tough when her husband didn't come right to bed at bedtime but wanted some alone time. Leah says protecting family time is a struggle. Monica says they struggle with that as well as finances. Pastor Phil interviews Leah and Monica's husbands Spencer Barnard and Terry Langenberg. Spencer said he thought marriage would be like dating. He thought she would always look perfect and they would go out a lot. Terry said after getting a divorce he didn't want to get divorced again so he was single for a while. He read books on relationships during this time and worked on himself. He wants to be that good husband. Spencer said marriage was really tough for him at first. It is a process. He tells a story about doing things around the house and how excited Leah was about it. Terry said putting his wife first is what he does to have a great marriage.

PRAISE THE LORD#032406	1:58:45	10:00	L	PA/O	03/24/06	10:30AM
					03/25/06	1:00AM
					03/28/06	1:00AM
					03/30/06	1:00AM

Pastor Roger Nix and his wife Donna, of Believers Church, interviewed Dave and Becky Grothe, of Grothe Ministries. Dave and Becky have been married for 28 years and have 4 children. Dave dreamed about having a happy home as a child because he did not grow up in one. They are about to be grandparents. Dave said God can really do something in a couple that is willing to humble themselves. Donna said to ask yourself if you are submitting to your spouse. Dave said some men need a clue because they don't know how to live with a wife. Becky talks about when a spouse does something for you that they think is romantic, but you don't.

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	DOCTOR TO DOCTOR#67	28:30	10:00	REC	PA/O/E	1/10/06 3/07/06	11:30AM 11:30AM

Dr. David Hawkins talks about healthy love explaining how it is rooted in helping the other individual. He talks about obsessive love and explains how it is perverted driven out of fear. He gives symptoms of obsessive love. He explains how obsessive love is extremely impulsive. He says to take an emotional vacation, think about what you are doing. Find a friend who can give you an honest perspective.

	ACLJ THIS WEEK#035B	30:00	20:00	REC	PA/O/E	1/10/06 3/07/06	11:30AM 11:30AM
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Jay Sekulow Chief Counsel for American Center for Law and Justice talks about 9th Circuit Court of Appeals recent decision affecting parents and sex education in the schools. The case was about parents that were not given adequate notices of a survey with very inappropriate questions regarding sex given to 1st, 3rd and 5th grade students. The court's decision stated that parents had no specific rights regarding sexual matters in public schools. Jay meets with Congressman Jim Ryan. R 2nd District Kansas and they discuss the decision of the court. They talk about the plan in congress to split that court. They discuss the lower courts being out of step with American families and how it is affecting the members of congress. Drew Ryan and Jordon Sekulow joins them and they continue the discussion.

	700 CLUB CBN NEWSWATCH #31606	1:00:00	7:00	REC	PA/O/E	3/16/06	2:00PM
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Wendy Griffith CBN News Sr. Reporter reports - Harvard President Lawrence Summers is calling it quits, after last year's firestorm over remarks he made that biology might have something to do with why more men than women make careers in math and science. But was Summers right? Are men and women's brains actually different? If so, that is a fact no amount of political correctness can change, and it also spawns the question, how does that affect male and female roles in all aspects of life? Our brains are different. What makes them different, in substantial degree, is hormones that affect us in utero," said University of Virginia's Dr. Steven E. Rhoads. As a

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marriage and family counselor, Dr. Gary Chapman says that the key to successful. Chapman declared, "It's not a (question of) right or wrong. It's just a difference of opinion in how we handle this. And we have to...let the other person be who they are, the person God made them to be."

HEALTH

JOY IN OUR TOWN#268	28:30	13:00	L	PA/O	01/13/06	12:00PM
					01/14/06	2:30AM
					01/16/06	10:30AM
					01/17/06	2:30AM
					01/19/06	2:30AM
					01/31/06	1:30AM

Host Chris Elia introduces Rebecca Wright, R.D., Nutrition Specialist from the Cancer Treatment Centers of America. She said 60% of those who die with cancer, lose the battle due to malnutrition. The answer to malnutrition is nutrition. When a cancer patient is most tired they should prioritize their efforts. The immune system is fueled by protein and the high protein diet is great for cancer patients. The new tobacco is sugar. Americans eat about 12 lbs of sugar a month. Sugar zaps our energy. It also puts our immune cells to sleep. Sugar also feeds cancer cells. Sugar can cause mood swings and raise and then drop blood sugar levels like a rollercoaster. She said it is a cancer prevention to eat less sugar. She said the darker the chocolate the better and that chocolate has cancer fighting properties.

JOY IN OUR TOWN#273	28:30	13:00	L	PA/O	02/17/06	12:00PM
					02/20/06	10:30AM
					02/23/06	2:30AM

Chris Elia interviewed Dr. Joel Robbins, M.D., N.D., D.C., of Health and Wellness Clinic. He said our society's health is pretty sad. Today 70% of the population over the age of forty has a degenerative disease. He said the issue is that we take medications to take care of symptoms without ever getting healed. We don't have a drug deficiency.

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We don't know what healthcare is; we know what crisis care is. There is a need for traditional healthcare as well as complimentary care such as nutrition. He said we are living longer but it isn't quality health. Last year cancer was the number one killer in America. We need to cut back on caffeine, red meat, sugar, etc. We need to put in more positives like fish, raw nuts, raw vegetables. As you build up health you have fewer cravings. When people ask him if he wishes he could have sweets he can honestly say no. Chris said she has heard that from people who are off sugar. He suggested at supper, put salad out first and don't let them eat anything else until they have eaten it.

JOY IN OUR TOWN#274	28:30	13:00	L	PA/O		02/24/06	12:00PM
						03/02/06	2:30AM
						03/03/06	12:00PM

Host Roberta Potts interviewed Jan Guinn, R.N., Director of Professional Services, Visiting Nurse Association of Tulsa. This time of year is flu season. It is important to wash your hands often. It's never too late to get the flu shot but it takes two weeks to take effect. The best time to get the flu shot is around November. The reason for the shortages in flu vaccines is that the companies who produce it are not reimbursed well and it takes four months to produce. Last year one of the manufacturers was shut down at the last minute in Europe due to contamination issues. In a typical flu season, 36,000 people will die. There is also a flu vaccine nasal spray for people ages 5-50 with no medical conditions. 50% of those who get bird flu die. She said a pandemic is an epidemic multiplied by thousands or the majority of the population. If you have the flu, don't go to work or go shopping. You will just share the illness. Any restaurant owner who has at least 50 employees can vaccinate them and write it off on their taxes. She once again emphasizes hand washing. She said Hepatitis A comes from contaminated food and needles, Hepatitis B comes from sexual activities as well as needles, and Hepatitis C can stay in your body for years before you have symptoms.

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	JOY IN OUR TOWN#276	28:30	13:00	L	PA/O	03/10/06 03/13/06 03/16/06	12:00PM 10:30AM 2:30AM

Chris Elia interviewed Gale Mills, Family and Consumer Science Educator of OSU Extension Service Washington County. Gale said parents aren't taking the time to make healthy meals for the family. Planning in advance is an option. Gale believes electronics play a part in child obesity because it isn't active. When a child isn't involved in sports they may sit around and eat which causes them to gain weight and makes them even less likely to do activities. Parents doing the shopping sets the tone for the nutrition of the family. Education is the main thing and its just simple changes. A law passed that states the schools must have a health and fitness committee. Bartlesville has set some guidelines for food that will be served and sold in the schools. Gale discusses the change in the food pyramid. The my pyramid for kids is from ages 5-11. The pyramid has been put on its side. To make half the grains whole grains, increase fruits and vegetables, increase dairy, and decrease the amount of meat. Gale said if children do not have good eating habits it could cause them to have diabetes as well as have other problems. Gale just wants people to be more aware.

	JOY IN OUR TOWN#279	28:30	13:00	L	PA/O	3/28/06 3/30/06 3/31/06	2:30AM 2:30AM 12:00PM
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Chris Elia interviewed Margie Day. Margie got to a point where she wasn't losing weight. She said once you reach a certain point the thyroid starts to plummet and the metabolism slows down making it hard to lose weight. She said she can feel that a patient has a low thyroid but blood testing shows that it is normal. They have changed the scale since 1991 causing tests to show normal when they are really low. She said one way to help is by giving up carbonated drink. She said taking estrogen causes weight gain because the body thinks of it as a fat. The number one killer of women is heart disease even though breast cancer is rising. Chris said she has heard that fat around the stomach is very unhealthy. Margie says to eat fresh fruits and vegetables and exercise. Walking is the best exercise you can get. Scientists now link low thyroid to high cholesterol and high blood pressure. She said you can check

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your temperature 5 days in a row to see if you have a low thyroid. Her clients have to keep a log of what they eat, drink, and exercise to help hold them accountable.

DOCTOR TO DOCTOR#52	28:30	28:30	REC	PA/O/E	1/03/06	11:30AM
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Dr. Ben Lerner, Chiropractor talks about stress and explains how it causes weight gain, joint damage, and hormonal changes. He talks about the importance of forgiving others and how that helps to eliminate stress and builds peace. Dr. Bob DeMaria, D.C. said that the number one cause of ADHD is improper metabolism of fat. Every cell membrane in the body contains a layer of fat and it takes 51 days to properly metabolize French fries. He recommends one tablespoon of flax oil every day to increase brain function. Dr. Janet Maccaro, PhD talks about midlife changes. Diffuse stress by limiting sugar and caffeine. She talked about Conjugated Lindeic Acid and how it helps to burn fat. She recommends eating early to digest foods before sleep time. Passion flower and Vatarian Root are helpful for sleeping.

DOCTOR TO DOCTOR#67	28:30	15:00	REC	PA/O/E	1/10/06 3/07/06	11:30AM 11:30AM
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Dr. Scott Hannen, Chiropractor, talked about cancer, fear and alternatives to chemotherapy. He talked about cancer cells, micro-dose chemo cells, and insulin prevention. He recommends organic raw vegetables, and MGM-3. Dr. James Mahoney talks about diet, eating right, exercise and using supplements.

DOCTOR TO DOCTOR#68	28:30	28:30	REC	PA/O/E	1/17/06 3/14/06	11:30AM 11:30AM
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Dr. Dale Peterson talks about age related Macular Degeneration, which is most often preventable. He explains Macular Degeneration and gives symptoms. He explains the difference between the two types of MD and gives some key recommendations for preventing the condition. Dr. David MacDonald, MD talks about food allergies and explains some symptoms in children and adults. He talks about finding the cause, taking a blood test, and using supplements. Dr. Scott Hannen, Chiropractor, talks about ADHD giving the common results in behavior. He says

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to get off stimulant foods like sugars and dairy. Test to see if child has food allergies. He recommends play outside and explains frontal lobes in the brain. Essential fatty acids should be taken.

DOCTOR TO DOCTOR#69 28:30 28:30 REC PA/O/E 1/24/06 11:30AM

Dr. Scott Farhart, OBGYN talks about cancer, explains Basil Cell Cancer, Melanoma, and lung cancer, and gives causes. He talks about Breast cancer, cervical cancer, and colon cancer. He talks about getting regular checkups. Dr. Sam Buchanan, MD talks about various phases of wound healing. He explains the process and says for less scarring use Vitamin E/Medirma. Dr. Charles Adams, MD talks about treating the flu. He talks about flu pandemics and gives examples of how they have started through the years. He talks about Hydrogen Peroxide treatments, bath tub soaks, and Vitamin C.

DOCTOR TO DOCTOR#70 28:30 18:30 REC PA/O/E 1/31/06 11:30AM

Dr. Tonya Anderson, DDS talks about finding a dentist that fits your personality, relaxes you, and has updated equipment. She talks about dentistry and techniques. Dr. Dino Prato talks about Colon Cancer, colonoscopy, and colonography. He talks about the importance of fruits and vegetables, acidophilus, hydration, and reduction of food allergies for prevention. He gives steps to take if you have Colon Cancer.

DOCTOR TO DOCTOR#71 28:30 28:30 L PA/O/E 2/07/06 11:30AM

Dr. Joel Robbins talks about Hypoglycemia that is running rampant in America. He explains that the body uses glucose for energy. He talks about the liver and gives symptoms of Hypoglycemia. He talks about solutions – fruits, vegetables, and fewer sugary foods to improve the health of the body. Dr. Paula Bickle, Ph.D. talks about hypertension and explains that it is a pre-cursor to cardiovascular disease. She gives causes of hypertension and talks about changing the diet, and the importance of taking minerals, essential fatty acids, and vitamin supplements. Dr. Scott Hannen, Chiropractor talks about arthritis and the causes. He talks about solutions – drinking enough filtered water.

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	BEHIND THE SCENES	20906 28:30	10:00	REC	PA/O/E	2/09/06 2/10/06	7:00PM 12:00PM

Paul Crouch, Jr. talks with Dr. Scott Hannen board certified chiropractor physician, about pain. They discuss things we do to hurt our bodies: alcohol, tobacco, overeating – toxins cause pain and disease. They talk about Paul losing 50 pounds and how his lower back pain went away. Dr. Hannen mentions the various ‘filter’ systems in the body and how eating vegetables ‘plants in the field’ will cleanse each one.

DOCTOR TO DOCTOR#72	28:30	23:30	REC	PA/O/E	2/15/06	11:30AM
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Dr. James Mahoney talks about autistic children and explains Autism. He talks about diet and recommends magnesium, B-Vitamins, Probiotics, Zinc, Beta-Glucan and detoxification of the system. Dr. Patrick Hayden, ND talks with a patient about adult obesity. The patient talks about her condition and changing her diet. Recommendations to lose weight are given. Dr. Dale Peterson talks about free radicals in the atmosphere, the electromagnetic field decreasing, and that food supply is lacking proper nutrition because of lack of good soil.

DOCTOR TO DOCTOR#73	28:30	28:30	REC	PA/O/E	2/21/06	11:30AM
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Dr. Sam Buchanan, a general surgeon, talks about gallbladder disease. He explains the gallbladder and talks about gallstones. He explains symptoms for gallstones and talks about how to address the problem with your doctor. Normal cases are an outpatient procedure still considered major surgery. Dr. David Wood talks about dealing with stress. He lists the forms of stress and how it can affect us. He talks about some solutions and gives recommendations. Dr. Chip Abbadessa, Chiropractor talks about medicine and the heavy use of medications. He talks about some people get sick from medicine and hospitals each year. He talks about the normal healing process of the body.

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	BEHIND THE SCENES 030906	28:30	10:00	REC	PA/O/E	3/09/06 3/10/06	7:00PM 12:00PM

Paul Crouch, Jr. talks with Dr. Valerie Saxion. They discuss the healing design of the body and common health abuses. They talk about the process Dr. Saxion took Paul through to lose 50 pounds, lowering his cholesterol and that his back pain stopped. Dr. Saxion gives some steps for weight loss. They talk about pizza “in moderation”. She gives a demonstration of how pizza dough clogs the intestines.

DOCTOR TO DOCTOR#74	28:30	28:30	REC	PA/O/E	3/21/06	11:30AM
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Dr. Scott Hannon, Chiropractor talks about Fibromyalgia and explains the symptoms. He talks about some solutions on picking foods; about toxins that damage the cells, and says to stay off of sugar and caffeine – eat whole foods. Dr. Chimene Fikkert talks about finding a Pediatrician and explains the importance of finding a ‘board certified’ pediatrician. She talks about having the child’s immunization records. Dr. Scott Farhart talks about women with various types of cancers – skin cancer, breast cancer, colon cancer, and ovarian cancer. He talks about diet and lifestyle changes to treat cancer.

GOVERNMENT/PUBLIC SAFETY

JOY INOUR TOWN#269	28:30	13:00	L	PA/O	01/20/06 01/21/06 01/23/06 01/24/06 01/26/06 01/31/06	12:00PM 2:30AM 10:30AM 2:30AM 2:30AM 2:00AM
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Pamala Kennedy interviewed Mayor Richard Carter, City of Broken Arrow. He talks about being elected mayor in 2003. Pamala says Broken Arrow was awarded the safest city in Oklahoma. The Mayor says their figures get better every year and is very proud of their police force. About 92,000 people live in Broken Arrow. They are

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adding new citizens every year. He says you have to provide infrastructure as the city grows. They are fortunate because they plan ahead. He talks about getting Bass Pro Shop to come to Broken Arrow and the commercial growth they have been having. He likes going to the elementary schools and teaching them about local government and Broken Arrow history. He said no city would be well off without citizen input. He works at a bank, is involved with church and has his own business. They talk about project 20/25 and that they are widening 61st street because of the plans.

JOY IN OUR TOWN#270	28:30	13:00	L	PA/O		01/27/03	12:00PM
						01/28/06	2:30AM
						01/30/06	10:30AM
						01/31/06	2:30AM
						02/02/06	2:30AM

Chris Elia interviewed Melanie Christian, Public Information Officer for the Tulsa Health Department. Their role is to focus on bio terrorism like small pox. She said they are seeing sporadic cases of the flu around the state and that it has been a mild flu season, in part because of the available vaccinations. She said that if one person in the United States got small pox, everyone would need to be vaccinated. In that case they would go to a drive through clinic and even stay in their car. Chris asked if small pox is that contagious. Melanie said they are very prepared for small pox. In the event of epidemic, schools, malls, etc. would be shut down. They discuss anthrax and the close nit relationship between the post office and the health department. She goes over some resources you would need if you were without electricity for days. She gives water as an example.

JOY IN OUR TOWN#272	28:30	13:00	L	PA/O		02/10/06	12:00PM
						02/13/06	10:30AM
						02/16/06	2:30AM

Chris Elia interviewed Nellie Kelly, Spokesperson for the Tulsa Area Chapter American Red Cross. Ms. Kelly said we can prepare for natural disasters. There are things that are likely to happen like tornadoes, floods, and grassfires. Single families really need to prepare. Make sure you have a smoke alarm. That is the simplest thing we

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can do. Another thing is a disaster plan. There is a stigma behind talking about it. It makes the family feel safer when they talk about it. Sometimes the children are scared when the smoke alarm goes off and they may hide. She encourages everybody to have a disaster kit ready. There are two types; one where you have to stay home, and one where you have to leave. Water, canned food, a can opener, formula, diapers, and medications are some things to think about when having to stay home. Important documents should be taken with you when you have to leave your home. She also suggests having a kit in the car as well. Make a list of numbers to call in case of a disaster, including out of town relatives whom in some cases could be easier to reach. Ask the school about where they may take children in case of disaster.

JOY IN OUR TOWN#277	28:30	13:00	L	PA/O	03/17/06	12:00PM
					03/20/06	10:30AM
					03/23/06	2:30AM

Host Roberta Potts interviews Mayor Julie Daniels, City of Bartlesville. They have a five-member city council which the Mayor reports to. There is a city manager who does what they call “the day-to-day”. Their biggest infrastructure project for the year is their new water treatment plant. She said Bartlesville is growing for the first time in 30 years. She said this is due to the Conoco-Phillips merge. She said other businesses have quietly moved to Bartlesville. She said it is going really well when no one even has time to talk at City Hall because they have so much to do. As of today they have 1500 family lots available just in the last year, and 19 housing additions due to the growth.

JOY IN OUR TOWN#278	28:30	13:00	L	PA/O	3/24/06	12:00PM
					3/27/06	10:30AM

Chris Elia welcomes viewers and introduces Jessica Hill. She said the Tulsa Business Corps is about encouraging people to get a plan, a kit, and get involved. The plan shows the places a family goes in case of emergency, as well as what is the plan at their daycare. The kit includes flashlights, batteries, diapers, entertainment for kids, etc. Getting involved could include Tulsa Business Corps, church, or programs like CERT or the Alert Neighbors

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program. Jessica also points out that in case of emergency, where would a business owner go to conduct business, and how would they reach their employees. Jessica encourages looking around and meeting neighbors.

JOY IN OUR TOWN#279	28:30	13:00	L	PA/O	3/28/06	2:30AM
					3/30/06	2:30AM
					3/31/06	12:00PM

Chris Elia welcomes viewers and introduces Tom Hufford. He said the 3 main causes of fire are men, women, and children. We leave clutter, space heaters, and overloaded plugs. Cigarettes are the number one cause of fire deaths. He asks “Have you had your electrical wires checked?” Check your smoke alarm. He said throwing a cigarette out a window is the number one cause of grass fires. He said that was the reason for the recent burn ban. When conditions are this dry it is easy to ignite the grass. Change your smoke alarm batteries once a year and check them once a month. Have a plan of escape. Most people don’t know how toxic smoke can be, and they should get as low to the ground as possible because smoke rises. Carbon monoxide is odorless. If you are sleeping, it will put you into a deeper sleep before suffocating you. There is no reason not to have a smoke detector on every floor of the house and in sleeping areas. If you go to a firefighter’s house you will most likely see one in every room of the house. Most house fires start from cooking. Cover grease fires with a tight fitting lid and don’t move it. If you aren’t trained to use a fire extinguisher, they can be unreliable. Cool a burn with water.

ACLJ THIS WEEK#33B	30:00	30:00	REC	PA/O/E	1/06/06	6:00PM
					1/09/06	11:00PM

Jay Sekulow Chief Counsel for American Center for American Center for Law and Justice talks with Senator Brownback, R-Kansas about Sam Alito’s nomination. They talk about Alito’s qualifications and how his election could change the future of the court. They talk about embryonic stem cell research in the legislature and about the success of adult stem cell research. They talk about the next possible retirement on the court. They talk about internet pornography issue with the court and the legislative body. They talk about the judiciary committee and filibusters. Jay meets with Pat Monahan and Stuart Roth who are senior counselors for ACLJ and Jordan Sekulow – Government Affairs regarding Alito’s nomination. They discuss Alito’s history and about the ‘People for the American Way’ and their opposition to the nomination because he is a conservative.

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	BEHIND THE SCENES#13006	30:00	13:00	REC	PA/O/E	1/30/06	7:00PM
						1/31/06	12:00PM

Host Paul Crouch, Jr. talks with guest former Congressman Bill Dannemeyer. They discuss his 14 years as a Congressman. The Congressman discusses the Supreme Court's decisions regarding the Ten Commandments; he discusses legislation before the House and Senate to restore rights: SB 520/HR 1070. The Congressman discusses working with State legislatures to adopt resolutions and they discuss Supreme Court's decisions in the past regarding the Ten Commandments and the difference Chief Justice Roberts and Samuel Alito may make. They talk about an initiative "Take Back Our Rights" and about the First Amendment.

	ACLJ THIS WEEK#26B	30:00	10:00	REC	PA/O/E	1/30/06	11:00PM
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Jay Sekulow Chief Counsel Jay Sekulow Chief Counsel for American Center for Law and Justice talks to Senator Sam Brownback, R-Kansas, who serves on the Senate Judiciary Committee and has met with Judge Samuel Alito, nominee for justice of the Supreme Court. Judge Alito will be replacing Judge Sandra Day O'Conner. Senator Brownback talks about Judge Roberts's qualifications and public service.

	ACLJ THIS WEEK#028B	30:00	10:00	REC	PA/O/E	2/24/06	6:00PM
						2/27/06	11:00PM

Jay Sekulow Chief Counsel for American Center for Law and Justice speaks on the issue of military chaplains' inability to pray in Jesus' name. A special report from CBN News shows Lt. Gordon Klingenschmitt, a U.S. Navy Chaplain speaking about being disciplined for preaching an evangelical, optionally attended funeral service for a member of his flock. He was removed from active duty for this. Over 60 chaplains have filed similar complaints that they have been discriminated against in the same way. Jay talks to Congressman Walter Jones, R- No. Carolina regarding this religious persecution taking place in the U.S. military. Jay talks to Stuart Roth and Colby May, Sr. Counsels, ACLJ, and Jordan Sekulow, Government Affairs. The position of Americans United for

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Separation of Church and State is that no religious recognition should be made at various gatherings. ACLJ has sent a 35 page legal letter to the Air Force, the branch heading this challenge.

700 CLUB CBN	1:00:00	3:00	REC	PA/O/E	3/09/06	10:00PM
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NEWSWATCH#30906

Melissa Charbonneau, CBN White House Correspondent reports President Bush is holding a conference for his faith-based organizations at the White House today. CBN News conducted an exclusive interview with the director of the President's faith-based initiative, Jim Towey. Towey told CBN News that the President's agenda is to motivate the troops in his "armies of compassion." The White House hopes its strategy to give religious groups equal access to government resources will mean better choice and service for the nation's needy.

SENIOR CITIZENS

JOY IN OUR TOWN#268	28:30	13:00	L	PA/O	01/13/06	12:00PM
					01/14/06	2:30AM
					01/16/06	10:30AM
					01/17/06	2:30AM
					01/19/06	2:30AM
					01/31/06	1:30AM

Chris Elia interviewed Maria Swindell, Director of Education and Marketing with Elder Care of Bartlesville, OK. Ms. Swindell talked about senior medical benefits. They have recently implemented Medicare part D. It is tricky with many plans to choose from. You can talk to someone like Elder Care. It has been created in a way where you must get on the internet to sign up. A lot of seniors either don't know how to use the internet or don't have access. Some pharmacies and insurance agencies are giving classes on the plan. She suggests getting help from someone who is not biased as to which plan you chose. It can save people money, but it may not. People who are not getting great benefits can benefit. The hard thing is the number of options. Seniors must sign up by May 15, 2006. Some agencies are suggesting signing up for a basic plan to avoid a late penalty. She encourages people to go to the

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website www.medicare.gov to pick a plan before you are of age. She says Elder Care's goal is to continue to let seniors be a part of society, and to keep them connected to resources.

JOY IN OUR TOWN#269	28:30	13:00	L	PA/O	01/20/06	12:00PM
					01/21/06	2:30AM
					01/23/06	10:30AM
					01/24/06	2:30AM
					01/26/06	2:30AM
					01/31/06	2:00AM

Pamala Kennedy interviewed Claudia Meiling, Executive Director of R.S.V.P. (Retirement Senior Volunteer Program). This program tries to keep the seniors active. Adult children should encourage their parents to stay active. We can give them the tools to stay active. Engaging with others and volunteering helps them to stay healthy. Pamala said this organization can help children with their senior parents. She asked why her generation will be a different kind of senior. Claudia said they look ahead and would want to volunteer short term and on meaningful projects. They even have some volunteers who help with their website. RSVP helps people connect, and find employment. They spend time with the person to find the right match.

JOY IN OUR TOWN#271	28:30	13:00	L	PA/O	02/03/06	12:00PM
					02/06/06	10:30AM
					02/09/06	2:30AM

Roberta Potts interviewed Lahona Young and Trisha Dodd, Supervisors for Ombudsman Program. Ombudsmans are the link between an elder care facility and the family of the elder. They can give you important information about choosing a nursing home for a loved one, and what to do if there may be abuse. Lahona explains the difference between assisted living and a nursing home. Trisha discusses specialized care and that some facilities do not accept those with specific needs. She also gives warning signs of abuse in nursing homes. For example how they speak to residence, odors, etc. Lahona says to report any abuse to the head nurse of that facility and they must

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report it to the state health department. They also must take the employee in question off duty and conduct an internal investigation. They talk about confidentiality and the number of nursing homes in the Bartlesville area.

JOY IN OUR TOWN#273	28:30	13:00	L	PA/O		02/17/06	12:00PM
						02/20/06	10:30AM
						02/23/06	2:30AM

Host Chris Elia interviewed Cindy Loftin, Medicare Specialist of LIFE Senior Services. Cindy said Medicare part D is a prescription drug policy through Medicare, and is the first time prescription drugs have been covered like this under Medicare. Seniors are estimated to save \$1100.00 a year with the policy. If a senior does not sign up by May 15th of this year they will be assessed a penalty witch is 1% of the standard premium for every month late. There is no cap on it. Some seniors already have similar coverage and do not need to enroll in the plan. In those cases they will not be penalized. They have talked to some seniors who only take one or no prescriptions who feel they don't need the coverage. It is like car insurance; one day you may need it. There are 43 different plans in Oklahoma alone. It is easier once you get on the internet and look at it. Even a \$10.00 premium could be too much. Cindy said that there is financial help available for those who cannot afford the premiums. Some seniors will automatically qualify and others should go through social security.

JOY IN OUR TOWN#274	28:30	13:00	L	PA/O		02/24/06	12:00PM
						03/02/06	2:30AM
						03/03/06	12:00PM

Roberta Potts interviewed Clark Miller, Director, Tulsa Area Agency on Aging. He said the most current issue facing seniors is Medicare part D. Another one is quality dental care. Part of the problem is the multitude of options. There are over 40 options. If you took every car insurance company and lined them up to choose the right one it could be confusing. That is what these 40 options are like. This plan assumed that all senior citizens would have access to the internet, but only about a third of them do. It is much easier to apply for the plan online, and the organization is doing workshops to help the seniors do that. They do a survey every year and ask seniors about what concerns them. Dental care was their number one concern. He says Medicare does not cover as much for dental.

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TRINITY BROADCASTING NETWORK

KDOR TV-17/KDOR-DT 15 BARTLESVILLE / TULSA, OK

QUARTERLY REPORT

April, May, June 2006

THE FOLLOWING PAGES ARE SUMMARIES OF KDOR-TV / TBN PROGRAMMING CONTENT, ADDRESSING THE ISSUES AND PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT FOLLOWING FCC REQUIREMENTS FOR THE SECOND QUARTER APRIL, MAY, JUNE 2006.

KDOR-TV 17/DT 15 BARTLESVILLE, OK

PROGRAMS PERTAINING TO

LEADING COMMUNITY PROBLEMS

FOR

APRIL, MAY, JUNE 2006

REPRESENTING SAMPLING ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES FROM THE PRINTED MEDIA COMPRISING NEWSPAPERS, MAGAZINES, AND PUBLICATIONS, AND FROM TELEVISION AND RADIO BROADCASTS WHENEVER POSSIBLE.

FAMILIES

CHILD/YOUTH

ECONOMY

HEALTH

GOVERNMENT/PUBLIC SAFETY

OTHER ISSUES OF INTEREST

THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
FAMILIES	JOY IN OUR TOWN#281	28:30	13:00	L	PA/O	4/07/06	12:00PM
						4/08/06	2:30AM

Chris Elia introduces first guest Melissa Schnur, Community Relations Coordinator for DVIS/Call Rape. Melissa talks about how domestic assaults and sexual assault does run the gamut in our society today. She shares how men can be victims as well. Not as many men report abuse. Women have been educated about domestic violence and sexual assault and healthy relationships from when they were teens and on, but a lot of times men don't receive this education. She defines the legal term for sexual assault. Chris mentions a recent arrest of a serial rapist in Tulsa. Melissa shares about the steps to reporting an assault. She talks about the SANE program (Sexual Assault Nurse Examiner). These nurses are trained in forensic evidence collection. Last year there were 451 sexual assault exams performed through this program. She tells victims to not shower and bath or even go to the restroom because evidence can be washed away. Clothing is given to the victim because their clothing is evidence. 85-90% of sexual assaults or rapes are known to the victim. She mentions the counseling that's available for the victims and family members. There's lots of long-term consequences. Some even attempt suicide. Domestic violence isn't always physical violence. It's emotional and sexual abuse. The emotional abuse can be more long lasting and eternal scars. It's about power and control of the abuser. They control and isolate the victim. There's counseling for abusers as well as counseling for victims. Also offer counseling for children that witness the violence. Kids see bruising on mom or their homes in disarray. It can affect the kid's performance in school. Boys who witness dad hitting mom grow up and tend to do the same.

FAMILIES	JOY IN OUR TOWN#282	28:30	13:00	L	PA/O	4/24/06	10:30AM
						4/27/06	2:30AM

Roberta welcomes Oklahoma Senator Mike Mazzei to the program. Senator Mazzei shares what he feels is the most important issue facing families in Oklahoma today is keeping the children safe. He mentions crime issues that have developed and mentions lack of resources to police officers, and district attorneys that need man-power, staff and money to put sex offenders and other bad guys away. He and another senator are attempting to make it a requirement that on a sex offender's driver's

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license has a color coding that shows that this is a convicted sex offender. The more people who know the better. He shares on how a sex offender has certain distance requirements away from schools. They are working on adding that to public parks. This is another tool that prohibits space for sex offenders to reside where children live. He thinks the legislature needs to attack this problem from two fronts: Need to capture a higher degree of safety for our kids by giving our district attorneys in the budget process the resources they need so they aren't overwhelmed and end up plea bargaining instead of prosecuting. Secondly, we need the right statutes on the book to keep sex offenders from our neighborhoods with young children. Senator Mazzei has five children and he said that as parents you should know where their kids are at all times, who the kids are and who the parents are and other tips. Teach kids to not talk to strangers. They made adoption easier in the procedures process so it's quicker and costs less. He also mentioned strengthening child trafficking laws.

JOY IN OUR TOWN#283	28:30	13:00	L	PA/O	04/28/06	12:00PM
					05/01/06	10:30AM
					05/04/06	2:30AM

Roberta Potts introduces Sarajane White, MHR, Therapist/Case Manager for the Parent Child Center of Tulsa acts as an advocate for children. This organization tries to create awareness of child abuse and neglect issues and we have a prevention dept. which provides services to high-risk families. They also have an education component. The center provides counseling and group services for those who've been accused of child abuse/neglect or who are at high risk for that. Mrs. White describes what child abuse is. April was child abuse prevention month. 51 children died in 2004 from child abuse and neglect. She defines what child neglect is. Mrs. White says it's a way of parenting. She says parents say that's the way their parents took care of me. There is physical neglect. The children don't have enough to eat, they are not helped or encouraged to take care of hygiene. They may live in an extremely dirty home where there are roaches. This is psychological abuse for the children. Then there is emotional neglect. Parents who say the children should be seen and not heard for example. Most people generally want to do what's right. Some parents have never had anyone listen to their life story and point out in their history. We give resources and direction and we encourage parents.

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	JOY IN OUR TOWN#287	28:30	13:00	L	PA/O	5/26/06 5/29/06 6/01/06	12:00PM 10:30AM 2:30AM

Michelle Gustafson introduces Cathy Sullivan, RN, Program Manager Children First Tulsa County, Tulsa County Health Department. If you want to do something right, you start at the beginning. Trying to engage parents to be the best parent to their children and raise them to be healthy responsible citizens, really should start with the first child. There's a window of opportunity in pregnancy where you can make some changes with new mom. It's structured curriculum for the mom when they're pregnant. Mrs. Sullivan gives the enrollment criteria. They look at how the mom takes care of herself, the maternal role, and the network of family and friends that the mom has. Half of the caseload are less than 20 years old. Some may not have that role model of a healthy relationship between mother and child. Statistics prove out that if you're raised in a home or environment of abuse and/or neglect that can be brought on to the next generation. Part of what we're doing is to break that cycle. In our program we start with pregnancy to get the mother ready for that baby. We teach normal growth and development.

	JOY IN OUR TOWN#289	28:30	13:00	L	PA/O	06/09/06 06/12/06 06/15/06	12:00PM 10:30AM 2:30AM
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Michelle Gustafson introduces Lauren Gould from Parent Care Center. She tells what the center is and about the library and the classes they offer to the parents. She said the Parent Care Center also teams up with other services to be more affective to the parents. Some of the classes they teach are organizing a home to fit the practical part of a home. We also have anger management classes. Families learned calming techniques like screaming into pillows, listening to dance music, and journaling. Kids don't want to listen to their parents but if Lauren told them, they listen to it. Both parent and child practice these techniques together. The center started 7 years ago because there was a need that the parents needed information and support just as much as the kids did. 485 parents came for the 2005-2006 school year. The center uses Practical Parenting Education Curriculum. This curriculum helps a huge need in families. This is a very skills based curriculum and for a diverse population. Schools have changed over the years. She said a generation ago the family felt supported from their spouse, extended family that probably lived in the area . . . but skip forward a generation and 50 percent of marriages are ending in divorce, not many live near their family, how many of us know our neighbors said Mrs. Gould. The school has had to

take on the mental health service roles and that's what the PCC attempts to do, is to supply that support and the connection. She said parents are feeling isolated and they don't have that support network. If you want your students to do well, they have

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to feel welcome at school. And so to foster that sense of community which is lacking in families now, so schools need to be that place where they know support is.

ACLJ THIS WEEK#040		30:00	25:00	REC	PA/O/E	4/07/06	6:00PM
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Jay Sekulow Chief Counsel for American Center for Law and Justice talks about the U.S. Supreme Court's recent unanimous decision regarding parental notification before a minor has an abortion. A roll-in from CBN News is played regarding the case. Jay meets with Pat Monaghan, Stuart Roth and Frank Manion, Sr. Counsels, ACLJ and they discuss the court's decision. They discuss chief justice Robert being on the court and his influence. They talk about parents want to be involved with decisions that involve their child. They discuss an upcoming Partial Birth Abortion case coming to the Supreme Court and the significance – how the public will be educated on the procedure. A roll-in of Jay at the ALCJ Live radio studio is played of Jay taking a call from a listener regarding the partial birth abortion procedure. The procedure is read from the actual New York trial case of the medical doctor's testimony of the procedure. Jay then interviews Senator John Ensign (Nev) who is taking a lead role regarding parental notification and they discuss the "Child Custody Protection Act" he has proposed.

700 CLUB CBN NEWSWATCH #42706		1:00:00	8:00	REC	PA/O/E	4/27/06	2:00PM
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Charlene Israel CBN News Assoc. Producer reports on the pain after an abortion - For Max Baker, 44, the pain after an abortion is not just a woman's issue. "The shame and the guilt -- I guess the way that I dealt with that was, don't talk about it. We don't talk about it - we don't bring it up. But the shame was always there," Max said. Max and his wife Judy have been married for 16 years. But before they tied the knot, Judy got pregnant. Not wanting to be parents yet, they agreed to end the pregnancy. "When I lay down on that table, I knew it was wrong," Judy admitted. "I knew that I was making the wrong decision. It was horrendous pain -- it was very painful. And when Judy wanted to talk about the abortion, Max just wanted to put the whole thing behind them. "I didn't want to talk about it -- sort of like, out of sight, out of mind," he said. "And if we don't talk about it, I wouldn't have to deal with it." Abortion is often trumpeted as a quick, guilt-free solution to a tough situation. After more than 30 years of abortion-on-demand, the evidence is growing that for millions of people, abortion is a lingering, painful experience. It even has a name: Post-Abortion Syndrome. The symptoms include depression, grief, sexual dysfunction, drug and alcohol abuse, and even attempted suicide.

YOUTH

JOY IN OUR TOWN#280		28:30	13:00	L	PA/O	04/03/06	10:30AM
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						04/06/06	2:30AM

Chris interviews Scott Heberling. He is involved with a drama troupe outreach. They try to address issues teens go through. Right now they are working on a piece dealing with depression and suicide. He says there are homeless teens that end up involved with gang violence and similar issues. Chris says the internet is also an issue for teenagers. He said they are looking at dating violence next. He says he is really just the coordinator but he looks for teens with the drive to learn about theatre and wants to use that to help others. He says not all of them have these issues. The teens do all the writing for the skits and they use improve as well. He says the thing that sets theatre apart is that there can be interaction after the plays unlike in movies where there is just a screen without interaction with the actors. He says it is important to have the teens do it because they are their age and they can relate to the actors. He wants to give them a place to go to get away from parents but stay out of trouble as well.

JOY IN OUR TOWN#280	28:30	13:00	L	PA/O	04/03/06	10:30AM
					04/06/06	2:30AM

Chris Elia introduces Tom Hufford from the Tulsa Fire Fighters Educational Clowns. He said they use clowns and characters to educate children about fire safety. He said the number one killer of children is motor vehicle accidents. Either they are not in a car seat or the car seat is installed improperly. They have car seat checks and educate parents on car seat installation. He said everything in your car can be a flying projectile. They also have apartments families can stay in while family members are in the burn center. They have a burn camp for burned children and every camper has a counselor. The burn camp is free. The first night of camp they get Bells amusement park all to themselves before heading to Drygulge for the next three nights. Tom says there is nothing worse than a burn. He says the skin loses its elasticity. They would rather prevent burns than have to treat it. He says you are scarred for life when you are burned. Tom says it is so easy to get head injuries and stresses that people wear bicycle helmets. Never swim alone, wear life jackets, and never walk on a frozen lake or pond. He says to jump in the water feet first and that it only takes two inches of water to drown.

JOY IN OUR TOWN#288	28:30	13:00	L	PA/O	6/02/06	12:00PM
					6/05/06	10:30AM

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						6/08/06	2:30AM

Michelle Gustafson introduces Sarah Sponsel, Extension Educator for Washington County 4-H in Bartlesville. It's nationwide program, that is, the youth development program in every state and operates at the local level. Ages are 9-19 so they can start at an early age and can continue until they graduate from high school. Some kids who are involved with science and technology. Even traditional farming and ranching is science and technology because of the GPS Global Positioning Systems and other things on tractors and equipment. The kids just don't "do" those things, they have to learn how to operate the machinery. The goal is for kids to learn about their projects but through their project they learn life skills. For example, the responsibility for caring for an animal and making sure it has what it needs to survive and that this animal is dependent on this child to provide for them. Many programs are award based, so the kids learn in order to achieve these goals or levels of achievement I have to do these things (levels) to get there so they have to learn the goals and plan for themselves. The kids are taught leadership and the community infrastructure, governmental processes and those kinds of things.

JOY IN OUR TOWN#290	28:30	13:00	L	PA/O	6/16/06	12:00PM
					6/19/06	10:30AM
					6/22/06	2:30AM

Michelle Gustafson introduces Principal Toby Sissons from Jane Phillips Elementary of Bartlesville, OK. We see a lot of children of single parent families, grand parents raising children so it's difficult. They have a lot of strikes against them, so we do what we can to better themselves. Principal Sissons said he has 300 children at his school and about 265 are in the poverty level. The children start school with a 2-3 year old vocabulary instead of a 4-5 year old vocabulary. One thing they really work on is vocabulary. They don't have vocabulary experiences at home. A parent isn't reading to them or even speaking to them. They are spoken at and not spoken with. The teachers encourage them every day that education is their way out of poverty. A family donated a million dollars over a 10-year period for a scholarship program and it's a mentoring program. A student will be assigned a mentor in the 4th or 5th grade and that mentor will follow them through high school. They will check up on grades, make sure their in school, make sure are in line with following the steps to get into college. We're hoping those kids will stay in school and come back and tell others that they went to this school and also went to college.

JOY IN OUR TOWN#292	28:30	13:00	L	PA/O	6/30/06	12:00PM
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Michelle Gustafson introduces Marianne Stambaugh, children's librarian for Tulsa City-County Library. Marianne talks about Tulsa's free summer reading program. They expect 40,000 children to sign up. She said that if a child doesn't keep reading over the summer they actually lose ground and their reading skills slip. Some need to catch up a little bit on their reading skills during the summer so they don't have to be held back. Summer is a time to read the fun things. She listed popular book titles. She mentioned the popularity of series like House on the Prairie. Marianne said the parents job is to make reading fun. Create a positive atmosphere around reading. Start young with picture books. Keep it light; let them read what they love to read. Let a child read what they're interested in. She said they have books on video games, comic books style. She mentioned books on tape in which a child can listen and follow the book. She said with the boys especially the mothers tend to think fiction books, but a lot of times the boy who won't read is happier in non-fiction, the books on dinosaurs, outer space. Reading books is not only pleasurable but exercising the mind. Children will run across vocabulary that they won't see on cartoons. There are more emotional issues in books, it gets them to think and handles deeper issues. It builds vocabulary and sequential thinking i.e. beginning, middle and ending which is important for writing skills.

ACLJ THIS WEEK #026B	30:00	20:00	REC	PA/O/E	4/03/06	11:00PM
					4/24/06	11:00PM

Jay Sekulow Chief Counsel for American Center for Law and Justice talks to Senator Sam Brownback, R-Kansas about legislation on Embryonic Stem Cell research. A roll-in is played on stem cell research and specifically two critical bills. The bill that provides \$80 million for umbilical cord blood research was passed by a vote of 430 to 1. The other bill is more controversial and reverses the President's four-year ban on taxpayer funded studies of stem cells that require the destruction of human embryos. A roll-in is shown of President Bush speaking on this matter. Statistics show only about half of the 400,000 frozen embryos stored in hospitals and clinics would survive being thawed and researches say that 12-15% become babies resulting in 50,000 babies. Rod Stoddard, Executive Director of Nightlight Christian Adoptions began the country's first embryo adoption program about 6 years ago near Los Angeles and named the embryos "snowflakes". Since the program began there have been 56 babies born, and 18 on the way.

700 CLUB CBN NEWSWATCH #40506	1:00:00	4:00	REC	PA/O/E	4/05/06	2:00PM
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John Jessup CBN Washington Correspondent - Internet child porn is a rapidly growing problem, and now it has the attention of Congress. One teenager told a House committee that he innocently ended up involved in Internet pornography – and, he testified, he is not alone. Nineteen-year old Justin Berry told lawmakers on Capitol Hill how more than 1,000 men paid him to perform sex acts - including sex with prostitutes on camera. Justin says he became a part of that world at 13, starving for attention and hoping his new Web cam would enlarge his circle of friends. Justin is only one example of the one in five children who report being sexually solicited over the Internet, where there are an estimated 3.5 million sexual images of children online in the U.S. His testimony and other details presented during the hearing -- are a part of Congress's growing concern about the industry, which by some accounts totaled an estimated \$20 billion or more in sales of images showing children being sexually abused.

ECONOMY

JOY IN OUR TOWN#281	28:30	13:00	L	PA/O	04/07/06	12:00PM
					04/08/06	2:30AM
					04/10/06	10:30AM
					04/11/06	2:30AM
					04/13/06	2:30AM

Chris introduces Judy Ann and Christina Eichstedt from Advocate for the Poor. Judy shares how their family was homeless and got their food out of garbage cans. Her husband lost his job and the unemployment wasn't enough to pay the bills. Christina talks about growing up in a family that was poor and what it was like in school and how she was treated differently. Judy Ann thought about giving up her children so they would get out of this. But they stayed together as a family. They received help from a church and shelter until they got on their feet. It is hard to apply for a job when you have no address to put down on the application or nice clothes to wear to an interview. Judy Ann encourages people to not give up. She says to treat the homeless that they see as neighbors.

JOY IN OUR TOWN#284	28:30	13:00	L	PA/O	5/06/06	12:00PM
					5/08/06	10:30AM
					5/11/06	2:30PM

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Michelle Gustafson introduces Katy Jones, Director of Glory House in Tulsa, OK. Tulsa succeeds the national statistics. There's about 600,000 people who are homeless every night about 3 ½ million in a years time will be homeless. That's about 7 cities the size of Tulsa being homeless. So it's a nationally growing problem. Drug and alcohol abuse counts for about 75 percent of the women. Of the immediate cause would be eviction or abuse. Katy said they have a 9-month transition program. They feel unwanted or no purpose in their lives. They deal with the root causes that caused them to be homeless. These women feel rejected, worthless, shame, guilt, wrong choices and other issues besides drug abuse. Some have been in prison but are on probation. The shelter gives classes to the ladies. They have job-preparation classes, address resume writing, computer, relationship, anger management, and money-management classes.

JOY IN OUR TOWN#287	28:30	13:00	L	PA/O	5/26/06	12:00PM
					5/29/06	10:30AM
					6/01/06	2:30AM

Michelle Gustafson introduces Jeff Frable, CPA, of Curzon, Cumbey and Kunkel. Mr. Frable said when we talk about financial education we're really talking about financial education. People need to learn how to deal with financial issues such as debt, balancing their checkbook and things of that nature. Oklahoma ranks in top 10 nationwide in bankruptcies and credit card debt and in divorce rates. We also rank poorly in savings. We're not saving. We rank 47th. Only three more states save less than us. This affects all of us. People with a financial literacy problem usually end up in a position where they need public assistance so that's where our tax dollars are going. The Oklahoma Society of CPAs is taking this message of financial literacy to the streets. He talks about parents teaching their children about finances. Says if you have a problem with debt you should get rid of your credit cards. The main financial tip that people need to get a hold of is a budget. Figure out what is the inflow and out flow. You can't get out of debt until you start allocating the inflow to paying off the debt.

JOY IN OUR TOWN#288	28:30	13:00	L	PA/O	06/02/06	12:00PM
					06/05/06	10:30AM
					06/08/06	2:30AM

Michelle Gustafson introduces Robyn Baldwin, therapist, Family and Children's Services of Tulsa. Last year 380 children came through the homeless shelter from young to nearly 18 years of age so it is a large problem said Robyn. Families become homeless from divorce, parent going to jail and other various reasons. Trauma symptoms in the child decrease after

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therapy. There is a supported housing program for families that they can stay in for 2 years. Parents are trying to become self sufficient.

JOY IN OUR TOWN#291	28:30	13:00	L	PA/O	06/23/06	12:00PM
					06/26/06	10:30AM
					06/29/06	2:30AM

Senator Ford shares his philosophy on taxes. He shares how in the 90s we had 6 congressmen that we sent to Washington, DC and now we have 5. Oklahoma relative to other states hasn't grown as fast so we don't have as much representation in Washington, DC as other states. He said that tells me that other states are attracting jobs, new and existing jobs, and the other states are attracting retirees. So we need to make sure Oklahoma economically as good. We need to be competitive with the other states in this region. So he believes we need to continue to reduce the income tax rate and eliminate the estate tax. The standard deduction for married couples has increased from 2,000 to \$4,000. So he thinks if we continue in this way more will stay in Oklahoma. He wants Oklahoma to grow as fast or faster than other states. He doesn't want to see us go down to 4 congressmen. In a current year, we collect about 6 billion dollars. 53% goes to education, higher ed, common ed., and career tech. From there it drops to health care issues, 15% to Medicaid, public safety, highway, FBI is about 10% and roads and bridges is less than 5% (we do get federal dollars and tolls from the turnpike) and state govt. is 2-3%. He talks about voting on a final budget package.

700 CLUB CBN NEWSWATCH #51106	1:00:00	5:30	REC	PA/O/E	5/11/06	2:00PM
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Dr. Ben Lerner, Chiropractor talks about stress and explains how it causes weight gain, joint damage, and hormonal changes. He talks about the importance of forgiving others and how that helps to eliminate stress and builds peace. Dr. Bob DeMaria, D.C. said that the number one cause of ADHD is improper metabolism of fat. Every cell membrane in the body contains a layer of fat and it takes 51 days to properly metabolize French fries. He recommends one tablespoon of flax oil every day to increase brain function. Dr. Janet Maccaro, PhD talks about midlife changes. Diffuse stress by limiting sugar and caffeine. She talked about Conjugated Lindeic Acid and how it helps to burn fat. She recommends eating early to digest foods before sleep time. Passion flower and Valarian Root are helpful for sleeping.

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HEALTH	JOY IN OUR TOWN#283	28:30	13:00	L	PA/O	04/28/06	12:00PM
						05/01/06	10:30AM
						05/04/06	2:30AM

Roberta Potts introduces Michael Nelson, personal trainer by Body for Michael. How do I lose weight? It's a combination of a few things. They need to be committed, we look at their overall eating habits, and their activity habits and it's a game of consistency. It doesn't happen overnight because the weight didn't come on overnight. Exercise is very important. The key is, the exercise you do the most, is the one to do. Weight is fat and muscle. Most people are called skinny fat. Because of lack of exercise, the body has atrophied. You need a balance of protein, complex carbohydrates and roughage. Your body was designed to run off of food. To lose more, you don't have to eat less. Eat the good lean proteins, quality carbohydrates, and fruits and vegetables. Eat more natural foods. Stay away from processed foods. It is a personal commitment. A huge problem in society today is kids are getting so much junk and so sedentary and the quality of their food is atrocious and so they are getting adult diseases at an alarming rate. Childhood obesity is a problem asked Roberta. The parent needs a wake-up call and the parent needs to change the environment and communicate the benefits to the child.

JOY IN OUR TOWN#285	28:30	13:00	L	PA/O	05/12/06	12:00PM
					05/15/06	10:30AM
					05/18/06	2:30AM

Michelle Gustafson introduced Doug White, President of Stroke Prevention Plus. He shared how he seemed healthy at 56, but had an aneurism rupture. 95 percent of people who have ruptured aneurisms don't survive. He said that aneurisms don't just occur in the brain; a small percentage happen in the abdomen. And he said most people don't have pain or symptoms. They are usually found by accident. Michelle, the host, asked how common are they? Mr. White said, a lot of people have them and they don't know it. Mr. White talked about detection. If detected early, 3 cm or less is normal. 3 cm to 5 cm is abnormal and you need to go to doctor and they will probably want to operate. Doug talked about the difference between an aneurism, stroke, and heart attack. Doug talked about heart attacks and said one of every 7 people dies. Michelle asked what can be done to prevent this from happening to them. He suggested eat right, diet, exercise. He shares about diseases and being proactive. He said everyone should have a doctor and visit with their doctor. He shared with the audience that happened to him in those three years can happen to anyone. It's not always the 60-70 year-old person but someone in their 40s who has something wrong. We tell people that have symptoms, first see your doctor. Mr. White showed the picture of the Death of an Artery. Doug talks about the different stages of a clogged artery. He warned the audience that they do not want to have a stroke. It's the number one reason why people go to nursing homes. He shared the symptoms for strokes. He said people

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can't even name one symptom to look for in a stroke. Doug said high blood pressure is a very great risk factor. High blood pressure is a very big deal. He said to make a plan. Lose weight, exercise. Medicines can help. He said 120 over 80 is good blood pressure

JOY IN OUR TOWN#285	28:30	13:00	L	PA/O	05/12/06	12:00PM
					05/15/06	10:30AM
					05/18/06	2:30AM

Host Michelle Gustafson introduces Jodie Shorter, R.N., C.H.A. Director for Cornerstone Hospice, LLC. Jodie Shorter explained what is hospice. It's a program designed for persons diagnosed with terminal disease to help the people spiritually, emotionally, and physically. Jodie said hospice assures them in a dying phase that they are still human being and also assists with symptom management like pain. She went on to explain how the role of the hospice nurse has changed. With hospice, it's designed a person can be wherever is considered their primary residence: their home, nursing home, assisted-living type facilities and so on. Stats show more are choosing hospice. She said a lot of people die without the service of hospice which perhaps isn't always to the person's benefit. The end of our life can be frightening and with hospice it can help explain the dying process, by teaching what to expect and help with symptoms. If will assure the last day won't be in pain and would have less fear in dying. There's anxiety of the unknown. We help them understanding the disease itself and what's predictable with treatment. There's a tri-fold treatment: we're set up with nurses that assist the family with physical needs, pain and symptom management; nurses aids which help with custodial care, feeding; and chaplains help with spiritual needs and end of life issues. We follow a family for a year with the bereavement program after the death of their loved ones to see how they're coping. A bereavement coordinator assists with that. Hospice is different then acute care. The diagnosis with hospice is it's incurable. She said you can manage symptoms with hospice at home. Jodie said you don't have to be at hospital to manage the symptoms. Hospice is specially trained for symptom management. Mrs. Shorter gave an example of a young mother with three small kids. If she's not ready to die and wants every effort to be made to keep her alive, they don't force someone to not be resuscitated. It's always a good idea to have a living will but it's not mandatory.

JOY IN OUR TOWN#286	28:30	13:00	L	PA/O	05/19/06	12:00PM
					05/22/06	10:30AM
					05/25/06	2:30AM

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JOY IN OUR TOWN#284	28:30	13:00	L	PA/O	05/06/06	12:00PM
					05/08/06	10:30AM
					05/11/06	2:30AM

Michelle Gustafson introduces Mr. Kelly Rutherford, Nurse Practitioner Lead Care Coordinator from Veterans Medical Center in Muskogee, OK. What are some of the health needs for veterans? Veterans tend to be an aging population within the community and so they share in chronic diseases like any aging population like lung disease, diabetes, congestive heart failure, and high blood pressure are the major diseases. They have a new program called Care Coordination Home Telehealth. This is for veterans who are doing what the doctor says, taking their medications and they're still sick. They need closer supervision on almost a daily basis. This program allows us to do that daily with a monitor in the home and keep tabs on them and make quicker, faster adjustments on their medication. Mr. Rutherford demonstrates the Health Buddy that hooks on the phone and gives the veterans questions to answer, had a blood pressure cup, and can even send blood sugar readings. So far 112 veterans have signed in since Nov. 2005.

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	JOY IN OUR TOWN#290	28:30	13:00	L	PA/O	6/16/06 6/19/06 6/22/06	12:00PM 10:30AM 2:30AM

Michelle Gustafson introduces Connie (mom) and Marilyn (daughter) Williams. Marilyn is 11 years old and talks about how she got (AML) Acute Myloid Leukemia in 2004 and went to the hospital and had treatment and now is at home. Mom talks about her symptoms. One day she looked like someone had beaten her up. Marilyn had bruises and rash under her skin. She was pale and her mom couldn't get her to eat. Doctor diagnosed her with AML which is the most aggressive kind of cancer. The survival rate is 40-50%. She talks about her treatments. She didn't respond to treatment so they gave her less than 20% chance of surviving a year. Her only chance was a bone marrow transplant. Her sister was a perfect match. Connie talks about the bone marrow transplant process. They harvest 2 cups of bone marrow and it hangs like an IV into Marilyn's body. It takes one hundred days from day of transplant until you are out of the woods. When you have a bone marrow transplant, the cancer is not in remission, but it is gone.

	PRAISE THE LORD#040706	1:28:55	22:00	L	PA/O	04/07/06 04/08/06 04/11/06 04/13/06	10:30AM 1:00AM 1:00AM 1:00AM
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Pastor Bruce McCarty introduces Chaplain Ralph Lovvorn and Cindy Tillman. They bring to the patient medical help, medications, and the primary purpose is pain management and so their quality of life is raised. They want their remaining days to be of good quality. As soon as the person receives word that they have a terminal illness then they should get information on hospice service. Often people think that when they sign up for hospice they're signing a death sentence, this is not always the case. Several times a person has improved. It doesn't mean you're giving up by signing up for hospice. A registered nurse comes out and interviews the patient and finds out if they meet the hospice criteria.

	DOCTOR TO DOCTOR#77	28:30	28:30	REC	PA/O/E	04/25/06	11:30AM
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Dr. Sam Buchanan talks about colon cancer and gives symptoms. Medical treatments include surgery, chemotherapy and radiation. Colostomy is usually a temporary measure; it is important to get regular check-ups. Dr. Christine Stimson explains Lupus as an auto-immune disease; she gives symptoms. Early diagnosis and treatment is important. Avoid stress, sunlight, immune stimulants. Dr. Charles Adams explains Lyme Disease. He gives symptoms; treatments vary depending on each individual.

DOCTOR TO DOCTOR#78 28:30 28:30 REC PA/O/E 05/02/06 11:30AM

Lorrie Medford, Certified Nutritionists talks about having a healthy diet and explains Omega 3 fats, cold water fish and Flax Seed Oil. She talks about needing fiber; bran helps prevent colon cancer; limit the amount of sugar. Dr. Cherie Calbom talks about thyroid health and how it affects the body's ability to lose weight. She gives signs of sluggish thyroid and the foods to avoid; liver cleansing is important; consume plenty of Iodine rich foods. Dr. Ralph Luciani, M.D. explains menopause and para menopause. Gives symptoms, recommends herbal products before medications; talks about Testosterone and hormone levels.

DOCTOR TO DOCTOR#79 28:30 28:30 L/REC PA/O/E 05/09/06 11:30AM

Dr. James De Stephens talks about coronary artery disease and gives the risk factors – high blood pressure, cholesterol if excessive, diabetes, and smoking; and he explains the risks factors. He talks about stress being a major risk factor. Dr. Janet Maccaro talks about going through midlife meltdown. She talks about suffering from the “Empty Nest Syndrome”, and stress. She gives helpful tips for adrenal health and symptoms of adrenal gland fatigue problems. Dr. Paul Volk talks about getting calcium from plants; cow's milk has 3 times more protein and calcium than a mother's milk and cautions viewers about eating refined sugars.

GOVERNMENT

**JOY IN OUR TOWN#282 28:30 13:00 L PA/O 04/24/06 10:30AM
04/27/06 2:30AM**

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Senator Mazzei alks about Pro-life Legislations. Talks about the progress in last few years. Last session they passed informed consent laws and parent notification laws. This has impacted Progress for Prolife concerns. This year measures have included a requirement to provide information on pain a fetus experiences during an abortion. Giving pharmacist the power to decline the day after or morning after pill. Thirdly, at least offer an option to see an ultrasound image or hear a fetal tone. Unfortunately, Senator Mazzei said it doesn't look like those measures will be heard in the committee on the Senate. He thinks the State Legislature should be spending their time on are addressing the dangers that have caused our jobs and headquarters and successful retirees and entrepreneurs leaving to other states. He said a lot of those dangers have occurred because of too much government, regulation and too high of taxes and Oklahoma doesn't have a competitive advantage compared to other states in the surrounding area. Senator Mazzei said we need to focus on and capture the opportunities that'll grow jobs, grow our population base give people reasons from our tax structure to stay in Oklahoma and want to come to Oklahoma. Enough of a revenue base will be as a result so teachers can get more resources into the classroom, fix bridges and roads and provide resources for public safety. They talked about cell phone use in cars. He mentions retired teachers and how that retiring system is a major crisis. They discuss taxes and how it's cost jobs, capital and headquarters to leave this state. He said our income tax is higher than surrounding states, it's 6.25 percent. When people retire, they go to another state because they get more for their money. He would like to get that down to 3-3 ½ percent. Senator Mazzei also passed the abolishment of the Estate Tax.

JOY IN OUR TOWN#286	28:30	13:00	L	PA/O	05/19/06	12:00PM
					05/22/06	10:30AM
					05/25/06	2:30AM

Michelle Gustafson welcomes audience back and introduces second guest Councilor Bill Martinson, Chairman for Tulsa City Council. Felt Tulsa was at a crossroads and wanted to put his business background to help the city. City council is the legislative arm of the local government. It's an understanding that the city council should be a pertinent job for those on the city council. The mayor runs the city. Bill said the council is like the congress and the mayor is the president. The city council's roll is to approve the budget and that's what they're working on now. The city of Tulsa is a big business. 450 million dollars is the budget. That's the challenge on the council to come up with our input to see how the funds are allocated. He explained how the funds are limited. It's always a challenge to allocate funds to where they will do the most good. Tulsa is now operating under different counselors under different districts. The third-penny tax. State law requires municipalities to operate on tax revenues. The City of Tulsa doesn't get the benefit of increases property taxes. He said the city is forced to run on sales tax revenues. The Third Penny will go to replace police cars, fire trucks sewers and roads. Most was truly dedicated to capital items to keep the city operating. The other two pennies are for operating needs. One challenge we're dealing with is compensation for the other two pennies. Fixing potholes, bridges. The economic potential for the new arena downtown is

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already helping the downtown. Bill talks about the voting procedures of the council. Shares other issues and Bill is trying to get the city of Tulsa to embrace the Lien Concept. It's a process where you do more with less. It requires the involvement the customers (tax payers) or developers for example, so everyone pools their thoughts and comes up with an efficient way of doing things.

JOY IN OUR TOWN#289	28:30	13:00	L	PA/O	6/9/06	12:00PM
					06/12/06	10:30AM
					06/15/06	2:30AM

Michelle Gustafson introduced Mr. Kary Cox, Director of Emergency Mgmt. for Bartlesville/Washington County Emergency Mgmt. He had specialized training to learn how to write preparedness plans. He said state and federal emergency planning has courses and training for even the citizens to take. Michelle asked what is emergency management? Mr. Cox said it's basically the foundation of our public safety or emergency response and he said a lot is behind the scenes. He said all of the preparedness activity, planning, response planning is all part of emergency management. Mr. Cox said the different programs they are working on now is the (CERT) Community Emergency Response Team program which was developed by FEMA to help train citizens what to do during an emergency. Mr. Cox also mentioned training programs for our emergency responders. He said they train the public through the CERT program. If they do not do a good job pre-planning than they won't respond efficiently to an emergency. Part of the CERT training is making sure you and your family is better prepared. Have a plan in case of a fire, have a disasters supply kit, bottled water, medications, clothes supplied in one place and ready to go so you're self-supportive for the first few days of an emergency. They work with law enforcements, ambulance, fire dept., but also work with other agencies like the public health dept, hospitals. One example is developing a plan for our community and state for mass inoculations in case there is an outbreak. For example, if there was a small pox outbreak. How do we do that for our entire population? Mr. Cox said they had a huge exercise in the Washington County area and invited the citizens to go through this mock vaccination.

JOY IN OUR TOWN#291	28:30	13:00	L	PA/O	06/23/06	12:00PM
					06/26/06	10:30AM
					06/29/06	2:30AM

Roberta Potts introduces Senator John W. Ford. He gives a background of himself. He mentions working for Conoco-Phillips and talks about the affect to Bartlesville. He says Bartlesville will have about 500 more jobs added to the 2400 that are in the city of Bartlesville already. He said the population will be younger so need to accommodate them with the right services and

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amenities. He talks about how he got involved with politics. He said politics is understanding the needs and issues of the constituents in the districts and carrying those needs to Oklahoma City to try and meet those needs. He has a marketing and budgeting background that prepared him. Being in the senate is almost like going to college and majoring in everything. There are new issues coming up and you need to learn about them. You're trying to get two different groups together to try and handle an issue. One of the big issues they thought was going to come up this time was castration. There were different kinds of castration. So you truly have to understand all aspects of it. Hopefully, 90-95 percent of the issues you know how you're going to vote and how your constituents want you to vote. During a campaign you talk about your belief on issues. At the polling place the constituent choose the candidate that they believe most accurately reflects their opinions, goals and values.

JOY IN OUR TOWN#292	28:30	13:00	L	PA/O	06/30/06	12:00PM
					07/03/06	10:30AM
					07/06/06	2:30AM

Michelle Gustafson introduces Vice-Mayor Craig Thurmond from Broken Arrow. Mr. Thurmond shares on the economic issues with all the restaurants and other businesses coming to Broken Arrow. Broken Arrow is the fastest growing city per capita in the state. Since 2000 census, the city has grown from 74,000 to 95,000. City council has been concerned about the May 4th flood. He talked about the stringent flood control standards in Broken Arrow. He mentioned storage ponds, flood ways are clear. He said it's important for citizens to have flood insurance. Mr. Thurmond talked about cleaning creeks. He also talked about finalizing a budget so more employees will be added. The fuel has affected the budget. Much of the budget is going to increased cost to operate public safety vehicles. He mentioned sales tax offsetting those costs. Mentions the leadership program the BA police chief has started. It's a team concept that has received international recognition.

ACLJ THIS WEEK#42B	30:00	7:00	REC	PA/O/E	5/01/06	11:00PM
					5/26/06	6:00PM
					5/29/06	11:00PM

Jay Sekulow Chief Counsel for American Center for Law and Justice talks with Senator David Vitter, (R-LA) about 'Title Ten' legislation; about tax payers' money going to abortion agencies like Planned Parenthood. They talk about Sen. Vitter's proposed amendment that elements the loophole in 'Title Ten' cutting off all money going to pay for abortions.

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	ACLJ THIS WEEK#43B	30:00	20:00	REC	PA/O/E	5/15/06 6/02/06 5/05/06	11:00PM 6:00PM 11:00PM

Jay Sekulow Chief Counsel for American Center for Law and Justice speaks on the issue of sermons from the pulpit during election season. A special report from CBN News regarding Rev. Regas' sermon on 10-31-04 and the ultimate letter received from the IRS concerning his endorsing John Kerry. Jay talks to Stuart Roth and Colby May, Sr. Counsels, ACLJ, and Jordan Sekulow, Government Affairs regarding the IRS rules and what pastors are not allowed to say; they talk about pastors being allowed to talk about issues and the intimidation felt by many pastors causing them to not discuss the issues. They talk about what happens when a pastor does address political issues and how that becomes a political issue. They discuss what church members can do to organize voter participation. Jay meets with Congressman Walter Jones, R- NC about First Amendment rights of pastors and returning those rights to the pastors. They talk about the intimation factor for pastors and needed legislation and the history of the law passed in 1954.

700 CLUB CBN NEWSWATCH 1:00:00 8:00 REC PA/O/E 5/24/06 2:00PM
#52406

John Jessup CBN News reports the Senate is finally ready to pass its immigration bill. "This bill is moving along in a very positive [way] with great support from both sides of the aisle," said Sen. Mel Martinez (R-FL). "The underlying legislation is a good product and an important product," said Sen. Edward Kennedy (D-MA). But the prospects of the Senate's bill eventually becoming the law of the land is still in question that is because whatever legislation it passes must be worked out with a vastly different bill the House passed last December, designed to crack down on illegal immigration and employment by toughening the border and making illegal aliens and the people who help them felons. Pat Robertson talks live with Senator Bill Frist about the bill and the hope to get everyone together on a worker plan.

700 CLUB CBN NEWSWATCH 1:00:00 7:00 REC PA/O/E 5/31/06 2:00PM
#53106

Dale Hurt CBN News reports - The \$24 million Islamic Cultural Center in the Boston neighborhood of Roxbury was supposed to be the largest mosque in the Northeastern United States, but it currently functions as a lightning rod for controversy and a

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public relations nightmare for the City of Boston and the Islamic Society of Boston. The mosque sits unfinished, construction having all but stopped last year when contributions dried up. The very founder of the Islamic society of Boston, Abdurahman Alamoudi, is in federal prison after pleading guilty to charges related to a bizarre plot by Moammar Ghadafi to assassinate Crown Prince Abdullah of Saudi Arabia. The Treasury Department said Alamoudi was a fundraiser for al-Qaeda. The ISB admits that most of the funding for the mosque has come from the Middle East, including Saudi Arabia, where schoolchildren are still taught to hate Christians and Jews. And when the mosque is completed, under an agreement with the City of Boston, it will be used to educate the people of Boston about Islam.

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TRINITY BROADCASTING NETWORK

KDOR-TV 17/KDOR-DT 15 BARTLESVILLE / TULSA, OK

QUARTERLY REPORT

July, August, September 2006

THE FOLLOWING PAGES ARE SUMMARIES OF KDOR-TV / TBN PROGRAMMING CONTENT, ADDRESSING THE ISSUES AND PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT FOLLOWING FCC REQUIREMENTS FOR THE SECOND QUARTER JULY, AUGUST, SEPTEMBER 2006.

KDOR-TV 17/DT 15 BARTLESVILLE, OK

**PROGRAMS PERTAINING TO
LEADING COMMUNITY PROBLEMS**

FOR

JULY, AUGUST, SEPTEMBER 2006

**REPRESENTING SAMPLING ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES FROM THE
PRINTED MEDIA COMPRISING NEWSPAPERS, MAGAZINES, AND PUBLICATIONS, AND FROM
TELEVISION AND RADIO BROADCASTS WHENEVER POSSIBLE.**

FAMILIES

YOUTH

HEALTH

EDUCATION

MINORITIES

OTHER ISSUES OF INTEREST

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FAMILIES	JOY IN OUR TOWN#293	28:30	13:00	L	PA/O	7/07/06	12:00PM
						7/10/06	10:30AM
						7/13/06	2:30AM

Host Michelle Gustafson Beverly Moore, Community Relations Director for Camp Fire USA. She shares some of the needs she sees in the family today. Stress of not enough time, both parents are working, single parenting, financial pressures, sibling rivalry cause distress. Also parents didn't feel like they had enough support in their parenting. They need resources or a trusted adult to teach them skills they aren't familiar with. She talks about grand parents parenting and that puts more pressures on the family. The good news is that most families want to do the best for their children and find the right mix of activity, school and play and things that build the children's character. She talks about the importance of families to have fun together. Talks about how families are always running from place to place, they're scheduling, doing homework, it's all things that are toward a certain goal and they're active and busy, but this is an opportunity for the families to have fun, learn new skills together. It also helps communication in the family.

FAMILIES	JOY IN OUR TOWN#295	28:30	13:00	L	PA/O	7/21/06	12:00PM
						7/24/06	10:30AM
						7/27/06	2:30PM

Host Michelle Gustafson introduces Kim Falcon, Executive Director for A New Leaf a program for families with young adults who have disabilities. She talks about the shock that parents go through when they discover their child has a disability. Fear of the unknown and anxiety is what parents feel. Sometimes a parent can shut down and that's not healthy for the child. There is a reality check for the parents that their child will not be "normal". Once a parent starts working with their child at the level of their disability you will see them grow. Adults with disabilities after graduating school can fall through the cracks. There is no state, social worker or any where for the child to go during the day. It can be sad for those with disabilities to know they won't be normal and they want to do something. Some will need a job coach who is there on site with them making sure they do the job correctly

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and meet the employer's requirements. She talks about those who are excited and getting their first pay check and being productive.

JOY IN OUR TOWN#298	28:30	13:00	L	PA/O	08/11/06	12:00PM
					08/14/06	10:30AM
					08/17/06	2:30AM

Host Michelle Gustafson introduces Aaron Brown, TARC Assistant Executive Director and Sherilyn Walton, MSW, TARC Family Support Coordinator. Mr. Brown describes what disabilities. Mrs. Walton talks about how families go through a difficult time when they find out there is something not quite right and they have to think again about what they were expecting. A baby with special needs is confusing for the family. Families can make it but it does take time. Doctors or others may give them negative things about the experience. TARC tells them this is a wonderful baby. They encourage families that things may be different but they can do it. Mrs. Walton encourages friends and family to help the family who has a child with a disability, to celebrate the child. Support them like you would any other family. Be aware that the family is going through grief and they may need a little more meals or someone to sit with the baby. What you teach a child who has a sibling with a disability really depends on the age of the child. If the child is 3 years old that may be too young but when they get older and can understand the information it's important to tell the truth and understand the disability the child has and also the parents to keep in mind that their time may be stretched because of more doctor appt. or seeing therapist to give extra attention to their other children. Support groups really help families because they see other family members who know what they're going through. It's having something to the family that wasn't expected. Mr. Brown talks about a whole different set of issues with an adult with a disability.

JOY IN OUR TOWN#287	28:30	13:00	L	PA/O	8/25/06	12:00PM
					8/28/06	10:30AM

Host Michelle Gustafson Monique Heitzman assistant director from Neighbors Along the Lines. She talks about the stress in families for example, the need for health insurance for families, food insecurity and education, trying to help their child finish school. She said people are working for minimum wage jobs and just can't make ends meet. Today's world is changing in how it works, and the nature of work is changing. It's more of a service industry, and in Tulsa as a whole we have a 14 percent drop out

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rate. They try to get people to stay in school or get their GED to launch them into a good job, college or training school. There is always a negative aspect that kids have to deal with. Parenting class/life-skills program builds the family and communication and that helps the family to be aware of when a child is being pulled in a wrong directions. There is peer pressure with gangs and bad elements out there that as parents they may not even know it's happening, society has changed. You've got to be able to talk to your kids and have that open line of communication. Things happen down through the generations. If you didn't have that perfect parent in your life you don't have that foundation to build off of. She talks about how to handle your anger as a parent. A child wants consistent involvement of the parent example to be at school functions, listening to your child when they have something to tell.

JOY IN OUR TOWN#304	28:30	13:00	L	PA/O		09/22/06	12:00PM
						09/25/06	10:30AM
						09/28/06	2:30AM

Host Michelle Gustafson introduces Jody Burch Community Education Coordinator from the Youth and Family Services. Some of the needs of family is parents being parents. Parents are trying to be friends with their kids. There has to be a balance. Teach children how to be responsible by cause and affect. A kid learns if they cry, someone is going to come so if they do something bad something unpleasant will come. The first step is giving a child a task they can handle. The second step is they make a mistake...they don't clean their room. So you teach them empathy and consequences. You didn't clean your room like I told you to, so you don't get to go to McDonald's. Now the child is sad because they caused something to not go my way and I'm not happy about that. Third give them the task again. They fourth they get a reward for doing it correctly. You can also give them choices. If you pick up your room or I can pick up your room. If you do it, you get.... If a kid is late for breakfast, they don't get to eat. The consequence is they get hungry! The younger we start with our kid in teaching them responsibility the easier it will be...work hard now so they'll be sweet when their teens. Some parents want to enjoy their kid and have fun, they don't want to work and they will pay for it when the kids are teenagers. Teenagers who are in a state of pulling away from mom and dad. Teens can get rebellious because parents don't let them make their own decisions. They need a certain amount of control over their lives.

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	700 Club #040	1:00:00	8:00	REC	PA/O/E	7/10/06	2:00PM

Terry meets with Michelle Singletary who authored a book entitled Your Money and Your Man and talks about how her grandmother taught her on the importance of saving and investing with purchasing a house being the best investment. Michelle talks about having a good salary and getting into problems by not saving. She talks about the 'red flags' to look for in selecting a potential mate – how much he makes is not as important as what he does with what he makes. As a women goes on dates, she should look for 'red flags' that might indicate future problems. Michelle says one should recognize the 'red flags' and be prepared to walk. She talks about how much financial information to discuss with potential mate and when the best time to have that discussion. It is also important to communicate honestly, learn to compromise and set common goals.

ACLJ This Week#048B	30:00	6:12	REC	PA/O/E	8/04/06 8/07/06	5:00PM 11:00AM
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Jay Sekulow Chief Counsel with Jordan Sekulow, Counsel for American Center for Law and Justice from their radio studio in Washington, D.C. takes several calls from listeners regarding abortions and partial birth abortions. One caller asked about tax dollars going to groups that only perform abortions. Jordan explains that next year 800 million dollars of taxpayers' money could be sent to pay for abortions. Another caller asked about the pro-choice argument and Jay reads a statement of Justice Scalia from the last partial birth abortion case regarding the abortion. Jay says the argument is it is a medical necessity. Yet Jordan read a statement of the medical expert in the court trial that says "he has never encountered a case where it was medically necessary to perform the abortion".

700 Club #82106	1:00:00	6:00	REC	PA/O/E	8/21/06	2:00PM
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Heather Sells CBN reports on family problems at work and that it is hard to find a company that actually supports a strong marriage. Truett Cathy, CEO of Chick-fil-A was just honored by Smart Marriages coalition with an award for his employee marriage programs. Employees at Chick-fil-A can attend retreats for married couples – two couples testified on how the retreat has helped their marriage. Research shows men with marital stress miss more days at work. Marital stress leads to problems for the entire family. Established marital curriculum has proven to be successful and Chick-fil-A's program has proven to be a success with a lower turnover employee rate.

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	700 Club #91906	1:00:00	8:00	REC	PA/O/E	9/19/06	2:00PM

Terry talks with Dr. Kevin Leman about being a successful single parent. There are six major keys: create a plan, know yourself and your children, gather a team around you, focus on acceptance, belonging and competence; know what to say and do when the kids ask questions and realize it's not about you. Tough questions can be about daddy's or mommy's life style – don't bad mouth them, use common sense. Let the kids help out with some duties give them an opportunity to give back to the family. Many single parents run on guilt. Big mistakes are moving away (there are some exceptions); letting grandparents take over, don't date too soon, if you do date do it outside the home. It is better to let the kids grow up before dating.

YOUTH

JOY IN OUR TOWN#294	28:30	13:00	L	PA/O	0714/06	12:00PM
					07/17/06	10:30AM
					07/20/06	2:30AM

Host Michelle Gustafson Carol McGraw, chairman advisory board for Brush Creek Youth Ranch. She gives some reason why these young men get involved in drugs. She mentions rebellion, depression, peer pressure, loneliness, self-medicate themselves and try to feel body. She said not having family time is the biggest issue. Parents are busy and often both parents work. Often it's single-family homes. She says a number of the boys who come to the Ranch were abused physically, sexually, and verbally and they become abusers either substances or abuse others in bullying and hurting people. Often the boys who come to the Ranch are scared. They've been in control or so they thought and their family isn't wonderful, it's something they know. They are 13-18 and they are there for a year. They are sad and they can be angry. Our goal is to break them down into someone they can teach either by loving them, controlling them and helping them see that others have been where they are and become a successful students at the ranch and a changed life when they leave. These boys have felt like they are losers since they were born. Sometimes they weren't wanted or did poorly in school but when you do something right you feel better about yourself. They need to be drug free before they come to the Ranch. The Ranch was founded by someone who was a police officer and to try and give them a better life in the city was difficult. So he had a vision to get them out on the Ranch away from city life. There's an 87% success rate. This is an alternative for these young men going to jail. The success rate if they went to prison would be opposite. So there is an 87% failure rate.

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	JOY IN OUR TOWN#295	28:30	13:00	L	PA/O	07/21/06 07/24/06 07/27/06	12:00PM 10:30AM 2:30AM

Michelle Gustafson introduces Haskell Williams a master karate instructor and his daughter Alexis Williams. Mr. Williams teaches that not everyone is nice. Don't help strangers find their dog. Don't listen when they say they have candy or when they say your parents told me to come pick you up, or I know your daddy or mommy. I tell them to not get in the car with anyone. He talks about how gullible [trusting] children are. He stresses educating the kids. He tells them if someone comes up to them and grabs them that they should yell and scream, "You're not my dad." The abductor doesn't like attention. If there is people around they'll look and call 9-11. If they grab the child, to kick them in the knee or stomp their in step. Hit them in the groin. Strike the eyes with the finger tips. If they can't see you they can't chase you, if they can't run they can't catch you. Yell, kick, scream and run. He shows kids how to get out of a hold by twisting their body and running. He says to look for people sitting in cars and to not take short cuts in the alley. Walk with friends. Be aware of what's going on around you.

	JOY IN OUR TOWN#296	28:30	13:00	L	PA/O	07/28/06 07/31/06 08/03/06	12:00PM 10:30AM 2:30AM
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Host Michelle Gustafson introduces Jana Ketchell, Co-chairperson of Water Safety Committee for SAFE Kids Tulsa. Jana shares the story about how her 2-year old niece nearly drowned in a swimming pool. 9 out of 10 accidents 0-14 drowning is the 2nd leading cause of injury related deaths. It's the leading cause of death for children ages 1-4. In 2004, in OK more children drowned than fires in homes. We educate for fire safety, but not water safety. It's not on the same level and it should be changed. SAFE Kids worldwide had safe pools for safe kids focus. Five drowned over Memorial weekend in OK. Children needs to have constant parental supervision. Most hot tubs do have locking covers so they are for the most part safer. Backyard swimming pools should also have an isolation fence that is at least 4 feet high and has a self latching/self closing that opens away from the pool. Keep it locked all of the time. 85 percent of those drowned could be prevented if this was used. An automated pool cover is suggested. You need to create a barrier between the home and the pool. Statistics show that of the children that drowned in pools last year were either residents or visitors of the pool at the home. She shows an updated drain that has a correct cover. Hair, a body part or

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a swimsuit gets caught in the improper drain cover. 35 since 1995 have drowned in the US because of this problem. She shows "floaties" and talked about how they are not approved safety devices and that they won't prevent a child from drowning. She shows a coast guard approved flotation device with a designation inside declaring coast guard approval. Jana suggested that kids don't take swimming lessons until they are 4 years old because parents develop a false sense of security. Swimming lessons do not make children drown proof. Parents who are supervising the pool can't engage in distracting behavior.

JOY IN OUR TOWN#299	28:30	13:00	L	PA/O	08/18/06	12:00PM
					08/21/06	10:30AM
					08/24/06	2:30AM

Host Michelle Gustafson introduces Michelle Gomez, instructor and Duncan Thompson and Donica Sparks, TCTC students of Tri County Tech. Center Michelle Gomez shares about the Great Hospital Adventure. The high school students go into elementary schools and teach them about health careers, 9-11, and healthy behaviors. She talks about the need for health careers. People are living longer and need more health care needs. They learn different careers through the eight puppets. Duncan shares that kids know how to dial 9-11 but they don't know what to do after dialing. They need to know the 3 steps. Let the operator know where you're at, what happened and when it happened. Some kids call 9-11 and hang up. He shows his puppet who falls and breaks his leg. Ashley the puppet comes to help him and calls 9-11 properly. Michelle Gomez talks about healthy behaviors. They talk about 10 situations and the kids get to say if it's good for you or bad for you. It reinforces what is healthy and unhealthy. She talks about the bilingual coloring book that teaches this.

JOY IN OUR TOWN#303	28:30	13:00	L	PA/O	09/15/06	12:00PM
					09/18/06	10:30AM
					09/21/06	2:30AM

Michelle Gustafson introduces Sarah Sponcel, Extension Educator for Washington County 4-H in Bartlesville. It's nationwide program, that is, the youth development program in every state and operates at the local level. Ages are 9-19 so they can start at an early age and can continue until they graduate from high school. Some kids who are involved with science and technology. Even traditional farming and ranching is science and technology because of the GPS Global Positioning Systems and other things on tractors and equipment. The kids just don't "do" those thing; they have to learn how to operate the machinery. The goal is for

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kids to learn about their projects but through their project they learn life skills. For example, the responsibility for caring for an animal and making sure it has what it needs to survive and that this animal is dependent on this child to provide for them. Many programs are award based, so the kids learn in order to achieve these goals or levels of achievement I have to do these things (levels) to get there so they have to learn the goals and plan for themselves. The kids are taught leadership and the community infrastructure, governmental processes and those kinds of things.

700 Club #71206	1:00:00	10:00	REC	PA/O/E	7/12/06	2:00PM
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Pat Robertson talks with Dr. Gregory Jantz regarding the unhealthy habits of today's kids. Dr. Jantz says eating disorders are getting worse; toddlers are so overweight they cannot fit into their car seats. He talks about cereals being loaded with sugar and placed in the supermarkets at eye level for the kids to see. He talks about what parents can do to break the 'trap' – start with small changes; ask 'what am I teaching my kids?' He says kids are not drinking enough water; parents need to make a choice in what they are providing for the children to eat and drink. He talks about creating games that involve exercise – make it a contest with a non-food reward – have fun. He talks about having a program for busy parents where they have activities three times a week with the children. He gives tips for healthy snacks and how to introduce them to the kids.

700 Club #80206	1:00:00	15:00	REC	PA/O/E	8/01/06	2:00PM
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Pat Robertson talks with Dr. Sheri Colberg about the increase of Type 2 diabetes in today's children. Twenty years ago there wasn't any Type 2 diabetes in children. Today these children are experiencing complication that will shorten their lives. Parents can train children early to eat healthy; has to make a conscious effort to help kids do better. Warning signs in children would be if child is significantly overweight, sedentary life style, sluggishness. Kids have to be physically active – turn off computers and TVs. Sheri and her three sons meet with Christi and demonstrate various fun exercises for kids to stay active.

HEALTH

JOY IN OUR TOWN#294	28:30	13:00	L	PA/O	07/14/06	12:00PM
					07/17/06	10:30AM
					07/20/06	2:30AM

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Michelle Gustafson introduces M'Liss Jenkins, Coordinator Washington County Wellness Initiative and Tracy Norsworthy, NE Health Consultant for OK Turning Point. Mrs. Jenkins says the things that are killing us in OK are lifestyle related things. OK is rated 50th worst state in heart disease. Diabetes is also getting worse. Tobacco use is big in OK and that leads to stroke, lung disease, and cancer. Obesity is rising in OK and links to these diseases. She talks about young people who are home more and not getting outside and being physically active. M'Liss talks about the fast paced society we are and using fast food instead of sitting down to dinner cooked at home. Tracy talks about Turning Point and how it goes into every county in OK and creates health. Each community is different in how they are going to tackle health topics. Some counties don't have health departments. Some have health care but no access to it so transportation is an issue. M'Liss said the Wellness Initiative started a year ago to see what they saw in Bartlesville County. A community health needs survey was created and distributed to 33 different agencies through Washington County to find out what leadership says about public health needs. They got 2000 back and prioritized the common issues. A number one concern was healthcare access for adults. Insurance issues and advocacy to navigate the system, transportation. Mental health was a concern also. Medication seems to be a big issue for seniors. They can't afford it. Teen pregnancy has very poor outcomes. Youth prevention concerns was listed as well. A diabetes self help course was started. 30 people signed up for that. Walk this Weight was started and gets a whole community involved in becoming physically active. 350 participated.

JOY IN OUR TOWN#297	28:30	13:00	L	PA/O	8/04/06	12:00PM
					8/07/06	10:30AM
					8/10/06	2:30PM

Roberta Potts introduces Dr. Kevin Lewis, Sleep Center of Tulsa. Number one reason for trouble sleeping at night is society. We're a 24-7 society, TV, Internet, 1/5th of our workforce works at night. Sleep has been pushed in the background of importance for health and people get in bad behaviors before bed time. 6-7 hours of sleep, but the average need of sleep is 8.1-8.3 for sleep. Lack of sleep causes unwanted laps of attention or micro-sleep episodes. 5-7 times of a chance for a lethal car accident. Drowsy drivers who've been up for 24 hours is more dangerous than a drunk driver. This is a public safety issue. Caffeine is very individual. Some people are more sensitive than others. Some can't use it at all if they want to be free from its affects. Avoid it within 4 hours of bed. Caffeine causes a chemical in our brain to go down and that chemical causes us to feel sleepy. Sleep hygiene measures are getting into a regular schedule. Create a 30-min window of time to think about what is bothering you or causing you stress. Set aside this time to think about those worry time. Take a warm bath, read a book. Reading at bedtime is a great activity but reading in bed isn't a good idea because it trains your body to think that bed is for something else than sleeping. Restless leg syndrome is an uncomfortable urge to move the legs and sometimes the arms. It's not painful in most cases. They can't get comfortable and affects them when they are in bed. They have to get up, massage or do something to even try to go to

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sleep. It can be disconcerting because they want to go to sleep. This occurs in 10% of the population. Medication can be prescribed. Sleep apnea affects 7-8% of men and 4-5% of women. The big issue is the consequences. It causes heart disease, diabetes, sleep deprivation, high blood pressure and strokes. It ends up being something that is joked about i.e. snoring, funny noises so it's not taken seriously.

JOY IN OUR TOWN#301	28:30	13:00	L	PA/O	09/1/06	12:00PM
					09/04/06	10:30AM
					09/07/06	2:30AM

Host Michelle Gustafson introduces Matt Dahlman, physician's assistant in dermatology. Skin cancer is very common. They see more and more cases every year. Wear sunscreen and avoid the exposure to the sun and tanning beds. Tanning beds is a big source to skin cancer. The danger is that people don't realize the damage they are doing. It causes premature aging and cancer. There is no such thing as a safe tan. A tan is a sign of sun damage. The most damage is done before the age of 20. Sunburns and severe blistering increase the risk of cancer. The best sunscreens have an SPF of 30 is important with a UVA and UVB on it. Don't rely on sunscreen in makeup. Liver spots have nothing to do with the liver but it's sun damage. Sun screen should be put on infants. Their skin is so fragile. The more sun before the age of 20 the higher the risk of skin cancer, any type of skin cancer. Two or more blistering sun burns dramatically increase the risk of sun damage. Adequate sun protection, not sun avoidance is adequate. If you wear a good sunscreen daily is important thing to do. There are 3 main types of skin cancer and he explains those in depth. Melanoma is the worst one. It is black, dark and usually in a mole. They have the potential to kill people. It's the most common form of cancer in young people in ages 24-29. It is very dangerous. In one year, a million new cases of skin cancer will be diagnosed. 5-10 percent will be melanoma. Get a total body skin exam and get checked once a year.

JOY IN OUR TOWN#302	28:30	13:00	L	PA/O	09/08/06	12:00PM
					09/11/06	10:30AM
					09/14/06	2:30AM

Host Michelle Gustafson introduces Kevin Turner of Strategic World Impact talks about what to do in a disaster or if someone is hurt. The first thing to realize is you're going into a situation that is unpredictable. How do you carry yourself? Are you calm, cool and collected? You want to have compassion towards those who are suffering but bring calmness to the situation. That's done by order, sometimes even giving orders, reassurance. It's how you approach the situation. You can bring a lot of peace to a chaotic

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situation. Gain back control of the chaos and brings confidence to an individual who doesn't know what to do. Most people think there is a disaster and all I can do is watch on the television screen but you can help. Fear is an immobilizer and causes us to not do what we should do. Fear brings out the best or worst in an individual. Having the proper education breaks down that fear. Training breaks the fear and empowers people.

JOY IN OUR TOWN#305	28:30	13:00	L	PA/O	09/29/06	12:00PM
					10/02/06	10:30AM
					10/05/06	2:30AM

Host Michelle Gustafson introduces Dr. Edward Morris from Saint Francis Heart Hospital. We're not very healthy with our hearts. Cardiovascular health in our nation, Oklahoma is 50th. With coronary artery disease were the 2nd or 3rd worst in the nation. Only two states are worse than Oklahoma. Coronary disease is the number one killer for men and women. It became the number one killer several years ago for women several years ago. Smoking and chewing tobacco is a major driver, lifestyle decisions, diet, plays a part. Also, demographics of the state, We're a fairly rural state so they don't have access to health care as readily and we're an older state so higher rates of cardiovascular disease. There are 5 risk factors: a genetic predisposition, high cholesterol, high blood pressure, diabetes (high incident in OK), and most important is tobacco use. Nicotine is very addictive drug. There are withdrawal side affects to smoking. The person has to want to stop because if they don't want to stop they won't. In the last five years the only demographics that are increasing in smoking is teenaged girls. Historically people didn't think women were as susceptible to coronary disease. But today one in two women will die of heart disease. The fact is, the next seven causes of death in women doesn't even come close to dying from heart disease. Symptoms to look for: men and women describe symptoms differently. Chest pain in center, down shoulder, in jaw, sweating, nauseous. There is new screenings. Calcium score: looks for calcium in the coronary arteries. This is a quick inexpensive test. Oklahomans need to get a hold of their diet, get off nicotine and start exercising to live a more healthy lifestyle.

Doctor to Doctor #90	28:30	28:30	REC	PA/O/E	8/01/06	11:30PM
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Dr. Randy Burden talks about heart failure. Two kinds of heart failure: systolic and diastolic. He gives symptoms that put you at risk for heart failure; and gives things to do to control the progression of heart disease. Dr. David Erb talks about cancer prevention. Five out of six people who get cancer will die from it. He talks about cancer prevention – limit exposure to chemicals, stop smoking, limit prescriptions, eat right, exercise, add sunshine, develop a healthy spine. Dr. Glen Steels talks about infants'

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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vision. Start good vision habits early playing games with infants increases their depth perception. Limit TV and computer activities as they become children.

Doctor to Doctor #91		28:30	18:30	REC	PA/O/E	8/08/06	11:30AM
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Dr. Scott Hannen talks about stress and says the way you handle stress can affect your health. He explains the different stages of stress; adrenal gland needs to be healthier to withstand stress. Feed adrenal glands with B-Complex, Ginseng, and exercise and gently stretching. Dr. James Mahoney talks about depression. Causes of depression can be too much sugar or food allergies. Supplements for depression can be St. John's Wort, SAM-e, 5-HTP.

Doctor to Doctor #92		28:30	28:30	REC	PA/O/E	8/15/06	11:30AM
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Dr. Didre Howard talks about digestion. The body releases enzymes for digestion in your saliva when you become hungry. Eighty percent of the body's energy goes into digestion; eat foods with plenty of fiber to help digestion; drink plenty of water. Dr. Scott Farhart talks about female testosterone; 50 % of Testosterone comes from Ovaries and Adrenal Glands. The lowest level of testosterone happens during the menstrual cycle. Herbal product DHA can help with levels. Dr. Lorna Owens talks about Alzheimer's disease – brain cells begin to die – slowing down or inability to transfer information. Find a support group, ask for help, be patient

Doctor to Doctor #84		28:30	28:30	REC	PA/O/E	8/22/06	11:30AM
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Dr. Greg Jantz talks about fatigue and explains tiredness can quickly lead to fatigue. He explains emotionally, physically and spiritually tired giving examples. To overcome fatigue can exercise regularly, drink plenty of water, take supplements, and eat proper diet. Dr. Kristen Plastino explains menopause as the time in a woman's life when menstruation stops occurring between 45-55 yrs. She gives symptoms - it is diagnosed by physical exam, Pap smear and blood tests. She explains treatment. Dr. Cherie Calbom explains insulin resistance is when you body's inability to listen to messages that insulin sends and she gives the causes.

Doctor to Doctor #93		28:30	28:30	REC	PA/O/E	8/29/06 9/12/06	11:30AM 11:30AM
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Dr. Andrew Mincy talks about how to reduce toxins – get out and get fresh air. Chlorine is a toxin that is found in water and recommends a carbon filter on faucets/showers. Always choose natural products. Dr. Frank Franklin talks about cholesterol;

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EDUCATION	JOY IN OUR TOWN#293	28:30	13:00	L	PA/O	07/07/06 07/10/06 07/13/06	12:00PM 10:30AM 2:30AM

good cholesterol is HDL and lessens the risk of heart disease. Saturated fats are the worst offenders in high cholesterol. Dr. Scott Hannen talks about diabetes; 20.8 million Americans suffer from diabetes. To avoid diabetes take sugar and refined foods out of diet. Eat whole foods.

Michelle Gustafson introduces Principal Millard House II of KIPP Knowledge Is Power Program. He shares on the largest problem is the dropout rate of students. In the U.S. every 30 sec. a youngster drops out and this year 5,000 have dropped out this year. He said he thinks the lack of interest in the students and lack of rigor is part of the reason. He talks about early learning issues. They are missing out on the early stages of education or they're playing catch up. He said research said that those that receive education 3 & 4 years of age have a better chance than those who don't but it's not required. He suggests getting them in preschool to get early learning. Only 30 percent of students in 4th grade read at a grade level and only 35% are at grade level in math. After elementary, education only gets harder and if you're behind it's very hard to catch up. He talks about teacher pay and mentions retiring teachers and those positions need to be filled. Only 20 percent of kids in poverty go to college. 80 % of kids that attend KIPP schools go to college.

	JOY IN OUR TOWN#296	28:30	13:00	L	PA/O	07/28/06 07/31/06 08/03/06	12:00PM 10:30AM 2:30AM
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Michelle Gustafson introduces Clifton Taulbert, author and president of The Building Community Institute. He said we need to reposition why education is important. It's the main avenue of the transfer of knowledge and there's been an interruption in that. There are questions about the education process. The need for education is just as valid as it's always been. Then we need to establish who is responsible that this process continues. Getting a young kid to understand, why are you going to school? Parents, why do you send the kid out everyday. Teachers, why are you here? Kids should ask why am I doing this? Why am I here? The 1960s was a time of demarcation in our country. We moved away from we, and us, to me. Our own purpose and goals got away from community. Community lost its valuable stance during that time. Community is more than a place remembered. Community is an infrastructure of positive relationships. These relationships don't happen automatically. What are you doing to ensure the presence of community. Most assume Community will be created by someone else. Every single person has reason to

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be involved to be involved. It requires intentional unselfishness. We've underestimated the power of community, the linkage between people. We have to somehow have a shared vision. Community is a collection of people that care about each other and have a sense of vision. When he goes to a school the first thing he asks a teacher is how do you connect. He's worked with educators all over the world. He extends the challenge to teachers to being the community's trustee. As a teacher looking at a child, who does he see? Set their sights on a future only they can create. It gives the educator a different perspective and a different perspective in the life of a child. Especially at-risk children or children not performing up to par. Let's be caught up in their humanity. We must be cautioned to do that. The greatest thing to do is recognize the common humanity of each child and mine that for all it's worth. We can't do what we've done for the last 20 years. To take another heart, mind and soul and give it direction, what more can you ask for?

JOY IN OUR TOWN#297	28:30	13:00	L	PA/O		08/04/06	12:00PM
						08/07/06	10:30AM
						08/10/06	2:30AM

Host Roberta Potts introduces Terry Brown, Regional Coordinator of Tulsa, and Debbie McCulley, Instructor of Thunderbird Youth Academy. The focus was to target the youth that are at risk, displaced and have no future. An at-risk has situations at their family life, on drugs, in gangs. It's a co-educational program. There is a zero fraternization policy. Debbie talks about children dropping out because they don't fit in. Terry says that a young person has to want to be there and do something for their life to be there. They are prepared at Thunderbird Youth Academy to take the GED. They have 3 opportunities to take the GED. They enroll about 300 and 150 will graduate. In Tulsa County alone there are 3090 displaced youth registered in the Dept. of Education. They don't have a job, purpose or structure to their life. State-wide it's 8 or 9,000. He said the number is pretty constant. Some come to Thunderbird because they wanted that pride and self-esteem that another person received. These kids come from an unstructured environment. They are told what to do and when to do it. They didn't have that in their life growing up. About 25% go into the military after this.

JOY IN OUR TOWN#298	28:30	13:00	L	PA/O		08/11/06	12:00PM
						08/14/06	10:30AM
						08/17/06	2:30AM

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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Michelle Gustafson introduces Dr. Sheryl Flowers, State Coordinator Schools Attuned Oklahoma...Today there is an issue in related to a shortage of teachers, increased accountabilities due to federal and state mandates and more than ever more children have greater number of needs. Under payment of teachers and demands that used to be filled by homes and religious institutions so there is a great demand on teachers. It prevents them from wanting to go into teaching and it burns teachers out. Teachers don't know how to handle the problems in the classrooms today. Where are the resources? Children act out perhaps by a weakness in their brain. A quality teacher should have a firm grounding in how kids learn and content. Teachers aren't necessarily given the tools to how children learn. The objective should be on the delivery of content. Traditional teaching leaves that child out whose brain is wired differently. All children do not learn the same. Not all children perform in the same manner their grades tell us that. Not all children have the same strengths and weaknesses. This adds to the variety to the classroom. Neuro-development diversity. All children can learn. Strengthen strengths and improve weaknesses. Nothing is harder in life than being a child in school. AS adults we can choose what we want to do, as a teacher we expect students to be good at everything that is presented to them. We need to give the child hope. That they don't have to go into a field that is not their strength. There are all kinds of opportunities for children to find success.

JOY IN OUR TOWN#299	28:30	13:00	L	PA/O	08/18/06	12:00PM
					08/21/06	10:30AM
					08/24/06	2:30AM

Michelle Gustafson introduces Belynda Clanton, Exchange City Director of Junior Achievement of Eastern Oklahoma. They introduce business concepts into the classroom and empower the students through exciting hands-on experiences. Students learn about careers when a person comes in and talks to these students and role models a professional person. Students learn how to be professional. Life skills are gained. She talked about job competition. There is a simulation of a trading floor that they have at local tech. center. It is reenacted with bankers, financial analysts and so on. The students learn about financial world. Junior Achievement prepares students for the economics of life. Exchange City is a small city. Students learn how a city is actually operated. There are 14 store fronts, including retail shops, service providers and government office. The students prepare with the teacher before they come. The students interview for their jobs in the classroom before coming to Exchange City. At Exchange City the students learn that they have to pay their bills and they need to sell and buy. They also earn pay checks. From the business stand point they learn the business budget. So they learn personal and business finances. Belynda said we learn by doing. Students see adults doing things but for these few hours at Exchange City they have to take responsibility. They experience what it is like to pay a loan. They appreciate their parents more. They learn it's not about them all of the time, but others. They learn about ethics and teamwork. They learn a city doesn't run by itself.

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	700 Club#82206	30:00	7:00	REC	PA/O	08/22/06	2:00PM

David Brody CBN News - HENDERSON, Nevada - Brittany McComb an 18-year-old is suing her high school. It's a case that could be destined for the U.S. Supreme Court. On June 15 Valedictorian Brittany McComb is on stage to deliver a speech, which highlights God's influence in her life. But when she tries to mention how Jesus Christ died on the cross for our sins, all of a sudden her microphone goes dead. McComb knew the microphone would be shut off because she had to submit a copy of her speech to the school. They warned her not to read her version or they would cut off her microphone. The school claims they did nothing wrong and were just following previous court rulings on what can and what cannot be said at high school graduations. Cases in Nevada are heard by the 9th Circuit Court of Appeals. They've previously ruled that graduation speeches are school-sponsored, and that means generic religious references are okay, but proselytizing is not.

ACLJ This Week#027B	30:00	7:00	REC	PA/O/E	08/14/06	11:00PM
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Jay Sekulow Chief Counsel for American Center for Law and Justice discusses a legal issue in a Dover, Pennsylvania school district and the issue of intelligent design with Pat Monaghan, Stuart Roth and Geoff Surtees, Sr. Counsels, ACLJ. The issue is over the school district making a statement once a year at the beginning of the Biology term on the origins of mankind and they say there are other theories other than evolution and there are books and resources available in the library. This resulted in a federal court case from the ACLU and is based on the 1987 Supreme Court decision to ban the teaching creationism in public schools because it was said to advance a religious belief. A clip from CBN News is shown regarding the status of this trial which has been running for five weeks. A roll-in is shown of a school district in California where Islam is being taught in a highly detailed study. Some parents were shocked that the students were asked to act out Islamic traditions. The ACLU did nothing about this which illustrates a blatant double standard by the organization.

MINORITIES

JOY IN OUR TOWN#300	28:30	13:00	L	PA/O	08/25/06 08/28/06	12:00PM 10:30AM
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Michelle Gustafson introduces Maria Reyes, director of the YWCA. English classes are always full in the classes offered around Tulsa. English takes about 5 years to really become proficient in English. You have to practice and use it a lot. Most immigrants realize they have to learn English to make it in America. The key factor is how old you are when you come to the U.S. to learn. Language acquisition is much easier to attain when you're younger. It can be a barrier to getting a job if you don't know English. A majority of people who do move here do want to become U.S. citizens. There is a drive here to have one million Hispanics to vote. It is a long and expensive process to become a U.S. citizen. They must take U.S. citizenship classes. There is an oral examination and history questions. She talks about under-insured people in Tulsa but in particular minorities get affected. There are prevention programs going on and in school programs. Diabetes is twice as high in the Hispanic population. She talks about how women still only earn about 77 cents to the male dollar. Through education women can earn a decent wage and break some of these barriers.

JOY IN OUR TOWN#301	28:30	13:00	L	PA/O	09/01/06	12:00PM
					09/04/06	10:30AM
					09/07/06	2:30AM

Roberta Potts introduces Curtis Zunigha and Clark Inkanish of TK Wolf. Not being recognized or looked at as though invisible is main issue he thinks Native Americans suffer. Across the nation people will speak to his lighter skinned wife first. In Tulsa an individual in Tulsa said there are no Native Americans in Tulsa because they all married white people. That's disgraceful said Clark. In Tulsa and across Oklahoma, Indians aren't recognized and thought to be inferior in some manners. But we have doctors, lawyers, physicists in nearly every branch. Not being recognized for accomplishments and achievements, people should be more passionate about the goldmine of people here that can offer suggestions, advice for improvement. Curtis talks about a state law making stalking an actual crime. Stalking often times is associated to a precursor of domestic violence. Stalking victims are Native American women. Often times, young single women with kids and vulnerable because of poverty, and stalked by Indian and non-Indian alike here in Oklahoma. Nationally there is a stalking resource center we wanted to establish stalking as our community issue because our own family members, friends, people on the board knew someone who'd been stalked. It's not always women. Curtis himself had been stalked. You have cyber stalkers looking for children on the Internet. It's hard to detect the perpetrator because they're always hiding. They saw a lot of Indian people falling through the cracks because they live outside the reservation and can't be served by the tribe and public assistance wants them to go to the reservation for help so they fall through the cracks.

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	JOY IN OUR TOWN#302	28:30	13:00	L	PA/O	09/08/06 09/11/06 09/14/06	12:00PM 10:30AM 2:30AM

Michelle Gustafson introduces Cindy Brill, handwriting specialist and Sean Fidler, a student. Handwriting is becoming less important. Children aren't being taught in the classroom. Teachers aren't taught and the children don't learn. In the 70s it started fading away and became less important. It's not how they write but what they write and how much. They are struggling so much to make letters they get lost. This affects a child's learning and they can't keep up in class. As children get older they still have to write essays on their ACTs and college entrance, they are looked at their proficiency of their handwriting as well. They still need to write in their career. Our thought processes are different in handwriting. If they can't read their own notes, they are never going to be able to communicate with their business partners. Motor connection is the brain working with the muscles, you have visual perception, muscle weakness, sitting, balance, core weakness...if a child is laying down on the table we got to do other things here before we talk about writing.

	JOY IN OUR TOWN#303	28:30	13:00	L	PA/O	09/15/06 09/18/06 09/21/06	12:00PM 10:30AM 2:30AM
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Host Michelle Gustafson introduces Jan Figart, Associate Director of Community Service Council. Eastern Oklahoma has a large number of minorities. We have a highest in the United States of Native Americans, and we have a large number of Hispanics because of migration and a population of African-Americans since the turn of the century and so we're a very diverse community and as a result when you take a look at our health issues they reflect that diversity that we see. There are particular things we see in developmental issues among these groups. Premature death in our state is higher in our minority population than our white population. 75 is the general age that people die, in minorities 60-61 is the age that minorities die. Higher incidences of heart disease, cancer, stroke and for the most part are lifestyle related and preventable. We see lifestyle differences. Minorities are more likely to have less likely balanced nutrition, less likely to get routine exercise, stress jobs and discrimination and ultimately there population has the least access to health insurance so least access to health. Low-income populations tends to be representative of minorities, health is often a very low priority. Paying the mortgage, having a car to get them to work, food on the table for their children is important. Often anything that has to come out of pocket to pay for health related things, preventive, self-care opportunities they are less likely to do it because their priorities are different. The higher the income (usually translates into a white population...) things they value, golf, tennis, kids are involved in soccer because they can afford it, so they're more likely to make it a higher priority. Prioritization to whether health is important or not is related to the economics of the family. Even in preventive health, low-income families won't go. The cost of getting care is very expensive. On average immunizations will cost

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about \$60 per visit. There are free immunizations so they can get past that. But that's not true for that sore throat, that \$25 dollar bottle of medicine becomes out of the range for that person. Often they'll do home treatments often times until the child is well or they are so sick they need hospitalization.

JOY IN OUR TOWN#304	28:30	13:00	L	PA/O	09/22/06	12:00PM
					09/25/06	10:30AM
					09/28/06	2:30AM

Michelle Gustafson introduces Milagros Cappelletti, director of the Hispanic Outreach Center in Bartlesville, Oklahoma and Clarissa Rowley, volunteer. There was a language barrier in the Bartlesville community with the Hispanic population and as a result this center was begun. There is an interpreter and they work with other agencies. The Spanish-speaking people need help to make appointments with doctors, utility bill problems, telephone problems...miscommunication cost the community money. People are becoming educated. They learn how to fill forms correctly for example, at DHS. Parents can't read a letter from the school and the school is having a problem with their child. The cultural differences with the Hispanic people and American are quite different. Hispanics think if it's their yard, it's their property so they can drink beer in the front yard. There are different laws to follow in America and they are taught that. In America they can't take beer to the parks. They don't use the seatbelt in Mexico, in America it's the law. They need to carry a drivers license and insurance papers. They don't think car insurance is necessary.

JOY IN OUR TOWN#305	28:30	13:00	L	PA/O	09/29/06	12:00PM
					10/02/06	10:30AM
					10/05/06	2:30AM

Michelle Gustafson introduces Gail Crum, President of the African-American Women Business Owners Association and Darlene Nsien. Gail said usually people don't take African-American women serious in business. We need to spend more time on a marketing plan, researching our business and seeing if it is marketable, also finding staff, learning software, tech. things we do need to spend more time on and seeing if those businesses will stay as long as they can. Finances are a roadblock. Finding the right institution to support a business. Finding mentors who've already started and to give you information you need is a good thing. The National Women's Bus. Council says that 20% of all privately held firms are held by women of color. Over 400 women own their own companies and generated 19 Billion dollars last year in sale so it shows we are improving and working. We can be at the market table for our companies as well. There are over 75 African-American women in business here in Tulsa. Gail talks

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about networking together and share information to those in the group. Darlene talks about how important it is to have support in starting her business. She suggests finding someone to do what you're doing to mentor you. Gail talks about how women are gifted in wearing a lot of hats and they can maintain a business, family and so on. Women have to dig for the information to start a business. She says training is important plus education.

700 Club#90106

1:00:00

9:00

REC

PA/O/E

9/01/06

2:00PM

Charlene Israel CBN asks the question – why are Black Americans lagging behind? Juan Williams and Gordon Robertson talk about Black phony politicians like Jesse Jackson and Al Sharpton. Juan says these Black politicians don't want to deal with the real issues – black children dropping out of school and the high poverty rate. He says they stage phony demonstrations for money – it's not about meeting Black American's needs. These leaders need to address how the people can rise above the 'storm'. There is a 70% dropout rate among Black American children, there are no fathers and babies are having babies. Black Americans need to look at themselves not government for assistance and speak out against phony Black politicians. They must tell their kids to stay in school, stay in the job market and move up. Don't have babies out of wedlock. Parents need to get involved in their child's life and let them know they are important.

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TRINITY BROADCASTING NETWORK

KDOR TV-17/KDOR DT-15 BARTLESVILLE / TULSA, OK

QUARTERLY REPORT

October, November, December 2006

THE FOLLOWING PAGES ARE SUMMARIES OF KDOR-TV / TBN PROGRAMMING CONTENT, ADDRESSING THE ISSUES AND PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT FOLLOWING FCC REQUIREMENTS FOR THE SECOND QUARTER OCTOBER, NOVEMBER, DECEMBER 2006.

KDORTV-17/DT-15 TULSA/BARTLESVILLE, OK

PROGRAMS PERTAINING TO
LEADING COMMUNITY PROBLEMS

FOR

OCTOBER, NOVEMBER, DECEMBER 2006

REPRESENTING SAMPLING ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES FROM THE
PRINTED MEDIA COMPRISING NEWSPAPERS, MAGAZINES, AND PUBLICATIONS, AND FROM
TELEVISION AND RADIO BROADCASTS WHENEVER POSSIBLE.

FAMILY

YOUTH

HEALTH

DRUGS/ALCOHOL/ADDICTIONS

CRIME/GANGS

THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
FAMILIES	JOY IN OUR TOWN#306	28:30	13:00	L	PA/O	10/06/06	12:00PM
						10/09/06	10:30AM
						10/12/06	2:30AM

Host Michelle Gustafson interviews Daveeta Alexander from the Family Crisis and Counseling Center in Bartlesville. Daveeta talks about domestic violence and how it affects not only the abuser but the children. She shares what abuse is: verbal, sexual, emotional, and violent abuse and the different stages of each. Over 900 people came through the agency in Bartlesville and thousands in Oklahoma are affected by domestic violence. Daveeta shares about the Cycle of Violence. This is not just a women's issue but a men's issue as well. Daveeta shares symptoms to getting upset and how to step out of the situation. Some times time outs are needed. Domestic violence is about control. She touches on bullying and how children are affected by domestic violence-hitting and lashing out is not a good coping mechanism.

FAMILIES	JOY IN OUR TOWN#313	28:30	13:00	L	PA/O	11/24/06	12:00PM
						11/27/06	10:30AM
						11/29/06	3:00PM

Host Michelle Gustafson Robert and Cherilyn Chorette from Marriage Encounter. Marriages have become disposable. Divorce is no big deal. When marriage gets hard we don't communicate. People don't put the importance on marriage like they should. After you get married, life creeps in and everyone puts marriage last on their list. Just because you aren't fighting doesn't mean you're ok. That's not necessarily true. Talks about the importance of communication in marriage. Sitting down and taking the time to listen to the other person. Listening vs. hearing in communication. Meet the love languages of the spouse. Men are reluctant to do things for the marriage. It's hard for them to talk with their spouse. Men are more less to share. They should appreciate their wives more, turn the TV off once in a while, and listen to what the wife is saying, spend time with the kids and away from the TV and guys. Being married single, you're roommates. You need to slow down and find out what's going on in your spouses life.

FAMILIES	JOY IN OUR TOWN#316	28:30	13:00	L	PA/O	12/15/06	12:00PM
						12/18/06	10:30AM

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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Host Michelle Gustafson interviews Lisa Cary from Washington County OK DHS and Patricia Kopenhagen from OK DHS in Tulsa. Children have been abused or neglected and require out of home care. In our community that's around 3000 kids needing foster care. In Oklahoma, there's over 12,000 and in the U.S. over half a million. There are different types of foster care. Traditional, kinship care...kinship care is when they stay with someone they know, usually a family member. Foster parents are really professional parents. Foster parents should come into the program that this is temporary.

JOY IN OUR TOWN#317	28:30	13:00	L	PA/O	12/21/06	11:30PM
					12/29/06	12:00PM

Host Michelle Gustafson interviews Bridget Tobey from Cherokee Nation Child Care Resource Center in Tahlequah shares about grandparents raising their grandchildren. Some families use their grandparent as day care. CPR and first aid are standard for grandparent and day care providers. Grandparents are more interested and committed to meet the child's needs. Grandparents are doing things in their daily routine, there's learning going on. Grandparents didn't necessarily know that. They talk about counting and ABCs. Ninety percent of your brain is developed by the time you're three years of age.

700 Club #120706	1:00:00	6:00	REC	PA/O/E	12/07/06	2:00PM
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Lee Webb CBN News reports - The pastor of a Texas church has found himself in the middle of a legal battle that could affect the way pastors and churches across the country shepherd their flocks. Not long after Crossland opened its doors and began receiving members, Pastor Westbrook discovered that one of the first members was seeking an unbiblical divorce from her husband and pursuing an inappropriate relationship with another man. Westbrook tried, but failed to persuade her to end that relationship and return to her husband. So Westbrook and his fellow elders sent a letter to members of the church informing them of Peggy Penley's actions, encouraging them to pray for her, and stating their desire to have her restored and back in fellowship. Westbrook says they sent the letter in accordance with the model for church discipline. Penley divorced her husband and married the other man. She also hired Darrell Keith, one of Texas' most high-profile trial lawyers and filed suit against Westbrook. The case is now in the hands of the Texas Supreme Court. Keith argued that because Westbrook is not just a pastor, but a marriage counselor licensed by the state, he was not allowed to divulge information about his client. It could be several months before the Texas Supreme Court renders a decision on the case.

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	700 Club #121106	1:00:00	5:00	REC	PA/O/E	12/11/06	2:00PM

Charlene Israel of CBN News reports - It's a sign of the times in our busy, crowded world. "I've experienced loneliness single, and I think that even people who are married do," said Roberta, a Washington, D.C. resident. Thoughts of loneliness usually bring to mind little old ladies who live alone, but it affects people from all walks of life -- from the workaholic husband to the self-confident college student. A recent study found that the average American has only two close friends in whom he or she can confide on important matters. And the number of people who say they have no such confidants soared from 10 percent in 1985 to nearly 25 percent in 2004. The study suggests a host of possible causes, including people spending more time at work and commuting further distances, leaving less time for socializing. And with the growth of two-career and single-parent families, people have lost connection with neighbors and have little time or energy for groups or volunteerism. On the other hand, in communities that have tight social networks, there are benefits like lower crime rates, better working schools, and a better economy.

	700 Club #121106	1:00:00	8:00	REC	PA/O/E	12/11/06	2:00PM
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Terry talks with Steve Doocy, Co-anchor, *Fox & Friends*, Fox News Channel about his book on having a happy marriage. The biggest thing that keeps people from having a happy marriage is they don't talk enough to each other; also there needs to be a sense of humor. On money challenges Steve talks about his early marriage years and how he helped his wife shop. Different advice will come from the wife and the husband on a matter. Steve says always buy small sizes when buying presents for the wife. Steve and his wife joined an on-line dating service 20 years after they were married to show how much they loved each other and the printout of the perfect mate did not list either name on their list. Steve said he knows his wife was the perfect wife for him.

YOUTH

	JOY IN OUR TOWN#308	28:30	13:00	L	PA/O	10/20/06	12:00PM
						10/23/06	10:30AM
						10/26/06	2:30AM

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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Host Michelle Gustafson introduces Tim Cameron, Headmaster at Metro Christian Academy and Dody Patrick, RN. Removed junk food from their school and gave them a health food alternative vending machine. Decreased drinks that had high sugar contents, added whole wheat breads, increased vegetables and fruits. There is an increase in weight in our children in society and childhood and adult onset diabetes. Water bottles are allowed in the school. Kids are beginning to be aware of what they eat and drink. Fresh is always the best. Fifteen percent or less of Oklahomans get the 5 fresh vegetables and fruits a day. It's a very low number. Kids can change their eating habits. America is becoming much more conscious about their health because of the overweight society and diabetes.

JOY IN OUR TOWN#310	28:30	13:00	L	PA/O	11/03/06	12:00PM
					11/09/06	3:00AM

Michelle Gustafson interviews Jeannie Sacra of EMSA. For car seats to do the most good, they must be installed properly. Ideally, the car seat is part of that car and the child is snug in that seat. Ninety-nine percent of car seats are installed improperly. Jeannie demonstrates the proper car seat for the weight/age of a child and how to properly install a car seat. She explains which direction the car seat should face and why. She said a seat should be installed so tight that you can't move it more than an inch. Many times the children are traveling in a very unsafe way. It takes training and experience to do this. She encourages people to not switch car seats back and forth from one car to another.

JOY IN OUR TOWN#311	28:30	13:00	L	PA/O	11/13/06	10:30AM
					11/16/06	3:00AM

Host Michelle Gustafson interviews Candace Morton, Child S.H.A.R.E. Coordinator. Candace said they can't find enough families for the foster kids. Children are removed from their home for various reasons and they are referred to different agencies for placement. Most kids need just a loving home and a safe environment. Candace shares ways to prepare the children in the family to accept a foster child. Eighteen months is the average time.

JOY IN OUR TOWN#312	28:30	13:00	L	PA/O	11/17/06	12:00PM
					11/20/06	10:30AM
					11/23/06	3:00AM

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Host Michelle Gustafson interviews Barbara Findeiss from the Child Abuse Network. Latest numbers published by DHS, 4,000 cases reported and investigated last year. That's about 100 cases a month. It's a real problem. She said in the news are the most heinous, but there's a lot that goes on behind the scenes. Barbara defines abuse: physical, neglect, sexual, emotional. She says children are a target and it's our responsibility to protect them. Child abuse is a very complex issue. Barbara gives signs or symptoms to look for in a child of abuse. Behavior indicators are really important to be watching out for.

JOY IN OUR TOWN#314	28:30	13:00	L	PA/O	12/01/06	12:00PM
					12/04/06	10:30AM
					12/7/06	3:00AM

Michelle Gustafson interviews Bruce Jordan from the Boys and Girls Club in Bartlesville. Between 3 and 8pm kids statistically get in trouble. We see them out on the streets, skate boarding and getting in all sorts of trouble. Youth mainly need relationships-an adult that cares about them is needed. Some kids are brought up in single parents homes so they don't have someone home when they get home from school. Idleness is catalyst to evil things. They need someplace to be. Parents should stay involved. Talk to their kids is the main thing. Have a meal with them and find out what's going on with their lives. We need to get back to the basics I think.

JOY IN OUR TOWN#315	28:30	13:00	L	PA/O	12/8/06	12:00PM
					12/11/06	10:30AM
					12/14/06	2:30AM

Host Michelle Gustafson introduces Principal Toby Sissons from Jane Phillips Elementary of Bartlesville, OK. We see a lot of children of single parent families, grand parents raising children so it's difficult. They have a lot of strikes against them, so we do what we can to better themselves. Principal Sissons said he has 300 children at his school and about 265 are in the poverty level. The children start school with a 2-3 year old vocabulary instead of a 4-5 year old vocabulary. One thing they really work on is vocabulary. They don't have vocabulary experiences at home. A parent isn't reading to them or even speaking to them. They are spoken at and not spoken with. The teachers encourage them every day that education is their way out of poverty. A family donated a million dollars over a 10-year period for a scholarship program and it's a mentoring program. A student will be assigned

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Air-Date

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Host Michelle Gustafson introduces Matt Dahlman, physician's assistant in dermatology. Skin cancer is very common. They see more and more cases every year. Wear sunscreen and avoid the exposure to the sun and tanning beds. Tanning beds is a big source to skin cancer. The danger is that people don't realize the damage they are doing. It causes premature aging and cancer. There is no such thing as a safe tan. A tan is a sign of sun damage. The most damage is done before the age of 20. Sunburns and severe blistering increase the risk of cancer. The best sunscreens have an SPF of 30 is important with a UVA and UVB on it. Don't rely on sunscreen in makeup. Liver spots have nothing to do with the liver but it's sun damage. Sun screen should be put on infants. Their skin is so fragile. The more sun before the age of 20 the higher the risk of skin cancer, any type of skin cancer. Two or more blistering sun burns dramatically increase the risk of sun damage. Adequate sun protection, not sun avoidance is adequate. If you wear a good sunscreen daily is important thing to do. There are 3 main types of skin cancer and he explains those in depth. Melanoma is the worst one. It is black, dark and usually in a mole. They have the potential to kill people. It's the most common form of cancer in young people in ages 24-29. It is very dangerous. In one year, a million new cases of skin cancer will be diagnosed. 5-10 percent will be melanoma. Get a total body skin exam and get checked once a year.

JOY IN OUR TOWN#306	28:30	13:00	L	PA/O	10/06/06	12:00PM
					10/09/06	10:30AM
					10/12/06	2:30AM

Michelle Gustafson interviews Marilyn Cooper, RN and Nelda Downer, MS, from Washington County Health Dept about diabetes. Marilyn shares about what diabetes is and what it does to the body. Nelda talks about deterioration to the eye sight, neuropathy and lose feeling in the feet. The entire goal is to keep the blood sugar low. Marilyn explains how blood sugar is tested. Anywhere from 70-120 is good blood sugar. Some pills make it so you metabolize the insulin you have. Nelda said we've become victims of portion distortion. Serving sizes are at least twice what you need. Nelda demonstrates with different items proper portion sizes. Four dice are an ounce of cheese for example. A diabetic diet is about mainly counting carbohydrates. You want a consistent flow of carbohydrates throughout the day. It's all about choices, a teaspoon of sugar or a slice of bread.

JOY IN OUR TOWN#307	28:30	13:00	L	PA/O	10/13/06	12:00PM
					10/16/06	10:30AM
					10/19/06	2:30PM

Michelle Gustafson Ruth Kolb Drew, MS, LPC from the Alzheimer's Association. We're seeing an increase in cases. Seniors are living longer and the biggest risk for Alzheimer's is advancing age. Also, it's being diagnosed better and earlier. Symptoms to look for: it is a disease of forgetting. It affects learning and short-term memory. Disorientation. A lot of people in the early stages know

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something is wrong but are afraid to find out. Personality changes-they might with draw, outbursts of anger. How to prevent the disease: keep your brains active. Continue to challenge the brain in new ways. Learn new skills. What we eat makes a difference. Reduce over processed meats and foods. Eat a lot of foods that are whole grains, healthy fats, lots of berries and nuts have been associated with a significant decrease of the disease. Stay active. Stay connected-a purpose for living. Things that mean a lot to you and staying connected with the community.

JOY IN OUR TOWN#308	28:30	13:00	L	PA/O	10/20/06	12:00PM
					10/23/06	10:30AM
					10/26/06	2:30AM

Michelle Gustafson interviews Thomas Rickner, MD, from the Warren Clinic. Dr. Rickner explains what the prostate is and its function in the male's body. Prostrate cancer is very prevalent. The diagnosis made this year in 300,000 men. Many men have it and don't know it and live with it. Symptoms to look for: difficulty voiding, getting up in the night, having to void urgently, diminishment of your stream, a sense of incomplete emptying, pain in their bones where the disease has spread to their bones. A majority of men don't know they have it, have no symptoms have a PSA (protein measured in the blood stream done) and find out they have it. This test came out in the late 80s. Prostrate cancer makes the PSA count higher than normal. Every man over age of 50 should have a PSA test and a rectal exam. PSA isn't perfect. If you get earlier treatment the outcome is beneficial.

JOY IN OUR TOWN#309	28:30	13:00	L	PA/O	10/27/06	12:00PM
					10/30/06	10:30AM
					11/02/06	2:30AM

Host Michelle Gustafson introduces Denise Roddy, OD from Vision Source. It's better the earlier in a child's life to intervene if they have a vision problem, because over 80 percent of a child's learning is in their first 12 years comes visually. They learn their spatial awareness, is a visual process, learning to read is a visual process. It's recommended that children receive their first vision evaluation between 6 months and 1 year. A child doesn't know if what they see is normal or not. This past year the state legislature passed a law mandating mandatory vision screening to enter kindergarten. This will have a big impact; Over 80 percent of learning requires good vision. Not only in being able to detect the appropriate letter in terms of the size of a letter, but also tracking skills with their eye muscles are very important in learning how to read. You have to learn how to track properly across a page and use good eye coordination. Sixty percent of children with learning disorders have undiagnosed eye vision problems.

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	JOY IN OUR TOWN#309	28:30	13:00	L	PA/O	10/27/06 10/30/06 11/02/06	12:00PM 10:30AM 2:30AM

Michelle Gustafson introduces Kate Neary-Pounds and Dr. Melanie Spector from HOPE, Health Outreach Prevention Education. They provides comprehensive health education regarding HIV, sexually transmitted diseases and other communicable diseases. The key to HIV is prevention. Kate gives specific ways to contract it. It can be years before symptoms are noticeable. Dr. Spector shares about educating in the prisons-an HIV Peer Education program. A lot of youth struggle with low self-esteem and make bad decisions that can lead to HIV etc. The Adverse Childhood study showed the more adverse child experiences the more at risk for having multiple sex partners and this increases their chances for HIV.

Doctor to Doctor #97	28:30	28:30	REC	PA/O/E	10/03/06	11:30PM
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Dr Chip Abbadessa, Chiropractor talks about the spinal cord not having the ability to heal itself. When we are formed in the womb, the spinal cord and brain are first formed. If the spine is misaligned it will degenerate, discs between vertebrae will be affected and eventually wear down in an effort to stabilize. Dr. Rebecca Wright talks about the immune system being made up of cells. Cells a nutrient rich diet. She says toxic metals and sugar, too much of wrong fats turn off the Immune System and recommends Vitamins and minerals, Omega 3 Fats. Dr. Scott Farhart talks about maintaining good health. Women need a year exam to check PAP for Cervical Cancer, breast exams, pelvic exams, blood pressure, colon cancer screening.

Doctor to Doctor #98	28:30	28:30	REC	PA/O/E	8/08/06	11:30AM
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Dr. David Wood talks about prostate health. Frequency of urination, slow onset of urination, increased effort of urination, frequent urination at night is symptoms. Men should get a Digital Rectal Exam and recommends eating more fiber, veggies, and fruits and reduce stress. Dr. Cherie Calbom talks about Thyroid problems. Symptoms of Thyroid problem is low body temperature, hair loss, stinging in eyes, white spots on nails; and recommends eating garlic, Iodine rich foods, coconut oil, Cod Liver oil and exercise. Dr. Valerie Saxion talks about the Gall Stones. Some symptoms are severe pain in lower abdomen or even in lower breast. Avoid sugar, friend foods, dairy rich food, and commercial oils. Recommends Omega 3 Fats, enzymes, B-Complex, steam distilled water.

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	Doctor to Doctor #99	28:30	28:30	REC	PA/O/E	10/17/06	11:30AM
<p>Dr. David Erb talks about cancer prevention. Limit exposure to chemicals – bleaches, cleaners; stop smoking, develop a healthy spine and nervous system. Limit over the counter and prescription drugs. Eat more natural food with less processing and exercise. Dean Mausolf talks about physical activity -household chores, playing with children, walking at the mall; flexibility - stretching; strength exercise - weight lifting and Cardiovascular exercise getting the heart rate going. Find ways to get exercise into your day. Dr. Scott Hannen talks about Arthritis. Anti-inflammatory drugs could damage the heart or kidney. Get a spinal exam and realignment. Leaky Gut Syndrome leaks fluids to the joints and become inflamed. Get a multi-pro-biotic. Remove port from the diet increase water consumption.</p>							
	Doctor to Doctor #100	28:30	28:30	REC	PA/O/E	10/24/06	11:30AM
<p>Dr. Randall Sapp talks about eye health. Vision at 6-8 years of age is what you will have for the rest of your life. Amblyopia is “lazy eye”; Cataract is an obstruction of the lenses of the eye. Glaucoma is usually described as high pressure in the eye. It is important to have your child’s eyes examined early in life. Dr. Sam Buchanan talks about breast cancer as one of the most common diseases in women. All women at age 40 should have a mammogram. Early detection is very important. Dr. Charles Adams talks about obesity. He explains health risks related to being overweight. Obesity comes through moment-to-moment eating, eating according to emotions, eating processed/sugary foods, eating while doing other things and eating alone.</p>							
	Doctor to Doctor #101	28:30	28:30	REC	PA/O/E	10/31/06	11:30AM
<p>Dr. James Powell talks about stress – primary forms of stress are physical (back pain, arthritis, sitting or moving in the same position, nutritional (food allergies, low blood sugar, chemicals and emotional (very common try to work on relationships or other problems. Guilt causes stress and says you need to forgive. Notice what you are doing and don’t do it again, be careful with fast food and pre-made foods – take a multi-vitamin. Dr. Tonya Lyons Anderson talks about gum disease – some symptoms are bad breath, teeth loosening, bleeding when brushing, spaces developing. She explains root planing; can’t cure gum disease but you can keep it from progressing and gives some ways to help prevent future problems.</p>							
ADDICTIONS	JOY IN OUR TOWN#307	28:30	13:00	L	PA/O	10/13/06 10/16/06	12:00PM 10:30AM

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						10/19/06	2:30AM

Michelle Gustafson interviews Keith T. and Teri C. from Narcotics Anonymous. Men and women who use drugs have become a major problem. Many of us maintain a professional life and some go all the way to being homeless. Teri didn't think she was an addict until she heard others talked about the unmanageability of feelings. Many don't feel loveable or worthy. Making better choices. Get a sponsor. Go to meetings and work the steps. A lot of people are multi-addicted. As a parent, there is a lot of guilt and shame.

JOY IN OUR TOWN#312	28:30	13:00	L	PA/O		11/17/06	12:00PM
						11/20/06	10:30AM
						11/23/06	2:30AM

Michelle Gustafson interviews Sgt. Harold Adair from the Tulsa Police Dept. and Wayne Guevara, Outpatient Counselor from Palmer Continuum of Care. Meth affects every aspect of our life. It affects us on an economical level, emotional level, in the family, homes, and businesses. It's in every aspect of our life. Sgt. Adair said it affects the neurotransmitters in the brain and the body will stay in this excited state for 8-12 hours at a time. It's like being on fire the entire time. They're edgy, paranoid, violent. They aren't taking care of their body so you see a lot of physical changes. Once the addiction takes place-that is their next goal. It's their next fix. Wayne said they need to take responsibility for their behavior. Addiction is the only disease that tells you that you don't have it--that you're not sick. Wayne talks about different treatments for those addicted. Addiction is not something that goes away overnight.

JOY IN OUR TOWN#314	28:30	13:00	L	PA/O		12/01/06	12:00PM
						12/04/06	10:30AM
						12/07/06	2:30AM

Michelle Gustafson interviews Steve Hahn from Operation Aware. Steve talks about the different drugs out there including alcohol, inhalants, DMX, prescriptions in the medicine cabinet. Peer pressure, the need to fit in is huge today. Kids don't want to be isolated. Kids want to feel a part. I've heard this statement many times. Curiosity can be a major part of drug use. He shares how every organ can be affected by drug use. 123,000 American's died from lung cancer and 90,000 from emphysema from smoking! 12 percent of students have tried inhalants before graduating from high school. Alcohol is the number one drug of choice for high

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school students in the nation. He teaches students that their bodies handle alcohol differently. A sign of overdose is vomiting and passing out. He said he shows pictures of different organs and how drugs/alcohol affects the organ. When you see it, it becomes a reality. Kids are visually driven. They see emphysema, heart disease, liver cancer, cancer in the mouth, gingivitis. It's impactful as they go home and tell their parents. Quit smoking! Parents can't just be a spectator in a child's life. Parents should pull in closer. Kids are making key decisions with friends, drug abuse. Ask them who they are hanging out with.

JOY IN OUR TOWN#316	28:30	13:00	L	PA/O	12/15/06	12:00PM
					12/18/06	10:30AM

Michelle Gustafson interviews Ron Broughton, M. Ed., L.P.C. of Brookhaven Hospital. An addiction is the giving up of one's self to a strong habit. It can apply to almost anything. Coffee. Nicotine. When a person is so dependent on a substance that it creates a problem in their life where they can't function. They suffer in relationships, they socially isolate and withdraw, they spend a lot of time pursuing the drug or whatever the addiction may be. He defines anorexia and it has a higher mortality rate than bulimia or any other addiction. The person is obsessed with their body image and they fail to maintain a healthy weight. They are 20 percent below what is normal body weight. We as a society give great kudos to thinness. Symptoms to look for anorexia. Baggy clothes, anxious when it's time to eat, heart problems. As a loved one, offer affirmation and support and get them to reflect on the problem. Then it moves to professional help.

Doctor to Doctor #103	28:30	10:00	REC	PA/O/E	11/28/06	11:30 AM
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Dr. Charles Adams talks about addictions – everyone has different receptors, some are more susceptible to be addicted. Methamphetamine is a stimulant, alcohol is a depressant, and narcotics stop pain. Some people have receptors that need more of the drugs. They may start with back pain and keep taking them afterward. There are possible medicines to help you get off narcotics; the doctor must be trained with Buprenorphine, Suboxone and Subutex – they work to keep withdrawal symptoms down and satisfy cravings and turn off the side effects. Use B and C vitamins for withdrawal; exercise calms the body to get off narcotics.

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CRIME/GANGS	JOY IN OUR TOWN#310	28:30	13:00	L	PA/O	11/03/06	12:00PM
						11/09/06	2:30AM

Michelle Gustafson interviews Penny Painter and Paula Royce from Resonance learned there are 3500 known gang members in Tulsa and third generation now. We are seeing it is a problem within our community and it's a problem for our entire city. It's affecting our entire city, schools, faith-based communities—everyone is being affected by this issue. Young men and girls are being killed or hurt because they may be a member of a gang. Drug and alcohol problems come along with this. These two issues play hand in hand. Prevention: need to provide youth with positive things to do. Need mentors. Be a positive role model in a youth's life. They may have never had that model. People can make a difference in the life of a child.

JOY IN OUR TOWN#311	28:30	13:00	L	PA/O	11/13/06	10:30AM
					11/16/06	2:30AM

Michelle Gustafson interviews Harry Stege, Gang Advisory Council of the Crime Commission. About 3500-3700 people have been certified as gang members. That doesn't include people who hang around gangs. That's a large number for a city this size. Strategies held through the gang summit: school activities, mentoring, improvement in neighborhoods, general quality of life issues, minimize those who enter gangs, suppress gang activity and help those convicted of crimes be reintroduced to society. Just arresting someone treats the symptom. We must get at the root cause of why people join gangs. Many reasons why they join gangs in diassociation. They aren't associated with anything they can be proud of.

JOY IN OUR TOWN#313	28:30	13:00	L	PA/O	11/24/06	12:00PM
					11/27/06	10:30AM
					11/30/06	2:30AM

Host Michelle Gustafson interviews Nathaniel Jones, Office of Juvenile Affairs from Bartlesville. A gang is two or three or more individuals who are involved in a criminal activity. Gangs are a serious threat to any community. The drug enterprise associated

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with gangs...there is a lot of money that can be made. Now gangs are fighting over who has the drug market on this side or that side of town. Prostitution goes along with gangs. Gangs will target kids who come from single-parent households. Blood in and blood out is a common theme. You get beat up to get in the gang. If you survive that they may tell you to walk through a rival gang member's territory. It's difficult to get out of a gang. Once you're in, you have certain information about that gang that they don't want shared. It has to be a community effort to work together for one common cause to end gangs.

JOY IN OUR TOWN#315	28:30	13:00	L	PA/O		12/08/06	12:00PM
						12/11/06	10:30AM
						12/14/06	2:30AM

Michelle Gustafson interviews Kathy Bell, Forensic Nurse Administration, SANE, Sexual Assault Nurse Examiners with the Tulsa Police Dept. They see about 375-390 patients a year that are adults and adolescents. First degree rape, lewd molestation, touching private parts are examples of sexual abuse type issues. 10 percent of examines are men. Sometimes even small children but the numbers are lower. Kathy shares what a person should do if they're sexually assaulted. Two out of every 10 assaults are reported. People aren't able to report for a variety of reasons. Fear, humiliation, afraid of the system, threatened by the offender...drugs and alcohol were involved. First thing to do is access law enforcement. A short interview will take place. Evidence collection is better the earlier the better. Referral services are given and specially trained therapists on staff give counseling. Everyone's response to rape isn't the same. A lot of times there is shock.

JOY IN OUR TOWN#317	28:30	13:00	L	PA/O		12/21/06	11:30PM
						12/29/06	12:00PM

Michelle Gustafson interviews Kathy Bockenheuser and Jeannine Bezotte from Operation Hope Prison Ministry. They mentor to those in prison to reduce the return to prison rate. Oklahoma is the highest incarceration per capita in women and 4th highest per capita for men; that makes Oklahoma 2nd overall. Jeannine talks about being in prison for three years and what happened when she was released. She shared about transitional living programs. She said if she hadn't had a support group she would've fallen through the cracks and ended up right where she started at. Statistic: 6,000 prisoners were released and had nowhere to go. Most need sober living houses because of drug problems.

*The figure designated as Topic Segment Duration is based on our
Good faith judgment and may not represent exact time.

THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
	700 Club#110206	1:00:00	8:00	REC	PA/O/E	11/02/06	2:00PM

Terry talks with Clink Van Zandt former FBI Chief Hostage Negotiator. Clint explains what makes a good negotiator. They talk about the Waco incident and how he got to know the children by watching the videos so he could get 'into the mind' of David Koresh. Clint talked about his interrogation with David Koresh. Clint talks about needing heart knowledge in addition to having head knowledge to do his job well. He gives survival tips to use in a hostage situation: if no escape submit; if there is an escape make sure you can make it; get mental picture of surroundings; keep a positive outlook; make the guard know who you are; sleep when you can.

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