

**TRINITY BROADCASTING NETWORK**

**KDOR TV-17/KDOR DT-15 BARTLESVILLE / TULSA, OK**

**QUARTERLY REPORT**

**January, February, March 2007**

*THE FOLLOWING PAGES ARE SUMMARIES OF KDOR-TV / TBN PROGRAMMING CONTENT, ADDRESSING THE ISSUES AND PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT FOLLOWING FCC REQUIREMENTS FOR THE FIRST QUARTER JANUARY, FEBRUARY, MARCH 2007.*

KDORTV-17/DT-15 BARTLESVILLE, OK

PROGRAMS PERTAINING TO

LEADING COMMUNITY PROBLEMS

FOR

JANUARY, FEBRUARY, MARCH 2007

REPRESENTING SAMPLING ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES FROM THE  
PRINTED MEDIA COMPRISING NEWSPAPERS, MAGAZINES, AND PUBLICATIONS, AND FROM  
TELEVISION AND RADIO BROADCASTS WHENEVER POSSIBLE.

HEALTH

EDUCATION

ECONOMY

ENVIRONMENT/PUBLIC SAFETY

SENIORS

OTHER ISSUES OF INTEREST

## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
<b>HEALTH</b>	<b>JOY IN OUR TOWN#318</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>1/05/07</b>	<b>12:00PM</b>
						<b>1/08/07</b>	<b>10:30AM</b>
						<b>1/11/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Amber Dearman and Lyndie Swink from TCTC in Bartlesville...There is a wrong way to brush your teeth-use a very soft nylon brush and go in a circular motion, not applying a lot of pressure. Brush the tongue as well. The incorrect way is the scrub motion and over time it tears away at the gums, causes recession and they have sensitivity so it can cause a lot of problems. It's essential you brush every 24 hours-if you don't the bacteria changes and becomes more harmful. If you floss consistently, you'll get the bacteria out and it gets in between the teeth that brushing doesn't get. For infants, use a damp cloth to wipe the mouth and start introducing a tooth brush at the first tooth eruption. If you avoid your oral hygiene, it's been proving that if you go without brushing or flossing, you'll develop gingivitis or periodontal disease. This is a disease of the gums that eats away at the bone and eventually over time the teeth fall out or have to be extracted.

<b>HEALTH</b>	<b>JOY IN OUR TOWN#319</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>1/12/07</b>	<b>12:00PM</b>
						<b>1/15/07</b>	<b>10:30AM</b>
						<b>1/18/07</b>	<b>2:30AM</b>

Host Michelle Gustafson Dr. Charles Fleming of Fleming Chiropractic. Being an unhealthy society goes directly to what you eat. It either thrives or doesn't thrive depending on what you put in it. You are exactly what you eat, drink and breathe and it can't be anything else. Homeostasis is a word we use to describe a body in balance. Your body has to deal with what you eat. Start decreasing foods with toxins. Healthy is good fresh vegetables and good clean water to drink. Stay away from prepared foods, and boxed foods and fast foods. There are four deadly food additives: high fructose corn syrup that is made chemically. It's something your body can't digest and has no nutritive value. Another one is trans fats. The third food additive is aspartame. The problem is methyl ether is a chemical and when it's ingested it turns into wood alcohol which is a poison. It's an excitotoxin. MSG is the fourth thing to look for and is very high in sodium.

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	<b>JOY IN OUR TOWN#323</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>2/9/07</b> <b>2/12/07</b> <b>2/15/07</b>	<b>12:00PM</b> <b>10:30AM</b> <b>2:30AM</b>

Host Michelle Gustafson interviews Stephanie Bagley, of LifeShare in Oklahoma 597 people are waiting for organs. Many different diseases cause organ failure, some can be congenital or develop later on in life from high blood pressure, diabetes...Every 16 minutes another name is added to the national list for organs that are needed. Some need more than one organ. People are getting sick fast and names are added quickly to the list. When someone has suffered a devastating head injury or had a stroke for example, the hospitals contact Lifeshare with an early referral and evaluate the patient to see if they're a good candidate. Once pronounced brain dead, they talk with families to get consent. Or if you've consented already, they let the loved ones know. 20,000 people, millions of people are helped through tissue transplant. You can save legs, limbs from having them amputated. You can restore sight through cornea transplants. Burn victims don't have as bad of scarring. 1.4 Oklahomans are signed up, over 40 percent.

	<b>JOY IN OUR TOWN#324</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>2/16/07</b> <b>2/19/07</b> <b>2/22/07</b>	<b>11:30PM</b> <b>12:00PM</b> <b>2:30AM</b>
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Host Michelle Gustafson interviews Tim Peterson of Laureate Psychiatric Clinic...Seasonal affective disorder is a kind of depression that seems to follow the seasons. The sunlight lessons and we feel more depressed. The numbers vary. Half a million is a small number. It impacts their ability to work... their relationships...10-20% are affected by it but in milder forms. Having the winter blahs is more like cabin fever...but SAD is when the brain chemistry changes so their ability to process information, ability to concentrate changes, their sleep patterns change, it's like hibernation mode. They have difficulty waking up in the morning and sleepy during the day, their eating habits change. Increased irritability, low energy, feel like they're just not themselves...70-80% seems to be women. It may be hormone related but we don't know for sure. The symptoms come and go every year (season). They follow a cyclical pattern. A treatment is artificial light, light therapy. Full spectrum light is the light recommended. Burn off toxins and get endorphins going and walk for 30 min. a day. You get the sunlight and exercise together. This can trigger a severe depressive episode so medication may be needed.

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Host Michelle Gustafson interviews Mike Bass of the Bartlesville Wellness Center...Overall we've seen a decline in smoking. Youth and younger are still smoking and think it's the cool thing. It's quite addictive. Nicotine attaches to the receptors in the body and they become more addictive to the person. Once the person gets hooked we're dealing with the nicotine and then we're also dealing with the behavior and the habit which begins to build and becomes very a routine. Many people have quit and it can be done but it's a process. 1) you have to have a mindset, get ready to quit. Quit around a specific time to quit. Like a birthday. It is a process. May take more than one attempt 2) Good support team 3) You have to learn new behaviors. 4) There are medications that can help with withdrawal and cravings. 5) Write down why you want to quit. Internalize it and make quitting what is important to you.

	<b>JOY IN OUR TOWN#329</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>3/23/07</b> <b>3/26/07</b> <b>3/29/07</b>	<b>12:00PM</b> <b>10:30AM</b> <b>2:30AM</b>
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Chuck Kern from American Red Cross in Bartlesville...Every two seconds a blood transfusion is needed as a result of a car accident, illness, stabbing, a shooting...Those 65 and older make up 13% of our population but they use 25% of the blood supply. On the average 38,000 units of red blood cells are needed in the U.S. Fifty% is eligible to donate blood but only 5% donate. Number of donors verses recipients is less. For hospitals, doctors, this causes a great urgency. With an automobile accident patient, they can use from 4 to 40 units of blood. Bone marrow will use one or two units of red blood cells every other day for 2-4 weeks and 6-8 units of platelets so that takes a lot of the blood supply. The average donor is between 24-40 years of age. You need to be at least 17 years of age and weight 110 lbs or more and find a donation sight. There is a process and interview to go through. They want to make sure where you've traveled outside the U.S. for safety. You can donate blood every 56 days. They do a mini physical exam. You must be off an antibiotic for 48 hrs. before you can donate. Every two seconds someone is in need.

	<b>Doctor to Doctor #106</b>	<b>28:30</b>	<b>20:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>1/09/07</b>	<b>11:30PM</b>
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**Dr. Dean Mausolf** talks about proper food portion sizes. Improper food portions are a main contributing factor to weight gain. We usually get bigger portions of meat; a regular serving size is about a bar of soap. One scoop of ice cream is proper; fruits juices

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are usually sold in larger portions than recommended. Watch portion sizes, watch calories and weight. **Dr. Paula Bickle** talks about maintaining eye sight. Eye tissue of the eyes is very fragile; free radicals in environment can harm the eyes; eat right, drink plenty of water; stay away from fluorescent light – unseen waves lengths damage eyes.

<b>Doctor to Doctor #108</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>1/16/07</b>	<b>11:30AM</b>
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**Dr. Scott Hannen** talks about auto-immune disorders– the body attacking itself. Sometimes the outcome and side effects of treatment can be horrific. Remove toxins – heavy metals; do a whole body cleanse, cleans colon on regular basis. **Dr. Tonya Lyons Anderson** talks about gum disease. Periodontal disease causes bad breath, teeth loosening, bleeding when brushing, spaces developing. Root Plaining is when we remove tartar from the root line, we can't cure gum disease but you can keep it from progressing. **Dr. Charles Adams** talks about obesity. You should have a BMI of 25 to maximize your health. He explained the health risks related to being overweight. He referenced a study on the eating practices of different cultures.

<b>Doctor to Doctor #109</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>1/23/07</b>	<b>11:30AM</b>
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**Dr. James Powell** talks about stress. Wherever you are at your weakest point, that's where your stress will settle and bring pain. Primary forms of stress – physical stress: back pain, arthritis, sitting or moving in the same position over and over; nutritional stress: food allergies, low blood sugar, chemicals; emotional stress: very common, try to work on relationships or other problems. **Dr. Dean Mausolf** talks about exercise – physical activity can be household chores, playing with children, walking at the mall. Consider flexibility – stretching. Strength exercise is weight lifting. Cardiovascular exercise gets your heart rate going. **Dr. Scott Hannen** talks about arthritis – joint inflammation. If you have arthritis, don't take an anti-inflammatory, it could damage your heart or kidney. Get your spine and body realigned. Take pork out of your diet and increase your water intake.

<b>Doctor to Doctor #110</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>1/30/07</b>	<b>11:30AM</b>
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**Dr. Randy Burden** talks about cholesterol as being an important building block to building cells. LDL (bad cholesterol) should be below 70 and HDL (good cholesterol) should be 40 mg per deciliter; Triglycerides should be under 150 mg per deciliter. Decrease the amount of animal fats, use olive oil to cook, use low fat milk and cheese to lower LDL levels. **Dr. Charles Adams** talks about Osteoporosis. Bones are building from 0 to 20 years and plateaus between 20 to 30; after 30 years the bones begin to decline. Exercise helps to build bone, calcium help bones; Vitamin D deficiency causes Osteoporosis. **Dr. Valerie Saxion** talks about

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sugar. Average American eats 200 lbs a year of white processed sugar. Stevia is a good sweetener – it increases the immune system and helps fight off cancer. She lists several bad sweeteners giving an explanation of their side affects.

<b>Doctor to Doctor #111</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>2/06/07</b> <b>3/13/07</b>	<b>11:30AM</b> <b>9:30 AM</b>
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**Dr. Dale Peterson** talks about the rules of dieting. Keep your diet colorful, eat food edible at room temperature, and avoid refined white sugars, grains and foods with preservatives. Shop on the outside of the grocery store, look for foods in good oils (olive oil, fish oil) and keep meat portions to a minimum. **Dr. Chimene Fikkert** talks about overweight and nutrition in children. Overweight is a BMI greater than 85%; children aren't exercising and portions are too large. Complication of being overweight is diabetes (lack of insulin) and cardiovascular disease. Make different food choices, exercise on a weekly basis. **Dr. Scott Farhart** talks about infertility. Low sperm count or no sperm, hernia, testicular surgeries all can cause infertility. Damage to fallopian tubes or cervix can cause it in women. Tests can be done to test semen levels in men and other sources of damage. Decreasing weight and medication can treat infertility.

<b>Praise the Lord #31507</b>	<b>1:57:00</b>	<b>1:30:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>3/15/07</b> <b>3/16/07</b>	<b>9:00PM</b> <b>4:00PM</b>
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Host Paul Crouch, Jr. talks with **Dr. Valerie Saxion, N.D.** We need to eat for energy. Water even helps regulate blood pressure and gives us energy. We want to flush with water; do some type of exercise. Supplementation is everything. We have to cleanse the body. Not just a water-fast but doing it correctly. In many cases being overweight is healthier than any of those other things. **Dr. Jordan Ruben, M.D.** Women are concerned about the bone health and want to prevent osteoporosis; Breast cancer – they want to know about hormones and menopause and Hormone replacement therapy. Cod liver oil is the best supplement; it will help the risk of cancer and autoimmune disease. Increase your fiber intake eating berries and green vegetables and healthy whole grains. **Dr. Peter Malouf** is a board certified dermatologist talks about skin disorders. Diabetes, hypertension; Autoimmune disease can manifest in the skin. You do need a certain amount of sunlight and warmth daily to convert vitamin D. He talks about and explains three most common skin cancers: Basal Cell Carcinoma, Squamous Cell Carcinoma and Melanoma which is potentially lethal. Avoiding having your skin checked can mean your life. **Dr. Joe Christiano, M.D.** talks about a recent study we found some of the blood types had a greater propensity of experiencing diseases earlier in life. The reason was the way they responded to the food they are eating at a chemical level. He explains and gives examples for type O and A. **Dr. Ted Broer, M.D.** talks about prescription drugs medication - A lot of people are dying from the drugs they are being given. He talks about a new sleeping pill that is harmful, and the harmful affects of aspirin and Tylenol. Dr Broer lists the top ten foods never to eat and gives

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some healthy alternatives. **Dr. Lorraine Day, M.D.** - Doctors all know that certain things cause cancer. Yet doctors are taught we don't know what causes cancer. Cancer is not caused by deficiency of chemotherapy and radiation. Both of them cause cancer. Animal products actually increase the risk of cancer and cause tumors to grow. Exercise will actually reduce a woman's risk of breast cancer by 66%. Drink plenty of water - sunlight reduces the size of internal cancerous tumors.

### EDUCATION

<b>JOY IN OUR TOWN#318</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>1/05/07</b>	<b>12:00PM</b>
					<b>1/08/07</b>	<b>10:30AM</b>
					<b>1/11/07</b>	<b>2:30AM</b>

Host Michelle Gustafson introduces Karen Kerr, from Even Start in Bartlesville and Diane Beal from TU. Early education is extremely important. A lot of parents have dropped out of school because of pregnancy and through the program they see that education is important. Through a learning experience through the child, they see the child is learning. A lot of parents don't know to play with their children. Reading to their child and playing with the child is important. Stretch out conversations, parallel talk. Get them talking about the truck they are playing with. Diane said in her graduate work they found low-income families didn't have that extended conversations with their children and their vocabulary scores were less. The parents are learning to talk with their children. There is vocabulary words that the parents use at the table, at home...Diane said middle-class families work to talk to their kids all of the time, in many low-income families they don't necessarily do that sort of talk. Some cultures believe talking to their kids isn't very helpful so they don't talk a lot. Other times it's a single parent family, so they don't see each other very much.

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					<b>1/15/07</b>	<b>3:00AM</b>
					<b>1/18/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Heather Hodges from Garnett Bilingual Preschool. Benefits are cultural awareness, later on in life they get higher test scores and learn to read sooner. They are great problem solvers. Job opportunities open up for them later on,

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travel more in the job market...so there's a lot of reasons to introduce your child to a second language. Studies have shown that children learn the best from 0-6 when their brain is most receptive to linguistic learning. By the time your child is 6 months old, a baby can hear and distinguish between every sound in the human language. If a child is introduced to a 2<sup>nd</sup> and 3<sup>rd</sup> language when they're very small they are more likely to retain the language as opposed to high school or college.

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					<b>1/22/07</b>	<b>3:00AM</b>
					<b>1/25/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Lisa Riley from Bartlesville and Jessica Miller who shares about home schooling. Lisa says a lot of parents have an initial fear that they won't be able to educate their children but that's a mistake to let that overpower you. You're going to always want what's best for them, but what you teach them one on one is going to be at least equal or out weight what they'll receive in a classroom of 20 or 30 students. Jessica enjoyed the flexibility and was closer to her family because of homes schooling. She could move at her speed especially when she was learning to read and she could move faster than if she wasn't home schooled. She could do varied activities and her schedule was a lot more flexible.

<b>JOY IN OUR TOWN#326</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>3/02/07</b>	<b>12:00PM</b>
					<b>3/05/07</b>	<b>10:30AM</b>
					<b>3/08/07</b>	<b>2:30AM</b>
					<b>3/29/07</b>	<b>3:00AM</b>

Host Michelle Gustafson interviews Supt. Of Bartlesville Public Schools Dr. Gary Quinn...many things have changed in education. Our children are different, our expectations of government leaders are different. Students come with different disabilities, more special needs then ever before, more difficulties with children as far as paying attention and learning. We adjust to how the children come to us. Many come from a home where education isn't as valued as it was in the past. Poor parenting skills, broken families, deficient vocabulary-makes it hard for them to be a reader. Those early years at home are critical in a child's development. The brain connections medically-there's no other time in their life that that happens. Create a rich environment, learning toys really help them to develop them to be a learner and reason through things. Read. Read. Read to your child. Quiz your child in the car as you're driving somewhere. It's a real challenge for school districts to meet children with disabilities' needs.

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The schools are more aware of those needs. There is a great expense with the therapists etc. they need to hire to provide the services to those students. The government has not come close to the 40% they said they'd help in funding. It's been about 13%.

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Michelle Gustafson interviews Maura McDermott. Kerr Center for Sustainable Agriculture and Chris Kirby for the Farm to School Act...They saw the health of the kids, trying to get access to fresh fruits and vegetables...the epidemic with obesity. The program is holistic, it's also hands on learning that you can tie in gardening, nutrition, farm visits...a link back to gardening and agriculture. If a child can taste and feel, it they'll try it. They get excited about it and they discover that they like it. There is so many different education curriculums you can tie around it: math, nutrition, science, reading... They can do a science project on how they got a seedless watermelon. It engages the kids in the whole process. Kids don't have the exposure to fresh fruits and vegetables. Only 15 percent of Oklahomans eat 5 or more fruits and vegetables again. Only 25% of 5<sup>th</sup> graders do. There is really a need for healthy food in the schools and to improve their eating habits.

<b>700 Club #021507</b>	<b>1:00:00</b>	<b>7:00</b>	<b>REC</b>		<b>PA/O/E</b>	<b>2/15/07</b>	<b>2:00PM</b>
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Erick Stake beck CBN News reports - What if terrorists could steal your credit card information online? Or hack into a U.S. government website to remove their names from a no-fly list? Even steal U.S. military and national security secrets? These may sound like scenarios straight out of the hit show 24, but for a growing number of rogue regimes, third-world economies and terrorist groups, the prospect of attacking America electronically is all too real. Andrew Clark is a cyber security expert and author of [Cyber Terrorism: Political and Economic Implications](#). Clark said, "Countries such as Peru, Iran, United Arab Emirates, Saudi Arabia, Croatia, Vietnam -- there's a large litany of them -- have been actively attacking our power and utility infrastructure, they've been attacking our financial systems -- going after our technology-based companies." Dr. Walid Phares is a terrorism expert and author of [Future Jihad: Terrorist Strategies against the West](#). He said, "They have concentrated over the past few years on creating a cyber-jihad war room. Many of their affiliates, not just in the Middle East -- including in the West, possibly in the United States -- have been focusing on trying to bring down Web sites, trying to break into security Web sites, and also possibly trying to wreak havoc in the financial part of this international Internet consortium." He told CBN News of a recent U.S. government warning that al-Qaeda is seeking to attack online stock trading and banking websites. The U.S. government says it's already

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taken measures to prevent such attacks. A spokesman from the Cyber-Security Division of the Department of Homeland Security told CBN News.

**ECONOMY**

<b>JOY IN OUR TOWN#320</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>1/19/07</b>	<b>12:00PM</b>
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					<b>1/25/07</b>	<b>2:30AM</b>

Host Michelle Gustafson introduces Jim Solomon of SCORE, Counselors to America's Small Business...A business plan is a road map to an objective. If you're going to have a business you want certain accomplishments with your products or services and this lets you spell it out. It forces the writer of the plan to specifically describe his product/service, how he plans to market and who his competitors are and how much money it's going to take to start. You'd be amazed at how many businesses start without this. If you have a poorly written plan you can be in real trouble. Many people lose everything they have. Spend two years of their time, their marriage broke up, don't see their kids very much and it's totally unnecessary. 75-80% of all small businesses fail in the first two years and that's why it's hard to get start up money. A research firm surveyed people who had failed. The number one reason was lack of a business plan and insufficient capital. People start having no idea of what it's going to take to operate that first year. How are they going to get through that period if they haven't planned it out? Expanding a business can create additional financial pressures. Everyone should do several business plans. We work closely with the Tulsa Economic Corp. They want a business plan before they even talk with you.

<b>JOY IN OUR TOWN#321</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>1/26/07</b>	<b>12:00PM</b>
					<b>1/29/07</b>	<b>10:30AM</b>
					<b>2/01/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mike Neal, of Tulsa Metro Chamber. This is a city and region on the verge of taking off to the next level. The recent economic numbers, job growth and the new businesses-we're clearly moving in the right direction. The numbers speak for themselves. Economic development you want it to be slow, constant, steady growth and to have a good buzz and momentum from new businesses, new corporate head quarters. You want to build this momentum. We need to know what the river development plan should be. In economic development, beauty and quality of life is some of the things you sell. Oklahoma's image is dry, barren, not a real green area, so we want to enhance that image-beauty, greenness and water does a lot to enhance that. Cities across this country that have opened up and developed and taken advantage of the beauty of a river are cities that

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have done well economically. It also helps in recruiting for conventions, tourists, new businesses and new corporate headquarters to bring jobs and bring people, having a beautiful river is a nice asset to have.

<b>JOY IN OUR TOWN#323</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>2/09/07</b>	<b>12:00PM</b>
						<b>2/12/07</b>	<b>10:30AM</b>
						<b>2/15/07</b>	<b>2:30PM</b>

Michelle Gustafson interviews David Blatt of the Community Action Project (CAP). State of Working Economy of OK Report- Oklahoma has enjoyed prosperity over the years but at a household level the benefits haven't been felt. Many people have been left behind. The average wage of a worker has stagnated for the middle income family. Real wages has remained flat. Essential needs/costs have gone up i.e. gas prices, health care costs, higher education, utility costs have created a squeeze. Oklahoma ranks 10<sup>th</sup> of a percentage of families where they don't make enough to meet their basic needs. \$33,000 is what a family of 4 needs to make it. Health care costs continue to increase and take from the family budget. We are 4<sup>th</sup> in the nation of a percentage of Oklahomans that don't have insurance-19 percent. One illness or accident away from financial ruin or bankruptcy. Oklahoma is first in hunger, #1 in the nation...food insecurity. One in 5 children live in poverty to Oklahoman's shame and the shame of the nation. \$17,000 a year is poverty rate. This creates real difficulties and strain on families, schools, and neighborhoods and communities. Five recommendations to improve economic security: Expanding health ins. Coverage, promoting college saving program, additional protection on pay-day loans (increasing debt), expansion of quality of early childhood education to break out of the cycle of poverty.

<b>JOY IN OUR TOWN#325</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>02/23/07</b>	<b>12:00PM</b>
						<b>02/26/07</b>	<b>10:30AM</b>
						<b>03/01/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Chad Settle of Sustainable Tulsa Green Country...connect local communities so they are more productive and self sufficient. The importance of making local purchases-the multiplier affect. When a purchase is made to a firm a portion of the revenues goes to the owner and the employees of the firm and both have the opportunity to spend that money again. So the eventual impact on the economy ends up being greater than that initial purchase, hence the multiplier affect. What would happen if the expenditures were made out of state or on the Internet. The money is immediately flowing out, not to return. Second, if the purchases were made locally but with a national corporation/chain in that instance a portion went to the employees could be reinvested, but the owners would be taken and used outside the area...so the benefit is less. But if we make these

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expenditures owned and operated by local owners and employees we get the biggest return. Another benefit is these small businesses especially these small farms can't withstand one or two years when they are losing money, they'll go under. Larger corporations deal with loss better. Another benefit is transportation and energy resources. Most of the fruits and vegetables are produced on the coasts, and for us here it has to be shipped to the Midwest so vast amount of energy is spent in energy. In the US it takes 1,000-2,000 miles of transportation to get the food to us in the Midwest. As a society, we need to recognize our individual actions make an impact. If we buy fresh and locally produced goods, the stores will respond and make more purchases locally themselves.

<b>JOY IN OUR TOWN#330</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>2/23/07</b>	<b>12:00PM</b>
						<b>2/26/07</b>	<b>10:30AM</b>
						<b>3/01/07</b>	<b>2:30AM</b>

Host Michelle Gustafson introduces Mickey Thompson, of Broken Arrow Chamber of Commerce...Business is very good right now. Most everyone needs more employees then they have. It's a workforce issue that is common place across the country particularly in this area. It's a matter of numbers, more jobs than people. We need to prepare people for work, we have a tendency to send people to college but not most jobs require college degrees. There is a lot of manufacturing jobs and other jobs that pay as well or better than those that have college degrees like skilled jobs, running a machine tool, or welding...It's all about hirer paying jobs. But in general, people can pay attention to their own city. We lose an awful lot of income from stores in Tulsa...Sales tax is what cities thrive on and build parks with, roads, support police and fire dept. with. A basic thing is for people to buy this at home. Support where you live. Enjoy and appreciate where you live. We need everyone in our community to talk positively about our community.

<b>700 Club CBN Newswatch #021207</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>2/12/07</b>	<b>2:00PM</b>
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Paul Strand CBN News reports from the Federal Reserve that recently the American dollar fell to a two-year low against the Euro. Economic giants like China and Japan have traditionally put their massive savings into safe havens based on the dollar - like U.S. government securities. China has the world's largest reserves -- more than one-trillion dollars worth. But what if the Chinese get worried the greenback might start plunging in value? Or they can get a better deal elsewhere? Economic consultant Morgan Grace said, "They might want to perhaps find another currency in which to place their valuable reserves." China's premier hinted they might be thinking along those lines last month when he said they may consider diversifying away from the dollar. And the

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equally cash-rich oil producing countries a couple of months back started quietly shifting some of their holdings from dollars into euros. The more the interest rates go up, the more expensive it is for you to make monthly payments on a house or a car or any other thing you buy on credit. And because the dollar has fallen recently to near record lows against the Euro, there's a good chance it could fall even more in the months ahead.

<b>700 Club CBN Newswatch #022007</b>	<b>1:00:00</b>	<b>10:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>2/20/07</b>	<b>2:00PM</b>
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Pat Robertson talks with Gary Shilling an economic forecaster on the economic outlook. The most recent government statistics show a strong economy, with growth at 3.5 percent at the end of 2006. Gary Shilling is warning that there are storm clouds on the horizon. There is a surplus of goods – builders have built too many houses, automakers have too many cars and this tends to slow down the economy and they lay off their employees. Thirty-nine percent of building contracts for houses are being cancelled and the houses are going into inventory. The housing market has declined; many that lent money in this area have already gone bankrupt. Those that took an interest only mortgage will be in trouble soon. Since October 2005 house prices have been declining and they are not appreciating as most thought. Speculators who bought two or three houses as an investment are not stuck with them and they are losing money. This gives us an economic down turn.

<b>700 Club CBN Newswatch #032607</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>3/26/07</b>	<b>2:00PM</b>
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Charlene Israel CBN News - Millions of Americans are tempted into getting quick cash from what's known as payday loans or quick tax refunds. But that temptation can lead to a debt trap that's almost impossible to escape. Payday lending is big business all across the country. Neil Walsh, a consumer advocate with Sowers of Justice, said, "It's a multi-billion dollar industry. There are more payday lending stores than there are McDonald's." Critics say the loans are almost criminal. That's because over the course of a year, the fees often add up to triple-digit interest rates -- even more than 1,000 percent in some cases -- a practice labeled "predatory lending." Walsh said, "The rate is what is so totally unacceptable. Because it is what causes the debt trap, and as long as there is a high rate that prevents people from paying the principal and can barely pay the interest level, they will not retire the debt." Another shortcut to cash comes in the form of "instant" tax refunds, offered by many tax preparation companies. And the latest predatory lending practice is growing in popularity. Walsh said, "'Car title lending' is the next generation of payday lending." A dozen states have banned payday lending, with several others considering tighter restrictions. President Bush also recently signed the National Defense Authorization Act, which includes an interest rate cap of 36 percent for payday loans made to military personnel. But many say the law doesn't go far enough. The bottom line is, consumers need to be financially responsible.

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ENVIRONMENT/ PUBLIC SAFETY	JOY IN OUR TOWN#322	28:30	13:00	L	PA/O	2/2/07	12:00PM
						2/5/07	10:30AM
						2/8/07	2:30AM

Michelle Gustafson interviews Chuck Kerns of Washington County Red Cross in Bartlesville. We don't have control of when a disaster will strike and it can start without warning. Wild land fires for example, there isn't a good way to "warn". So you want to be able to shelter in place or go to a shelter to take provisions with you. Winter weather is the big issue-we don't know a foot of snow may turn into 15 foot snow drifts and you're trapped in your house. You need those provisions set aside so you can survive loss of electricity, communication until help can come. Have a designated place to keep your stuff in a central location. Non-perishable foods, water-one gallon per person for 3 days, utensils to open the canned items, plastic silver ware, blankets, pillows, rotate batteries for flashlights, towels, keep extra changes of clothes, emergency contact numbers-in state and out of state.

JOY IN OUR TOWN#325	28:30	13:00	L	PA/O	2/23/07	12:00PM
					2/26/07	10:30AM
					3/01/07	2:30AM

Michelle Gustafson interviews Corey Williams of Sustainable Tulsa...How we relate to the land, we need to consider that as we decide to build, renovate and what those choices mean. As we keep building out, we're taking the land away from something or someone. Infilling is building in the same area where there is already something, you're upgrading and using resources that are already there. You save some of the character, say for instance, downtown. Revitalize those core areas and we preserve the character and history of this community. Tulsa has been close to the dirty air list and we want to stay off of it. The air quality is affected the the industries and the cars we drive. We have choices: walk, ride a bike, ride share or car pool. These are ways to drive less. Buying locally is a great way to describe sustainability. It's easy and fun. If you buy locally, you have the opportunity for fresher, healthier...and you save on the resources, expenses of the "food miles". How close is your food produced? Recycling: You can be a part of the curbside recycling program, and there is also depots throughout the area. Household pollutants are taken twice a year: mercury, prescription drugs, batteries, paints...making choices and they have less impact on the environment. There are limited resources out there but looking at our resources with respect and how to manage it so it's good for us and the rest of the environment.

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	<b>JOY IN OUR TOWN#326</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>3/2/07</b> <b>3/5/07</b> <b>3/8/07</b>	<b>12:00PM</b> <b>10:30AM</b> <b>2:30AM</b>

Michelle Gustafson interviews Dr. Richard Shaughnessy and Dr. Estelle Levetin of University of Tulsa. In the 70s we had an energy crisis and with that we tried to conserve energy by tightening our buildings and having less ventilation and at the same time we had the same chemicals, carpets, adhesives, hobby products and those accumulate in the homes...and we increased our moisture developing appliances i.e. dishwashers, washing machines. "Sick Building Syndrome" or "Building related illness" was coined. School buildings across the country aren't ventilated well. If you have mold in a building, of course, you can have people allergic to the mold i.e. sneezing, hay fever or more serious asthma. These can occur in the home from mold build up. There are non specific symptoms: nausea, fatigue and people not able to function. This affects absenteeism, productivity and people's general ability to function. There is a minimum amount of outdoor air that should be provided by mandated space. In schools it is not mandated as such but it's important for the performance for the students and teachers. Humidifiers add more moisture to the home but the moisture can lead to more mold problems in the home. In winter, cold floors and cold windows...and high humidity indoors you'll have moisture on the windows, but the same thing could be happening in your carpet. If you have allergies it's best not to have carpet. Allergies are directly attributed to the fungi or bacteria or dust mites that thrive on high humidity and translate to poor health. Reduce moisture levels to your home. If you can maintain carpet it's a great thing, but you don't properly maintain it. There are a lot of air cleaners that simply aren't affective but add by products to the environment that aren't healthy. Buy an air cleaner called the clean air delivery rate. Avoid products that generate ozone. Air filters in your homes-MERV. Minimum Efficient Reporting Value-anything greater than 10 is great. Change these 3-4 months. They cost more but you're protecting the occupants of the home.

	<b>JOY IN OUR TOWN#328</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>3/16/07</b> <b>3/19/07</b> <b>3/22/07</b>	<b>12:00PM</b> <b>10:30AM</b> <b>2:30AM</b>
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Michelle Gustafson interviews Michael Patton of Metropolitan Environmental Trust... About one in 5 Oklahomans recycle. Two out of 5 over the age of 50; and 1 out of 10 under 35 recycle. We haven't caught on here in Oklahoma regarding recycling. However, manufacturers use recycled materials. Tulsa and Oklahoma is blessed with a lot of wide open space for trash. Homeless live off

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recycled cans. A recycled pop can saves enough energy to run your TV for two hours. Paper and batteries are most important to recycle...it's very valuable. Batteries are really dangerous, they burn it and you breathe in that acid rain. Tree planting provides shade, keeps cooling costs down in the summer time and heating costs down in the winter and they're a great habitat for birds etc. Ozone is very harmful to humans especially those with asthma. Tulsa has an ozone issue because we have summers when the wind stops. If we fail and go on the dirty air list the price of fuel goes up. Start with a few items to recycle. Learn what can be recycled. Pay attention before you buy it. You can make a difference Trash is just ugly, it's not dangerous, but what kind of legacy are we leaving if we leave these mountains called landfills.

<b>JOY IN OUR TOWN#330</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>03/30/07</b>	<b>10:30AM</b>
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Michelle Gustafson interviews Karen Weldin of Save Our Water/Lake Eufaula...2700 people live around the lake. It's the largest, man-made lake in the state and touches 7 counties. The three counties most of the lake is on is about 75,000 people. There's 600 miles of shoreline around the lake and it has 120,000 acre feet of water. It's the backbone of the economy. People don't stop to realize just the amount of dollars to recreation and tourism, the town itself, businesses are created that depend on that lake maintaining itself. People come in and spend dollars on retail, transportation, jobs, food, boating sales...there's a ripple affect that goes off across the state. It affects gasoline, vehicle sales. The fishing industry is affected. Recreation and tourism is over \$100 million dollar industry in our state. Property values would go down if the lake does down or wasn't there. They are maintaining the water quality of the lake by training volunteers to test the water. The sedimentation of the lake is very good according to the Corp of Engineers report and it's not silting in as fast as they thought it would. Lake Eufaula helps grow the economy. If the lake level is up the economy goes up.

<b>700 Club CBN Newswatch #011007</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>1/10/07</b>	<b>2:00PM</b>
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Erick Stakelbeck CBN News reports - What if terrorists could steal your credit card information online? Or hack into a U.S. government website to remove their names from a no-fly list? Even steal U.S. military and national security secrets? These may sound like scenarios straight out of the hit show 24, but for a growing number of rogue regimes, third-world economies and terrorist groups, the prospect of attacking America electronically is all too real. Andrew Colarik is a cyber security expert and author of [Cyber Terrorism: Political and Economic Implications](#). Colarik said, "Countries such as Peru, Iran, United Arab Emirates, Saudi Arabia, Croatia, Vietnam -- there's a large litany of them -- have been actively attacking our power and utility infrastructure, they've been attacking our financial systems -- going after our technology-based companies." Dr. Walid Phares is a

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terrorism expert and author of [\*Future Jihad: Terrorist Strategies against the West\*](#). He said, "They have concentrated over the past few years on creating a cyber-jihad war room. Many of their affiliates, not just in the Middle East -- including in the West, possibly in the United States -- have been focusing on trying to bring down Web sites, trying to break into security Web sites, and also possibly trying to wreak havoc in the financial part of this international Internet consortium." He told CBN News of a recent U.S. government warning that al-Qaeda is seeking to attack online stock trading and banking websites. The U.S. government says it's already taken measures to prevent such attacks. A spokesman from the Cyber-Security Division of the Department of Homeland Security told CBN News.

**SENIORS**

<b>JOY IN OUR TOWN#321</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>01/26/07</b>	<b>12:00PM</b>
					<b>01/29/07</b>	<b>10:30AM</b>
					<b>02/01/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Dr. Jerome Solow visits seniors in senior citizens homes and the mouths he sees are neglected mouths with missing teeth, broken teeth, untreated. Preventative dentistry-the plague on the teeth are like ants that make a coat on your teeth. If that's left intact it's like ants or termites on the teeth and along the gum line. It causes diseases, by going into the blood stream. The teeth must have this organized bacteria disorganized once a day so it can't cause the harm. He said many seniors don't have the will or mental capacity to take care of their teeth so the mouth is a garbage can. Nursing homes don't have enough caretakers. His solution is dry brushing along the gum tissue to break up the bacteria. In 10-12 days they'll turn pink, healthier and they'll feel better. Utilize one person to spend 30 seconds per patient. This is a very simple solution for a very important problem.

<b>JOY IN OUR TOWN#322</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>02/02/07</b>	<b>10:30AM</b>
					<b>02/05/07</b>	<b>10:30AM</b>
					<b>02/08/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Holly Thompson of St. John Siegfried Health Center 49% of falls occur in the home. 50% may go home but the rest may go to assisted living or nursing homes. Reducing falls is significant. Vision is a big part of balance and

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deficits can occur and aging processes go on, receptors in our feet and if they have diabetes or a neuropathy in their feet and they can't feel the ground that leads to problems. A sedentary lifestyle and decreased strength is a problem. Join a gym or a facility that has a special program for seniors. If you're not challenging your balance it's going to suffer as well. Go from room to room and observe in your home, make sure spills are cleaned up right away, I tell people to get rid of their step stools, put things where they are easy to reach, throw rugs are a big deal and as you get older you can hook a foot under it. Look for electrical cords that you can trip on. Sitting on surface where it's easier to get out of--pets, small dogs/cats that stay at people's feet.

<b>JOY IN OUR TOWN#324</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>02/16/07</b>	<b>12:00PM</b>
					<b>02/19/07</b>	<b>10:30AM</b>
					<b>02/22/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Carol Stewart and Dr. Mark Medlin of the OK State Medical Center. As individuals begin to age there are things that happen to them that may not happen in an earlier age. One is cognitive decline and losses in memory and ability to function and the other is depressive disorders that may start later in life. Depression can cause memory problems as well as infections and other illnesses. One of the complicating factors with depression as it can co-exist with medical conditions like heart disease etc. You are more likely to have a depressive episode and it's higher with older people. Memory loss can occur as a result of depression. Treat it and they respond well, treat the illness and then the depression. Prevention: increase their level of activity mentally and physically. Walk more and do things like that. Socialization and interaction with other people and reading to keep mentally alert and do jig saw puzzles. Reminisce about their history with family members. Encourage them to do their hobbies. Most doctors are going to adjust medications according to the age of the patient. Multiple medications...interactions can become higher and higher. 20% is interaction of medications. Communicate the medications you are on to your doctor. Most people won't take their medications as prescribed and adding age they have difficulty doing this.

<b>JOY IN OUR TOWN#327</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>03/09/07</b>	<b>12:00PM</b>
					<b>03/12/07</b>	<b>10:30AM</b>
					<b>03/15/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Ashlee Elmore of Elder Care in Bartlesville... Identity fraud is prevalent to seniors today. It's so easy to begin to fail as a senior, to get sicker frequently if you're not maintaining the socialization. They must remember when they were younger, but once you've retired, you start to convince yourself to start staying in more. That's a big myth. We give them

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reasons to get out of the house and have fun things to do, I can still volunteer and play a part in the community. Half of all America's fraud is targeted towards seniors. That's because they're sweet, they trust you. Seniors may get a phone call or knock on the door, or mail and those are the main targeting ways they prey upon the senior community. They'll use key words to target the seniors. Seniors need to protect themselves. If they receive a phone call they should ask to call them back and tell them they want to learn more about their organization. Seniors are trusting but there's so many new developments that they feel behind...so they may play along so they don't seem uninformed.

<b>JOY IN OUR TOWN#329</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>03/23/07</b>	<b>12:00PM</b>
					<b>03/26/07</b>	<b>10:30PM</b>
					<b>03/29/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Sue Ann Ryan of Broken Arrow Seniors to talk about senior issues. Anyone should stay active and just because you get silver hair and grow soft doesn't mean that our minds have given up. As we get older, we cherish relationships even more because we do get lonely and lose friends and our family...it's important to have a place to come to make new friends, play with their old friends, and get their exercises. Winter is very hard on older people because they're shut in and all alone and a lot of them don't drive anymore. Seniors are healthier as we grow older, the baby boomers. It's as important for men and women to stay busy. It's not good to go into retirement and shut down. Get involved. Mentor younger people anything to get the mind going and get the body to exercise. Seniors' metabolism slows down and they begin to put on weight, muscles atrophy bones melt down; on the outside it's not much fun to grow old. A good nutrition program is important-eat the right kinds of food. As we get older we seem to not pay attention to that very much. It may be an economic issue as seniors live on fixed income and don't have a lot of money to buy good food and spend it on medications instead.

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# Trinity Broadcasting Network

## *Quarterly Report*

April, May, June 2007

KDOR-TV 17/KDOR-DT 15 BARTLESVILLE, OK

Ascertainment List

Leading Community Issues

*Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.*

Youth

Education

Family

Health

Drugs/Alcohol Abuse

## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
<b>YOUTH</b>	<b>JOY IN OUR TOWN#331</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>4/05/07</b>	<b>2:30AM</b>
						<b>4/07/07</b>	<b>1:00AM</b>
						<b>4/20/07</b>	<b>3:30AM</b>

Host Michelle Gustafson interviews Dr. Gary Quinn, Bartlesville Public Schools Superintendent. Our students are more technological savvy so their attention span is shorter so that's a real challenge for teachers. They can't stand up and lecture for 50 minutes. We'd added technology to the classroom so that's helped. All of us learn a bit different so it's important to learn the learning style of each student to make sure each student is successful and to not leave any child behind. Pressure is a problem and so we've tried to align students with adults to mentor them. They need someone to tell them it's ok and that they are believed in. They start very young to teach kids to stay away from drugs and alcohol. They have drug education and drug testing for the athletes. A lot of it is awareness at the school level. It seems the students have moved to harder and harder drugs and have to remain vigilant to have the children make right choices.

<b>JOY IN OUR TOWN#332</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>4/16/07</b>	<b>10:30PM</b>
					<b>4/19/07</b>	<b>2:30AM</b>
					<b>4/20/07</b>	<b>3:00AM</b>
					<b>4/26/07</b>	<b>3:00AM</b>

Host Michelle Gustafson interviews Scott Wanzer, detective, Tulsa Police Dept. The internet in itself has made the opportunities for predators easier. The explosion of the social networking sites have allowed them to scan profiles. A lot of profiles have way too much details. The National Center for Missing and Exploited Children have said 1 in 7 children have been solicited sexually online. The more general the profile the better. Less specifics are safer. First name only, I'm in high school as opposed to where and so forth. We recommend to not have that perfect beautiful picture posted, but take a group shot so they aren't sure which person is you. Parents often are intimidated by computers, so we encourage schools and libraries to read brochures on the overview of the Internet. Keep the computer in a high-traffic area for accountability. We do encourage parents to read their email messages to asses their children's friends on the Internet. You need to observe. We encourage parents to have a good relationship with their children, keep the line of communication open. The context of these guys are good. It's a romantic relationship. These con artists are good, they manipulate our kids and they are very impressionable. They get in chat rooms and

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they are bombarded by those that want to talk about sexual activity. The predators that take time to develop relationships are the one to look for.

<b>JOY IN OUR TOWN#334</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>04/27/07</b>	<b>12:00PM</b>
					<b>04/30/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Gina Taylor, Sixth Grade Principal for Union Public Schools because of more parents working I've seen a drop in parent involvement. If it's just one parent, but unfortunately if you get too many parents thinking way, than we have to come up with how we're going to go above and beyond and we know parents have to make a living and we have to reach the community to get involved and students need someone to mentor them. They used to have more parent volunteers in after school programs but this has been more and more difficult. The affect on the student is they're not held as accountable as they were in the past. We have to find encouraging and rewarding ways through the school system because mom and dad aren't home in the evening when it's time to have dinner etc. Parents are exhausted and they're not following through with homework etc. There's a lot of different elements to after school time. For every child this is critical. It's essential to have some type of engaging activity for a 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grader because what happens is they draw distant if no one is home and no one holds them accountable and there is too many pulls in the world. The peer pressure is insurmountable. It's not just about homework but about students taking ownership in their education and taking pride in what they do. Any student that is involved in volunteering somewhere in some activity is very critical.

<b>JOY IN OUR TOWN#335</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/04/07</b>	<b>12:00PM</b>
					<b>5/07/07</b>	<b>3:00AM</b>
					<b>5/10/07</b>	<b>2:30AM</b>
					<b>5/30/07</b>	<b>3:00AM</b>

Host Michelle Gustafson interviews Michael W. Brose, MSW, Executive Director, Mental Health Association in Tulsa. We take our mental health for granted. Just like our other parts of the body, we also have mental illness. It's like any other illness. The brain is a very complex organ and sometimes it doesn't work right and it manifests into mental illness and comes in different diagnosis. There are different types of mental illness: depression, bipolar, post traumatic stress disorder, anxiety disorders etc. Cutting is associated with depression. Cutting has been around forever. The frequency of it has grown exponentially over the last 10-15 years. It's talked about more and more accepted and out in the open. It's almost at epidemic proportions. We don't want to ignore

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this or discount it. There's not one simple answer. Adolescence in our culture is a very difficult time. Each generation seems to get more difficult. These kids have a lot of options, choices, their lives our complex and the drive to be popular and pretty and thin etc. the pressures that kids are under is cultural. Cutting is ultimately associated with pain. We need to figure out a way to join with them and help them to express their pain or their numbness. To talk to others and understand it better themselves. As parents the kids go into adolescents and they don't talk to parents anymore and this is a normal part of development but we as parents want to believe that if they could just talk to them but sometimes that's not enough.

<b>JOY IN OUR TOWN#338</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/25/07</b>	<b>12:00PM</b>
					<b>5/28/07</b>	<b>5:00AM</b>
					<b>5/31/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Jessica Hawkins, Prevention Program Manager, OK Dept. of Mental Health & Substance Abuse Services and Phil Lowe, Youth Services of Tulsa. Youth suicide is a serious problem in our state and is the 2<sup>nd</sup> leading cause of death in youth ages 10-24. In surveys of high school students, last year, they found 15% of students had thought of attempting suicide. Many display warning signs but people don't recognize them. Symptoms: down or sad, changes in sleeping patterns, feelings of hopelessness, loss or guilt, increases anxiety, anger, lose interest in things they like to do, hard to stay focused, self harming behaviors like cutting and then thoughts of suicide. When you see these signs it's serious. It could be depression or suicide. This is a call out for help. Ask people directly if they've thought of suicide. 60% of youth that have committed suicide have visited a doctor. A lot of doctors don't know signs of depression or suicide. So they are conducting training with nurses and doctors to recognize warning signs, questioning a patient and how to referral.

<b>Doctor to Doctor #125</b>	<b>28:30</b>	<b>10:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>6/05/07</b>	<b>11:30AM</b>
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Dr. Chimene Fikkert talks about baby stuff. New parents can be overwhelmed with a new baby – there are a few things that are needed – a car seat, crib (laws regarding the slats), mattress (no gaps), bumper pads are not needed, baby bath tub is not necessary, bottles and nipples (glass or plastic), diapers, pacifiers (suckling is nurturing for babies beginning at 2-4 months), explains using pacifiers for replacing thumb sucking, nasal suction bulb (blunt tip is most helpful).

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	<b>700 Club CBN Newswatch #062607</b>	<b>1:00:00</b>	<b>6:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>6/26/07</b>	<b>2:00PM</b>

Paul Strand CBN News reports: Boulder High School, recently hosted a panel addressing the question of Sex, Teens, and Drugs. One panelist said, "I am going to encourage you to have sex and encourage you to use drugs appropriately. Why I am going to take that position is because you are going to do it anyway." "This really goes to the end of something we're seeing more and more," said Jim Pfaff of the Colorado Family Institute, "not only in this state but across the country, where kids are being encouraged to experiment with sex." Clay Jones of Second Glance Ministries says that even 10 to 14 year olds are becoming sexually active -- so many, the CDC for the first time ever is studying sexual disease rates among girls that age. "Those young women between the ages of 10 and 14 contracted more cases of Chlamydia than all the women between the ages of 40 and 50 put together." He said, "We're seeing young people seven, eight and nine years old beginning to act out sexually in ways we've never seen before." Dr. Gary Rose of The Medical Institute says that if parents can't trust the schools to teach abstinence, at least they can do it themselves. Rose said, "More than 90 percent of young adolescents and adolescents in general, want a very strong abstinence message from their parent ... And the problem is, so many of us as parents are uncomfortable talking about it."

	<b>Praise the Lord #31507</b>	<b>1:57:00</b>	<b>1:30:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>3/15/07 3/16/07</b>	<b>9:00PM 4:00PM</b>
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Host Paul Crouch, Jr. talks with **Dr. Valerie Saxion, N.D.** We need to eat for energy. Water even helps regulate blood pressure and gives us energy. We want to flush with water; do some type of exercise. Supplementation is everything. We have to cleanse the body. Not just a water-fast but doing it correctly. In many cases being overweight is healthier than any of those other things. **Dr. Jordan Ruben, M.D.** Women are concerned about the bone health and want to prevent osteoporosis; Breast cancer – they want to know about hormones and menopause and Hormone replacement therapy. Cod liver oil is the best supplement; it will help the risk of cancer and autoimmune disease. Increase your fiber intake eating berries and green vegetables and healthy whole grains. **Dr. Peter Malouf** is a board certified dermatologist talks about skin disorders. Diabetes, hypertension; Autoimmune disease can manifest in the skin. You do need a certain amount of sunlight and warmth daily to convert vitamin D. He talks about and explains three most common skin cancers: Basal Cell Carcinoma, Squamous Cell Carcinoma and Melanoma which is potentially lethal. Avoiding having your skin checked can mean your life. **Dr. Joe Christiano, M.D.** talks about a recent study we found some of the blood types had a greater propensity of experiencing diseases earlier in life. The reason was the way they

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responded to the food they are eating at a chemical level. He explains and gives examples for type O and A. **Dr. Ted Broer, M.D.** talks about prescription drugs medication - A lot of people are dying from the drugs they are being given. He talks about a new sleeping pill that is harmful, and the harmful affects of aspirin and Tylenol. Dr Broer lists the top ten foods never to eat and gives some healthy alternatives. **Dr. Lorraine Day, M.D.** - Doctors all know that certain things cause cancer. Yet doctors are taught we don't know what causes cancer. Cancer is not caused by deficiency of chemotherapy and radiation. Both of them cause cancer. Animal products actually increase the risk of cancer and cause tumors to grow. Exercise will actually reduce a woman's risk of breast cancer by 66%. Drink plenty of water - sunlight reduces the size of internal cancerous tumors.

### EDUCATION

<b>JOY IN OUR TOWN#331</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>4/05/07</b>	<b>2:30AM</b>
					<b>4/07/07</b>	<b>1:00AM</b>
					<b>4/20/07</b>	<b>3:30AM</b>

Host Michelle Gustafson interviews Lori McGinnis, Executive Director of Street School. As adolescence arrives, students for some reason become less excited for school. Teens today are experiencing lots of issues and struggles and sometimes school takes a back seat to that. If a parent can stay really involved in their child's life-monitor and know their friends and what they're looking on the computer and what they're reading. Each generation has it's struggles but student's today are involved with situations that are more for adults to handle. Some parents have had problems in school for lots of reasons so school becomes a scary place for them so when they're invited to the school it can seem overwhelming. The educators become this overwhelming experts and authority figures-we want our parents to be involved. Kids are going to find a group to belong to so that's why there is such a big gang problem. The No Child Left Behind-children love to learn but in last couple of years students are stressed about testing and preparing for the testing. There is pressure on the student's to do well. Schools are more accountable. She tells about the different teaching styles and how they look at how the brain works and how kids learn.

<b>JOY IN OUR TOWN#335</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/04/07</b>	<b>12:00PM</b>
					<b>5/07/07</b>	<b>3:00AM</b>

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						5/10/07	2:30AM
						5/30/07	3:00AM

Michelle Gustafson interviews Diane Horn, Phd, Director of Early Childhood Institute. Early childhood is defined between birth and age 8 and more research shows how important early learning is. The bottom line is early experiences really do shape later development; good experiences leads to a positive path and vice versa. Research looks at programs and talks about good programs and poor programs, one feature that's good is specialized knowledge and skills of the care provider. The more skills the care provider has the high quality of care for the child. We know that the earlier you start the better the outcome for the child. If the child has a disability, the earlier you can start intervention, the better the results. The field of early childhood special ed. is a growing field. There's a lot of emphasis on starting early for a child with a disability. A hallmark of a good program would be integrating with kids who are age-mates who are developing typically. The child is exposed to peers that serve as good models of appropriate behavior. Tulsa has so much to offer and Oklahoma was the first state to offer a rating system for child care quality and you can see how many centers your center has. Oklahoma was the first to design this system. Oklahoma is known for the program for 4 year olds and it looked like 70% of 4 years olds were enrolled in this program and Oklahoma has put some money into communities to fund expansion and enhancements for infant and toddlers. This is a new frontier for infants and toddlers.

<b>JOY IN OUR TOWN#336</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>5/11/07</b>	<b>12:00PM</b>
						<b>5/14/07</b>	<b>10:30AM</b>
						<b>5/17/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Dianne Martinez, Hoover Elementary School principal Classrooms are more positive learning environments we meet them better. Families are busier, lots of working mothers and students are involved in more activities. Character education, conflict resolution programs should be taught in the school as well. The schools have noticed kids feel respected, valued and cared for and safe. We teach conflict resolution skills and we have the peaceful playground program to teach them how to get a long and common set of rules for games and how to handle conflict. No tolerance for bullying. This helps the academic part be more successful. The pre-k and k in Bartlesville helps prepare children for school. Kids come with different levels of knowledge and experiences and some parents spend more time focused on this sort of thing. Education has become more differentiated to meet needs of the children. We're better at being more prescriptive in driving instruction. We know a child's strength and weakness as oppose to years ago. In Oklahoma there is the Reading Sufficient Act to provide extra help to the child make progress.

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	<b>JOY IN OUR TOWN#339</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>6/01/07</b> <b>6/04/07</b> <b>6/07/07</b>	<b>12:00PM</b> <b>10:30AM</b> <b>2:30AM</b>

Michelle Gustafson interviews Jennie Butterfield of Jane Phillips Elementary. So many children from an early age are never sat down with a parent and read to or even to look through the pictures of a book. They don't realize how much exposure that gives them. For those kids in a home environment and are getting exposure, excel that much further. It's a struggle for those you don't receive this. Even the simplest things like picking up a book and holding it is hard for them. From birth on expose them to books. The key to success is reading and those who don't have that struggle. Looking at the pictures and talking, they recognize different environmental things. Vocabulary is hugely different from those who have literacy in the home as opposed to those who don't. They communicate differently. With No Child Left Behind we're meeting great standards. It's difficult for younger children and the accountability for teachers is excellent, but sometimes it's difficult for teachers in the younger grades don't get to do as many of those because you're focusing on all the drills. They still need to learn this is how you wash your hands, or how to have manners.

	<b>JOY IN OUR TOWN#340</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>6/08/07</b> <b>6/11/07</b>	<b>12:00PM</b> <b>10:30AM</b>
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Michelle Gustafson interviews Tonya Davidson of St. John Medical Center, In the US childhood obesity is on the rise about 1/3 of our children are obese. Teaching healthy eating in the classroom. Children love to be a part of the process and they are more apt to eat those foods. It's a learning process. Families have to eat on the go so she's hoping to encouraging sitting down and eating at the table of the families. You should be able to walk in a day care center. There should be a day care license in the day care. Ask questions, what type of discipline actions do they take. Is there play time and other activities, lots of reading and outdoor play and exploring. Day care has a guideline for all ages in the day care. Infants 1-4, 3 year olds are one teacher to 12. Ask how many children and teachers are in a classroom. To know a daycare is probably not a good one is to look for a change in your child's behavior. If it's lasting all day and they don't want to talk about anything that's going on in school you should check into that. Ask them what their day was like. DHS has a program called reaching for the stars and that encourages all day cares to get accredited. Pushing for pre-reading is also helping. Parents need to read to their children and talk to their children. Spend as

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much time with your child as you can. Include the children with all that you do. They really want to be around the family as much as possible Get on the floor and play with them. IT makes the child feels important and a part of the family.

<b>700 Club #021507</b>	<b>1:00:00</b>	<b>7:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>2/15/07</b>	<b>2:00PM</b>
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Erick Stake beck CBN News reports - What if terrorists could steal your credit card information online? Or hack into a U.S. government website to remove their names from a no-fly list? Even steal U.S. military and national security secrets? These may sound like scenarios straight out of the hit show 24, but for a growing number of rogue regimes, third-world economies and terrorist groups, the prospect of attacking America electronically is all too real. Andrew Clark is a cyber security expert and author of [Cyber Terrorism: Political and Economic Implications](#). Clark said, "Countries such as Peru, Iran, United Arab Emirates, Saudi Arabia, Croatia, Vietnam -- there's a large litany of them -- have been actively attacking our power and utility infrastructure, they've been attacking our financial systems -- going after our technology-based companies." Dr. Walid Phares is a terrorism expert and author of [Future Jihad: Terrorist Strategies against the West](#). He said, "They have concentrated over the past few years on creating a cyber-jihad war room. Many of their affiliates, not just in the Middle East -- including in the West, possibly in the United States -- have been focusing on trying to bring down Web sites, trying to break into security Web sites, and also possibly trying to wreak havoc in the financial part of this international Internet consortium." He told CBN News of a recent U.S. government warning that al-Qaeda is seeking to attack online stock trading and banking websites. The U.S. government says it's already taken measures to prevent such attacks. A spokesman from the Cyber-Security Division of the Department of Homeland Security told CBN News.

**FAMILY**

<b>JOY IN OUR TOWN#333</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>04/20/07</b>	<b>12:00PM</b>
					<b>04/23/07</b>	<b>10:30AM</b>
					<b>04/26/07</b>	<b>2:30AM</b>
					<b>06/06/07</b>	<b>3:00AM</b>

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<b><u>Issue/ Problem</u></b>	<b><u>Program Title</u></b>	<b><u>Program Duration</u></b>	<b><u>*Topic Segment Duration</u></b>	<b><u>Source</u></b>	<b><u>Type</u></b>	<b><u>Air-Date</u></b>	<b><u>Time</u></b>
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Host Michelle Gustafson introduces Larry Siebold, Divorce Care Facilitator for Broken Arrow Assembly. Fifty percent of first marriages end in divorce. There are three top cities in the US, number two and three are Lawton and Tulsa has the highest divorce rate. The reason is because in the northeast they have the lowest and we have the highest...our group has people getting married at a younger age and we have more poverty. The northeast is more of a Roman Catholic area. Divorce touches every part of the family life including the kids. The kids are having to make adult decisions. Kids think it's their fault. It hurts everyone involved, friends and family. Parents need to prepare their children for the news that they are going to divorce. Kids need special help/support to get through the divorce. Reasons for divorce: it's very easy to get a divorce, financial problems, lack of communication, drugs and other addictions, physical abuse, uncompatibility; we have 3 generations of "me" generations. They haven't learned to compromise and to think of the other person. Most divorced people get married again. Second marriages are 65% and third marriages are 75% and fourth marriages are 93%. Kids can sabotage second marriages and so forth.

<b>JOY IN OUR TOWN#336</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/11/07</b>	<b>12:00PM</b>
					<b>5/14/07</b>	<b>10:30AM</b>
					<b>5/17/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Jeff Rindt, M.A.LPC, American Center for Relationship Recovery. Oklahoma is one of the highest divorce rates in the country. They are 2<sup>nd</sup> or third depending on what you look at. Things change very rapidly when you get married and these days there are all sorts of things that tear down a relationship. There's pressure to marry early in Midwestern states and because of that people go through divorces more...Before the age of 26 is considered early. The average is about the age of 26 to support a family. The first thing to talk about is to take care of oneself when you go through a divorce. Heart break is the hardest thing ever to go through, divorce have more trauma than those who lose a loved one to death. If you need counseling, get it. It's not a shameful thing to get help. A lot of things to cause pain is what they believe about themselves. Am I undesirable, they may live in the past, or may think their life is over. Kids really feel a loss of a sense of family if you're together or not and mom and dad are equally important in regards to worth and authority. Parents have an obligation to now "down" the other partner in front of the kids. Name of new syndrome is "parental alienation syndrome."

<b>JOY IN OUR TOWN#337</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/10/07</b>	<b>3:00PM</b>
					<b>5/18/07</b>	<b>12:00PM</b>
					<b>5/21/07</b>	<b>10:30PM</b>
					<b>5/24/07</b>	<b>2:30PM</b>

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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Michelle Gustafson interviews Catheryn Mason, Director of Development and Communications, Liz Eccleston, Financial Education Coordinator for Community Action Project of Tulsa County to help move low-income families to economic self sufficiency. Many people especially younger people aren't educated in financial matters. We should educate and teach basic courses on money management before they leave high school. Many adults are uneducated about finances. We don't necessarily understand our impact of some of our actions on the long-term financial picture. Budgeting, saving can be complicated and cause stress. Newsweek said the role of money and divorce is 75%. It's so important that families learn and work together to manage their finances. Everyone can improve their future. First goal set what you want to do with your financial future. List the debts and every day spending. Many people don't have any idea where their money goes to. Keep track of what you spend in a spending diary. This gives a good picture of where the money goes. This way you can determine where is the money to save. Families need to come together and learn about their family finances. You can go eat out, but save money by drinking water instead of pop. You should check your credit report on a regular basis for identity theft. A credit report shows where you stand on your credit. There are different ways to improve your credit and clean it up and it does take time.

<b>JOY IN OUR TOWN#342</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>06/22/07</b>	<b>12:00PM</b>
					<b>06/25/07</b>	<b>10:30AM</b>
					<b>06/28/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Lori Thompson, MS. LMFT of Christian Family Institute. People have a lot of hats to wear so keeping your husband and wife hat on every day can be a struggle. The husband and wife are the foundation of the family. It creates the bridge that the children step on and if the husband and wife connections aren't strong then that foundation gets crumbly and starts to falter. Then the children act up trying to get you to get stronger. Children are urgent. When they want something they want it now and it's easy to get caught up in the urgency on children, life, and it's easy to forget the common courtesies with your spouse throughout the day. Create the rules of your marriage from the get go because those are the rules you will live by. What are the rules, is the divorce word allowed? Don't allow that word in the family as that brings fear to them. Is it ok to go to be mad or not? Make sure that rule is settled before hand. Do the small things in the relationship with your spouse. Have five minute couch time every day and talk about big or small things. It teaches your children that dad and mom put each other first and that brings security and safety to the child. Work at having a deep conversation together. If you watch tv, then discuss it afterwards. You have to work at it with your spouse. It's easy to get to that you love me no matter what, but you still have to work at it. Some people see counselors for a healthy transition or there's been some form of abuse and they come in wounded and hurt. Everyone has therapists in their lives but sometimes with conflicts an outside therapists can help.

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	<b>Doctor to Doctor #051107</b>	<b>28:30</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>5/11/07</b>	<b>11:30AM</b>
	<p>Dr. Hale Akamine talks about a healthy marriage. Marital dissatisfaction is inability to dissolve differences well. Couples fail to fully understand each other. He gives a four question test to determine if marriage could use some work. Recommends if disagreements are due to misunderstanding, need to find out what spouse is trying to say. Ask instead of assuming, speak truth lovingly (gives an example), spouse may have misunderstanding of you – seek why your spouse is upset; trying to understand doesn't mean you are agreeing; consider the problem solved only if each of you are thoroughly satisfied.</p>						
	<b>700 Club CBN Newswatch #61507</b>	<b>1:00:00</b>	<b>7:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>6/15/07</b>	<b>2:00PM</b>
	<p>Host Terre talks with Gabriel Pelino author of <i>American Daddy: A Father's Heart Revealed</i> about being a father. When he was a new father he wanted a book to help him and there were no books. Through blood, sweat and tears and prayer he began to learn how to be a father. He wanted the right men in his life as a positive role model. He saw other men who had good relationships with their children and connected with them. Fatherlessness is a big problem today and children are impacted. Fathers need to be involved in their children's life. He says his son wants him to be involved. Gabriel encourages all men to be involved with their children. Fathers have to make an effort, have to make it work. The best thing that a father can do is 'be there' and listen to your children.</p>						
<b>HEALTH</b>	<b>JOY IN OUR TOWN#338</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/25/07 5/28/07 5/31/07</b>	<b>12:00PM 5:00AM 2:30AM</b>

Michelle Gustafson interviews Chris Gentges with Ron Tuttle and Shirley Tuttle. It affects about 20,000 Oklahomans and is a progressive neurological disease. The symptoms usually starts on one side of the body, a small tremor in the finger or body and everyone recognizes it. The hand movement tremors back and forth at rest. Your foot may fall behind you a little bit. Injuries or genetics may cause it. You can't have testing for Parkinson's. Sixty is the average age and then about 15% get diagnosed under

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the age of 40. Depression and Parkinson's go hand in hand. Shirley shares how she noticed her husband was carrying his body strangely. He was later diagnosed with Parkinson's.

<b>JOY IN OUR TOWN#339</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>6/01/07</b>	<b>12:00PM</b>
						<b>6/04/07</b>	<b>10:30AM</b>
						<b>6/07/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Diana Higgins, Community Relations Manager of Total Source for Hearing-Loss and Access (TSHA). Nationally one in every 10 and for those over the age of 65 one in three. That is a serious problem. The serious part of hearing loss tends to isolate people. Older people drop out of activities because they don't want to appear foolish. Many develop a high frequency loss, getting louder doesn't help. People lose certain frequencies. Lower voices can come through better. Some hearing loss may happen at the age of 50 or 60. Noise induced hearing loss happened in a 15 year old boy from loud noise. Prevention for hearing loss: ear protection, recreationally at a loud concert wear ear plugs. There is a lot of hearing aides out there to help with independence in the home. In the past hearing aides were simply turning up the volume. Today's hearing aides do a better job than ever and the digital quality is so much better than the analog. You have a 30 day trial period when you try a hearing aid, you can take it back. You need to wear it the full 30 days because it takes the time for your brain to adjust.

<b>JOY IN OUR TOWN#340</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>6/08/07</b>	<b>12:00PM</b>
						<b>6/11/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Allison Dickens of Prevent Blindness Oklahoma. They screen children in schools for eye problems. Vision problems can really hinder a child's development. They can be labeled hyper active because they're not paying attention because they can't see the board or absorb or learn as quickly as they should. 80% of what you learn is visual so it's very important to see clearly. Lack of insurance is a problem and people don't view vision as a life and death situation. Parents tend to overlook it. A child isn't able to recognize vision problems. Infants can be screened by using cameras. There are certain eye conditions that if not caught early can cause permanent damage. A lazy eye needs to be corrected early on, once past the age of 9 it's very hard to correct. Senate Bill 1795 now requires K-3<sup>rd</sup> grade to prove that they've had their vision screened. Kids who rub their eyes or squint a lot, watering eyes, or headaches because of straining a lot to see are definitely red flags.

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	<b>JOY IN OUR TOWN#341</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>06/15/07</b>	<b>12:00 PM</b>
						<b>6/18/07</b>	<b>10:30AM</b>
						<b>6/21/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Nancy Gleason of American Diabetes Association OK. It's a disease that has no cure. 20 million people have Diabetes and 6 million are walking around and don't know they have it. It's at epidemic proportions were seeing it in 8 and 9 year olds that we haven't seen before. There are two types. Type 1 which used to be juvenile diabetes. You have no insulin and you have to take insulin to survive. Type 2 you need some insulin, used to be adult onset diabetes...it's affecting kids now. The side affects are devastating. Not sure if it's hereditary. Extra weight and not exercising can cause diabetes. You should let your doctor know if you have a family history of the disease. Symptoms: frequent thirst, feels like you can't get enough water, frequent urination, weight loss and you haven't been on a diet, irritability, nausea, vomiting, also numbness in hands and feet, a sore that's taking forever to heal. Complications come like losing a leg to diabetes because they get a sore and gangrene sets in and amputation has to be done. Blindness, renal failure, stroke, heart attack are all side affects. It affects not just those who have diabetes but the entire family as well.

	<b>JOY IN OUR TOWN#341</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>06/15/07</b>	<b>12:00 PM</b>
						<b>6/18/07</b>	<b>10:30AM</b>
						<b>6/21/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Dr. Melanie Blackstock and Mandy Leemhuis of Tulsa Metro Executive Director of American Heart Association. Heart disease is the number one cause of death for women and less than 13% of women will know and take action on that statistic. Women in general are taking care of their families and others and they make their husbands get their cholesterol checked and not their own checked. Most important thing is to know your numbers to know if you're at risk. What are things we can change: our weight, activity level, cholesterol, our bmi, heart healthy meals and if we don't look we don't know if we have a problem. Certain races have certain risk factors and if there's heart disease in your family history. In a younger women during a physical, her heart is listened to. Getting to the doctor is the first step to evaluate your risk factor. Go to the doctor at least once a year. Cholesterol can be family history or lifestyle related. Women may go to the doctor, but they need to talk to their doctor and find a doctor who takes their heart health seriously. Symptoms of a heart attack: men may have feeling of crushing chest pain, or down their arm. But women may have all those symptoms but their chest pain may be more diffuse, they may have pain around their shoulder blades or in their back. You need to call your doctor immediately and get to the emergency room right away. If

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you're out of breath, that's a problem. Stroke is number 3 cause of death among women. 63% of women who have had sudden heart attack have had no prior symptoms.

<b>JOY IN OUR TOWN#342</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>06/22/07</b>	<b>12:00 PM</b>
					<b>6/25/07</b>	<b>10:30AM</b>
					<b>6/28/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Bob Coke who has PKD, Polycystic Kidney Disease. Bob Coke said it's an inherited disease and one of the first symptoms is high blood pressure. They perform an ultrasound on you to see if you have a kidney problem. They monitor you and your kidney function, it's a disease that gets worse and worse and when down to 30% function you are classified as having chronic kidney disease and they prepare you for what's going to happen in the future. The kidney's function is a filtration system that filters the blood and regulates the water intake. It keeps your body from becoming toxic. Symptoms: you don't have a lot of energy, go home and go to bed after work, you're always cold, it affects your temperature. Dialysis was performed later. He got put on the kidney recipient list and then was put on dialysis until a kidney became available. The eventually outcome is death. A transplant is not a cure, but a treatment for PKD. Surgery lasted about 5 hours, then 2-3 days in intensive care. 12 million people have PKD in the world. It can be genetic or inherited as most cases are. Organ donating should be talked about in the family before something tragic happens. All the family members should know what their feelings are about donating. You can have it show on your license that you are a donor.

<b>JOY IN OUR TOWN#343</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>6/29/07</b>	<b>12:00PM</b>
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Michelle Gustafson interviews Dr. Susan Young D.O. OSU Center for Health Sciences. In the US more than 153,000 colon rectal cancers in America and that end in 50,000 deaths in Oklahoma more than 1700 diagnose and more 700 will die so that is more than 10 percent of the deaths of people in Oklahoma die from cancer. It's 80% preventable with screening. Screening results in finding tumors earlier and allowing a much less aggressive treatment. At the age of 50 ask for a screening colonoscopy. Fecal cult blood testing tests the stool for blood in the naked eye, a CTC scan takes pictures, and other tests can be performed to screen for colon cancer and polyps. The colonoscopy is a two-day bowel preparation and a scope visualizes lesions in the colon. They take the polyp tissue and examine it for cancer. Colon cancer can be hereditary. Those at risk are usually greater than 50 and if a younger family member has colon cancer you should think 10 years prior for screening for yourself. Smokers, those overweight and those with a high fat diet, African American tend to be at a high risk as well as eastern Jewish descent tend to be at a higher

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risk. If you have had colon cancer yourself you can get it a second time. There are a number of treatments to remove the cancer. Symptoms: look for a change in your stool habits, a change in the shape or size of the stool, bloating, persistent pain, anemia diagnosed that doesn't have a reason, fatigue. Exercise and eat well, Eat a low-fat diet, fiber is very important as the colon likes a bulk stool of soluble an insoluble fiber.

<b>Behind the Scenes #118</b>		<b>28:30</b>	<b>10:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>5/03/07</b>	<b>8:00PM</b>
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Paul Crouch, Jr. talks with Dr. Valerie Saxion and Dr. Peter Malouf about health. Dr. Saxion shares about the harmful effects of the environment and the value of supplements like MSM. Everything we put on the inside will affect the outside and we need to be eating fruits and vegetables and drinking lots of water. Toxic substances like plastics are a big concern; we need to cleanse the body. Dr. Malouf talks about the importance of collagen affecting the skin. Dr. Malouf talks about the connection with genetics but there is also sun damage due to radiation. The damage is easier to see in fair skin; smoking also affects the skin. Dr. Saxion talks about obesity can be genetic but also has to do with what we eat – the choices we make.

<b>Doctor to Doctor #119</b>		<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>4/24/07</b>	<b>11:30AM</b>
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**Dr. Valerie Saxion** talks about water and how it facilitates 99% of all chemical reactions that go off in your body. When taking a shower use a chlorine filter. Steam distilled water is best. Water helps the skin; helps you lose weight or maintain healthy weight. Water deficiency can cause hypertension. **Dr. David Erb** talks about digestive disorders; they cause cancer, heart disease, Multiple Sclerosis, Colitis, Gallstones, and Kidney Stones. Prevention: increase water intake, don't eat processed foods.

<b>Doctor to Doctor #120</b>		<b>28:30</b>	<b>18:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>5/01/07</b>	<b>11:30AM</b>
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**Dr. Karen Bierman** talks about anxiety and anxiety disorders and lists the symptoms. She talks about detachment disorders in children. There are cognitive behavioral treatments – exposure (being exposed to the object that you fear) medications and thought management. **Dr. Ewen Tseng** talks about persistent chronic cough and lists the most common causes. Other chronic lung problems can be lung cancer. Blood pressure meds or a combination of meds for blood pressure may cause chronic cough. Stress is also a factor.

<b>Doctor to Doctor</b>		<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>5/08/07</b>	<b>11:30AM</b>
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**#121**

**Dr. Frank Franklin** talks about childhood obesity. He gives example of a patient who was overweight and the possibilities of diabetes because of the weight and gives example of how the child should be active to lose the weight; and how the entire family needs to make nutrition changes. **Dr. David Wood** talks about allergies. He lists the symptoms; predisposing factors are mentioned. Recommends make good diet and lifestyle choices, eat fruits and vegetables, get blood tested to determine allergy. **Dr. John Taylor** talks about anger control for children. Anger is important because it's our self-protective mechanism. Anger is a psychological smoke alarm. It wakes you up, gives you energy and makes you mentally aware. You can do a lot of dumb things with that energy. Use your anger wisely – alter your approach, confront, escape from a situation where you continue to be hurt.

<b>Doctor to Doctor</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>5/15/07</b>	<b>11:30AM</b>
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**#122**

**Dr. Gregory Jantz** talks about emotional abuse – to be treated unfairly and unjustly by one or more people repeatedly. A healthy person will apologize and seek forgiveness when treating someone badly. An emotional abuser has to always be right. Examples of coping with abuse are addiction, improper relationships, escapism. **Dr. Gary White** talks about specialty contact lenses. He lists the different types of contact lenses. Many people don't know they have a stigmatism. Proper care of contact (the right cleaning/rinsing fluids, replacing cases) will help prevent infection. **Dr. Todd Motley** talks about medical problems that you don't feel; there are no symptoms, they don't make you feel bad but are doing damage. A silent killer is high cholesterol – the main high cholesterol foods are beef, pork, skin on chicken/turkey, egg yolks and dairy products.

<b>Doctor to Doctor</b>	<b>28:30</b>	<b>18:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>5/22/07</b>	<b>11:30AM</b>
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**#123**

**Dr. Scott Morris** talks about diabetes and how it affects the entire body. Insulin grabs sugar and pushes it into your cells for energy; with diabetes insulin is not working properly. To help prevent diabetes prevent obesity and become an active person; eat less fried foods and more fruits & vegetables. **Dr. Valerie Saxion** talks about constipation. Within 18 hours after eating, if we don't have a bowel movement the food begins to putrefy in our stomach. Changes in routine, stress and lack of fiber, lack of enzymes, not enough water, magnesium deficiency can cause constipation.

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
<b>DRUGS/ ALCOHOL ABUSE</b>	<b>JOY IN OUR TOWN#332</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>4/16/07</b>	<b>10:30PM</b>
						<b>4/19/07</b>	<b>2:30AM</b>
						<b>4/20/07</b>	<b>3:00AM</b>
						<b>4/26/07</b>	<b>3:00AM</b>

Michelle Gustafson interviews Keaton Rabon, Asst. Director of the H.O.W. Foundation. You have to have a personal program of recovery. We urge the 12-Steps of Recovery and to develop a sense of personal responsibility so they have enough strength, momentum and power to have a defense against relapse. Relapse is really part of recovery. Most people will relapse. It's almost impossible to quit on your own when you're addicted. In recovery, a person needs to seek out a support unit around them. Go to AA or NA meetings in addition to working the 12 Steps. Addiction is on the rise. There's not enough treatment centers for the addicts. It used to be confined to the cities but addiction has worked its way to the rural areas and they are far more impacted by addiction because they are such a close knit community. Sometimes all the youth are wrapped up in drugs abuse. Meth is a huge problem and I started seeing it in the early 90s. They started doing meth in the rural areas at the age of 9. It starts in the home. A lot of men come from good homes wind up in alcoholism and drug addiction, but it's the individual's personal choice and peer pressure in the early teens can't be discounted. It's always a confrontational issue for growing up for every child that's born. Values need to be established in the home first and if they don't convey that, the children grow up with just peer influence and they have nothing to resist it and it's too easy for them to fall into that negative environment.

<b>JOY IN OUR TOWN#333</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>04/20/07</b>	<b>12:00PM</b>
					<b>04/23/07</b>	<b>10:30AM</b>
					<b>04/26/07</b>	<b>2:30AM</b>
					<b>06/06/07</b>	<b>3:00AM</b>

Michelle Gustafson interviews Lori McGinnis, Executive Director and Calli McKinney and Herb Mack students of Street School. Students have been suspended for drug and alcohol abuse. Substance abuse is a problem in every school and every community

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especially secondary schools. Students turn to a lot of different drugs. Marijuana is a gateway drugs. A lot of students are turning to prescription drugs. It's amazing some of the concoctions and over the counter medications that are easy to get a hold of and used in combination. It makes learning and building relationship difficult when students are under the influence. Herb got involved in 6<sup>th</sup> grades with drugs and it started with marijuana and moved to many other drugs. Calli did the same thing. She couldn't get sober. Herb thinks programs like Street School helps students to make changes by not forcing it. They give you the tools to help you change. Symptoms of drug use in youth: going to bed as soon as you get home, Visine for the red eyes, glossy eyes, dilated pupils, very small pupils, maybe if a child wants to spend the night at a friend's house all of the time. Most kids hide it their own way until they do get caught. We seem to have a break down across the board and we've gotten away from knowing our neighbors and taking an interest and doing what's right by our children. It's hard for a child to remain clean if the parents continue to use and they are learning this behavior at home and it's a community problem. I encourage all parents to stay vigilance and find out who your children are spending time with and who their friend's parents are. We all need to take a vested interest in our youth.

<b>JOY IN OUR TOWN#334</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>04/27/07</b>	<b>12:00PM</b>
					<b>04/30/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Rev. James J. McLaughlin director of Mental Health and Substance Abuse for the African Methodist Episcopal (AME) and Cleo McLaughlin, Senior Vice President of Narconon Arrowhead. The addiction problem is escalating. 54 million people have some kind of drug or alcohol problem. 32 million are anonymous, they function in our society. 22 million acknowledge they have a problem and 10% seek treatment. The community sees addiction as low-income, those on the streets, we end up failing to recognize that every segment from children as young as 8 to someone as old as 88 years old. We can't ignore the problem or then we fail to address it correctly. We put a bandage on the problem. We are taking medications to the degree that it's an addiction. Tylenol can become an addiction if you become dependent. Symptoms of addiction: see how long they've been taking the drug. How comfortable are they in using the drugs. Then they will become more recluse and angry, violent if they can't get it and they make up excuses to why they have to have it. Denial is the first sign of addiction. Stopping starts with the mind. You have got to in their mind say I'm not doing this anymore and make a commitment to it. You have to got to want to stop.

<b>JOY IN OUR TOWN#337</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>5/10/07</b>	<b>3:00AM</b>
					<b>5/18/07</b>	<b>12:00PM</b>
					<b>5/21/07</b>	<b>10:30PM</b>
					<b>5/24/07</b>	<b>2:30PM</b>

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## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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Michelle Gustafson interviews Jessica Hawkins, Prevention Program Manager, OK Dept. of Mental Health & Substance Abuse Services and Phil Lowe, Youth Services of Tulsa. Inhalants are on the rise with our young people in our state and for 6 graders it's the 2<sup>nd</sup> drug of choice behind alcohol and DXM is a cough suppressing ingredient this trend has risen as well. Last year, nearly 15% were calls of people consuming DXM. It's a serious problem and definitely on the rise. Spray paints are commonly found and other products that contained compressed air are inhaled. The chemicals work very fast. Long-term affects are short term memory loss and massive liver damage or even death. Young people do not understand how dangerous these products are. The key is around access. We need to restrict access. We have to go beyond education and use other methods. A child should not be able to purchase 8 or 9 bottles of cough medicine at a time and not have questions asked. Parents need to be aware of what's in their medicine cabinets and garages. Legislation has been introduced to restrict spray paint sales and DXM containing products. Symptoms to look for: you can see in a child's eyes and you'll see gold and silver residue on their lips, or if you find socks that smell like paint. Look for the types of friends they are associating with.

<b>JOY IN OUR TOWN#343</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>06/29/07</b>	<b>12:00PM</b>
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Michelle Gustafson interviews Dr. Randy Vannostrand of New Choice, Inc. In Tulsa the growing problem is with meth. The government is trying to stop the labs in their homes and labs in their homes, but we're actually making a debt. Oklahoma is a capital for making meth because of our location with the crossroads of highways. Treatments centers have to work hard at educating the public. It is a speed, their eyes become real dilated, and the problem with it as opposed to the old meth, this meth causes you to feel that the only way you feel like you can succeed is if you have this drug. Getting people off of this drug, is about a two-year process. As we tighten up police informants, most meth is coming south of the border on I-35 and it comes straight up. Secondary affect of people using meth is a mental disorder: depression or schizophrenia using this drug these mental health disorders are multiplied. We have to learn how to treat these two things side by side. We have to educate the patient that one medicine helps you and the other medicine (meth) isn't helping you. They have to learn what got them there. They have to count up the costs. Alcohol is the only legal drug that you can buy that will addict you as fast as all the other. Alcohol is still the most abuse drug. Alcohol has been a problem since the time of Jesus. It's a disease, it's not a state of evil, but a physically treatable disease. Alcoholism may act crazy but once they get off the alcohol they return to normal life. Alcohol is harmless if used properly. It's still the number one disease and drug. There is not enough love to overcome the problem. They can't do it by themselves. We use professional intervention, a licensed alcohol/drug counselor, use of AA, and a spiritual recovery as well. Most counseling can be 6 months and if meth, every 2 years and you will get checked out every 6 months or so after that. You still need a check up.

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# Trinity Broadcasting Network

## *Quarterly Report*

July, August, September 2007

KDOR-TV 17/KDOR-DT 15 BARTLESVILLE, OK

Ascertainment List

Leading Community Issues

*Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.*

Child Abuse

Crime

Government

Health

Economy

**THE QUARTERLY REPORT**

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
<b>CHILD ABUSE</b>	<b>JOY IN OUR TOWN#345</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/13/07</b>	<b>12:00PM</b>
						<b>7/16/07</b>	<b>10:30AM</b>
						<b>7/19/07</b>	<b>2:30AM</b>
						<b>7/23/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Sherry Clark, founder and president, Families and Communities Empowered for Safety we can't segregate domestic violence from other crime issues. People didn't seem to know what domestic violence was. They didn't identify themselves as being in a relationship that involved violence. They didn't know what they didn't know. Domestic violence is about power and control issues. Education is why we started "faces". Somehow we've become focused on numbers and we need to put a face on it. Education by bringing people together and teaching them how to get help for themselves and others. It's going back to the basics that this is what domestic violence is. It's more than just one person beating up on another. Of all homicide victims 33% are females killed by intimate partners and 4% are males victims... physical, emotional, stalking are huge predictors. Children includes child abuse and neglect. With seniors is caregiver abuse and a huge issue with seniors is financial abuse. We're talking about a lifespan model.

<b>JOY IN OUR TOWN#346</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/20/07</b>	<b>12:00PM</b>
					<b>7/23/07</b>	<b>10:30AM</b>
					<b>7/26/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Desiree Doherty, Executive Director, Parent Child Care Center Ok ranks very high in the incidents of child abuse. Last year over 36,000 were reported and investigated. In Tulsa County, 1500 children were victims of abuse. There is physical abuse, physical neglect for example, not getting them medical care, clothing in inclement weather and there is emotional neglect. Child abuse doesn't just have one cause. Some risks include financial poverty. When families struggle, children suffer. Sometimes adults lash out at a child. Substance and mental health issues make it difficult to respond properly to a child's needs. We live in a state where women are the most incarcerated, and has the highest rates of mental illness. It's a growing problem but a reflection of more awareness. OK is one of 15 states that are to report every abuse and OK has a tracking system that captures the statistics. With growing social issues, the problem itself is growing. Our mission is to break that cycle of abuse. Learn how to deal with their own painful history and make changes and learn skills to be better parents. The most important key is parent education so teaching parents new skills and finding the support, resources, strengths and knowledge to

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be better parents. Helping parents be able to create a safe environment and to understand the different stages of development of a child.

<b>JOY IN OUR TOWN#347</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/27/07</b>	<b>12:00PM</b>
					<b>7/30/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Alayna Betche, Prevent Child Abuse Oklahoma There are over 13,000 cases of abuse in Ok and we've had over 51 deaths in 2006 from abuse. We've seen a decrease in abuse so we hope it's helping create a safe environment for children. Abuse is any type of mal treatment: physical, emotional, neglect... Symptoms to look for: behavior is one. You can tell if something is going on with the child and of course, bruises, marks on the skin. If you suspected abuse, always report it or if you can try and ask the child questions about home life or even ask how did they get that bruise for example. OK is in the bottom 20 percent which means Oklahomans abuse more than 80 percent of the country. A lot of the causes are: poverty, teen parents, lack of support, unrealistic expectations-they just don't know the development of the child, they have a lack of education. We have alternative schools and parenting classes for teens and support is a big one for parents. Teaching them child development; how to discipline a child for example. How to cope with stress, housing etc. Educate the teen parent because they may not know anything.

<b>JOY IN OUR TOWN#354</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>9/27/07</b>	<b>3:00AM</b>
					<b>9/28/07</b>	<b>12:00PM</b>

Host Michelle Gustafson interviews Keith Sheffield, Samaritan Counseling and Growth. The startling statistics, that one out of every 4 females is sexually abused in some way. 1 out of 6 males is sexually abused before the age of 18, new to this is one of every 5 children are solicited sexually on the Internet. At least 30% of victims never report, so they aren't identified as victims but through prevention and treatment an increasing number of people are seeking treatment. One there is often a threat and two, a person is going to assume that they are to blame and so they live with that guilt, shame and fear that they did something to cause this. Sexual abusers: 40% are family member. 50% are known by the victim in some way. Only 10% are committed by strangers. We need to talk about prevention and then treatment if sexually abused. Early intervention programs that teach kids about inappropriate touch and appropriate touch and so forth. If the perpetrator is a family member, they may try to tell a parent but the family member doesn't believe the child. They don't want to talk about it." Research says only only a half percent (.5%) does a child lie about sexual abuse. When a child comes to talk to an adult about inappropriate contact, we have to take it as a possibility and don't immediately deny it.

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	<b>700 Club CBN Newswatch #71107</b>	<b>1:00:00</b>	<b>6:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/11/07</b>	<b>2:00PM</b>

Wendy Griffith [CBN News](#) -MIAMI - When prostate cancer strikes, it is devastating news for a man. But the husband isn't the only one who is affected. Wives also pay a price for prostate cancer. Miami couple Carlos and Ana Maria Diaz have the kind of life you read about in magazines but earlier this year, the 59-year-old Carlos - who's always been the picture of health - was told that he had prostate cancer. What made it somewhat easier for the couple was that Carlos' older brother Paco had just had prostate cancer surgery in February and was recovering quite well. The side-effects of prostate cancer almost always include the inability to control one's bladder and impotence. Paco says his recovery is going well. He has total control over his bladder now, but he's still waiting for sexual function to return. "We've been married for 25 years. Would I like to be sexually active today? Yes. But if I'm not sexually active for another 6 months or a year, that's ok with me -- that's fine." Both Carlos and Paco decided to have a fairly new state-of-the-art surgery called laparoscopic radical prostatectomy, a minimally invasive procedure that dramatically cuts down on the amount of bleeding and pain that the man endures. Miami surgeon [Dr. Arnon Krongrad](#), who helped pioneer the procedure, performed the surgeries. He says women need to understand how prostate cancer affects a man, not just physically - but psychologically. Krongrad says that women play a crucial role not only in supporting the man emotionally, but also in urging their mates to get their prostate checked with a psa test, especially if he's over 50.

<b>700 Club CBN Newswatch #92007</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>9/20/07</b>	<b>2:00PM</b>
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CBN News Reporter Charlene Israel: Americans have become less likely to marry. And according to experts the trend is likely to continue especially in the African American community. The U.S. Census Bureau reported that black women accounted for 42 percent of unmarried women in 2002, compared to 21 percent of white women, and 45 percent of black men versus 28 percent of white men. The overall U.S. marriage rate declined 17 percent between 1970 and 2001. But for blacks, it fell by 34 percent. The trend is markedly different from times past. Most black kids used to be raised in a traditional home where their mom and dad were married. And when it comes to living together, Mary Ann Reid says African American couples list various reasons. Reid argues that easy access to government assistance is also partly to blame. Mary Ann Reid took action and came up with what she calls "Marry Your Baby Daddy Day" and effort she hopes will reverse "anti-marriage" trends in the nation, especially young African Americans.

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<b>CRIME</b>	<b>JOY IN OUR TOWN#345</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/13/07</b>	<b>12:00PM</b>
						<b>7/16/07</b>	<b>10:30AM</b>
						<b>7/19/07</b>	<b>2:30AM</b>
						<b>7/23/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Carol Bush, Crime Commission, Tulsa Police Dept. and Scott Walton, Crime Stoppers, Tulsa Police Dept. Overall our crime stats have been going down. Two years ago Tulsa was at an all time high with homicide rates. Robberies and burglaries are up and rape is down. There are pockets in Tulsa that see a lot more criminal activity but all four corners are affected by crime. The gang issue is a problem and you see a lot of shootings in north and east Tulsa. Drugs and guns go with gangs and this happens in south Tulsa and west Tulsa, and there is a cross over in Wagoner county and Tulsa County. We have a large gang task force that are working diligently to make aware of services and programs available. Tulsa is seeing the fourth generation of gang families and has programs that go into the elementary schools to try and break that cycle. The fear of retaliation, gang members will not turn someone in. Unless someone moves forward and is a witness we can't arrest anyone. We have a cops anonymous tip line and it has an 80% arrest level which is the highest level of all the states in the U.S. Save Our Streets campaign started after the Crawford shooting in Tulsa. Just started a student Crime Stoppers campaign and kids started calling within the first two days. Gang riots were stopped and police located and arrested a young man who was going to dispense cocaine to the high school students. It empowers the youth with a voice that they can have in the school to stop a potential school shooting etc. Neighbors have misconception of when to make a call to the police dept. Crime stoppers wants reports of suspicious activity.

<b>JOY IN OUR TOWN##346</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/20/07</b>	<b>12:00PM</b>
					<b>7/23/07</b>	<b>10:30AM</b>
					<b>7/26/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Edith Shoals and Gloria Owens, Families of Murdered Children. Edith's daughter was murdered in 1992 and Gloria's son in 1997. Only way to get over something is to get it out of your system. Talk about how you feel and it's healing. The crime rate is totally out of control. There is just too much shootings and killings. In the last four years it's totally out of control. I'm glad more police are out on the streets because we need some kind of control. The solution is the kids need something to do. Putting them in jail and letting them out and they go back and do the same thing. Training them and getting them a job... but need to get to the babies so they don't shoot and kill others. The older kids don't have anywhere to go and they go places they shouldn't and think of things to do. They need something constructive to do. I think every child needs a mentor. If

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there is no father in the home, they need a man figure. Mothers can do so much, grandmothers are raising the children now. But it's so important to have a man mentor around. I see a lot of men raising their children. (The mother is gone.) Drugs are taking over most families so the grandmothers take over. Need to control and get a grip with what's going on with the community. The community needs to come together and follow through.

<b>JOY IN OUR TOWN#349</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/27/07</b>	<b>12:00PM</b>
					<b>8/31/07</b>	<b>12:00PM</b>
					<b>9/03/07</b>	<b>10:30AM</b>
					<b>9/06/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Sgt. Van Ellis, Tulsa Police Dept. Tulsa is typical for a city our size in gang violence and gang activity. The gang culture was spreading this direction and it has certainly grown since late 1980s and has leveled off but that's not necessarily a good thing. Gangs are about criminal enterprises. They make money with drugs and is a catalyst for some of the violence. We have 31 reported murders as of this date. Typically in an average year, 15%-20% murders are gang related and those numbers reflect into non-murder shootings. 1996 formed a Gang Task Force. Ok Gang Investigators has been organized for 15 years and it's about networking information for law enforcement to share information and work together for prosecution. Every year they talk about national gang trends and those cultural gang issues will make it to Tulsa and we can forecast what we will see in the future but looking to the south of us and west of us what could come our direction. There is a predominance of Hispanic and Latino gangs as the population grows we'll see an emerging groups of Hispanic gangs here in OK. It's not a Hispanic problem or a race problem, but a gang problem. They are highly networked into drug trafficking. Kids involved in this are coming from single-parent households with not a lot of direction and there's a huge lack of life management skills and inner city poverty issues and it's an easy draw and easy trap to fall into. Train the youth that there are opportunities other than gang opportunities and the real life gang life is not glamorous that the media teaches. It's very deadly. They have to educate themselves and learn skills.

<b>JOY IN OUR TOWN#351</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/17/07</b>	<b>12:00PM</b>
					<b>8/20/07</b>	<b>10:30AM</b>
					<b>8/23/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Dr. Ann Dapice and Anne Clement, TK Wolf, Inc. Stalking is an obsessional following, people can't seem to stop doing it. Every minute 3 more people are being stalked. Over 1 million women will be stalked and 400 men will be stalked. Following, the break in and enter, they drive around and around in a neighborhood, pay attention to cars at the end of the block for long periods of time, they break and enter, sometimes they do weird things like break in an rearrange furniture and leave.

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They even kill. They are the most lethal of all criminals in the country. They'll say things like if I don't have you no one else can. Anne Clement shares about a man who was stalked in her church. Stalking is a problem for all of us. People don't listen to the victim as they should. Stalking is a rejection crime. Stalkers become more violent when a protective order is in place. In 2005 five people were prosecuted for stalking. Those being stalked need to take it seriously. How do they protect themselves if being stalked? Social barriers and peer barriers need to be put around you. Stalkers desire the respect from other people.

<b>JOY IN OUR TOWN#352</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>08/23/07</b>	<b>3:00AM</b>
						<b>08/24/07</b>	<b>12:00PM</b>
						<b>08/27/07</b>	<b>10:30AM</b>
						<b>08/30/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Tim Harris, Tulsa County District Attorney, Tulsa, OK. Shared about the police officers who dedicate their lives every day to our protection and the honor they deserve. Our numbers have floated between 5,000 and 7,000 felonies. Property crimes have gone down but crimes against persons have gone up even across the nation. We're trying to get to young kids and talk to them about guns. We've fed them in entertainment, violence, to the 'nth degree and we feed them that but then tell them it's against the law and don't do that. The music and videos they watch and games they play gets down inside them. We go into schools and tell them you will become who you associate with. No good thing happens after midnight. Tragedies happen after midnight. So we're trying to have a culture shift for these young kids. We go to 3<sup>rd</sup> and 4<sup>th</sup> grades who are still forming their value systems. Those in senior high we're showing autopsy photos, there is nothing glorious about that-it's in your face. Don't Shoot! and Drop Your Gun program and Safe Neighborhood programs to direct the youth somewhere else.

<b>JOY IN OUR TOWN#353</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>09/06/07</b>	<b>3:00AM</b>
						<b>09/07/07</b>	<b>12:00PM</b>
						<b>09/10/07</b>	<b>10:30AM</b>
						<b>09/13/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Lisa Ford, BA Police Crime Prevention Specialist, Broken Arrow, OK police dept. For the third year in a row, Broken Arrow is the safest city in OK. We are having more property crimes but not high people crime so we're a safe city. Try and get to know you're neighbor...if they're out of town you could pick up their newspapers for them and so forth. Put trash in their spot when they're on vacation so it looks like someone is home, or park your car in their driveway to make it look like someone is there. We encourage people to have a block party and we'll even shut down the street for it and you can have the

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officer who patrols your area comes to it. This lets the officer see the neighbors in a friendly light a lot of times people have negative feelings towards police and we can get to know them. We want you to call the police if you see anything suspicious. It's not a bother. Don't be afraid to call 9-11 or the non-emergency number for help. We want the officer to do a drive by and if it's nothing ok, but if it is something then we're there to stop it. Right now a lot of walking trails through the parks and people need to put their belongings in the trunk. Don't hide it under the driver's seat because windows are getting broken in to and stolen. Secure it in the trunk. Don't leave anything of value where people can see it.

**GOVERNMENT**

<b>JOY IN OUR TOWN#344</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>07/05/07</b>	<b>2:30AM</b>
					<b>07/06/07</b>	<b>12:00PM</b>
					<b>07/09/07</b>	<b>10:30AM</b>
					<b>07/12/07</b>	<b>2:30AM</b>

Host Michelle Gustafson introduces Mayor Wade McCaleb, Broken Arrow, OK. To become mayor you first have to run as a council member and after that the council elects the mayor. The council meets the first and third Monday of every month at 6:30pm. 7pm is a citizen's opportunity to address the council on any issue. Talks about how the city government is set up. Talks about the 4 different wards. The council is like a board of directors and they hire the city manager. Shared about the adding more development in Broken Arrow and adding Lifestyle centers not strip malls. Working to help businesses expand.

<b>JOY IN OUR TOWN#348</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/03/07</b>	<b>12:00PM</b>
					<b>8/06/07</b>	<b>10:30AM</b>
					<b>8/09/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mayor Ron Nikkel, Bartlesville, OK citizens were concerned with not being heard and a lack of communication. The city council had time limits on how long a citizen can talk so that's been changed. They meet every Monday-except the 5<sup>th</sup> Monday. Mayor Nikkel talks about the \$45 million water plant that's up to par for increased regulations but also need to increase the capacity. They went up to a 26 million gallon water plant and it took 2 years to build it. The EPA's requirements are more strict every year for water quality and now Bartlesville has to go to a new treatment system. The raw water supply was an issue but we're in good shape now. Both lakes that Bartlesville uses is over 50% of it's flood capacity. The corp. of engineers said those lakes are quite old, about 50 year plus and they are being silted in and diminishing. We are looking at a new supply. One

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**Time**

way would be building a new lake and the other option is a pipeline (70 miles) to bring the water to us. We're looking at 90-100 million dollars to make that happen. Local streets need some work and is a concern for the citizens.

<b>JOY IN OUR TOWN#350</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/10/07</b>	<b>12:00PM</b>
					<b>8/13/07</b>	<b>10:30PM</b>
					<b>8/16/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mayor Ray Bowen Bixby, OK and talking about lifestyle center that is coming and the impact it'll have for Bixby and the rest of the river corridor that runs 35-40 miles. They have to have a low-water dam study and land acquisition study and looking at a new sports park (3.5million) to have that finished. Talk about the vote that'll increase 4 tenths of a cent tax increase. Also working with ODOT where the turnpike meets Memorial and that is being widened to 6 lanes. They are doing their best as a city to stay ahead of the game. And looking at improving retail to increase sales tax revenue and then can keep up on the roads. River development should start late October for about 15 month project. They are moving a sand company further south and turn the land over to private development. They not only want to draw people to Bixby with destinations but the surrounding communities. Bixby touches within a ten-mile radius touches 350,000 people.

<b>JOY IN OUR TOWN#352</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>08/23/07</b>	<b>3:00AM</b>
					<b>08/24/07</b>	<b>12:00PM</b>
					<b>08/27/07</b>	<b>10:30AM</b>
					<b>08/30/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Tim Harris, Tulsa County District Attorney, Tulsa, OK. He's responsible for the safety of over 500,000 people. The DA as The Chief Law Enforcement Agent is responsible for filing of all criminal offenses under OK State law. For every range of punishment, they have 50 lawyers that work under him. There has to be probable cause to arrest and we have to have beyond reasonable doubt to convict. I have to have at least a 50/50 chance of prosecution. Not every crime can be prosecuted because not every crime has sufficient evidence to convict. We have to ask ourselves can we prove this? Do we have sufficient evidence to convict. At jury trial we're at 90% success rate. Last year we tried 26 murder cases, 105 jury trials but we filed last year 6200 felonies so a minute percentage go to a jury trial. We don't plea bargain. Plea Negotiation is a better word. If we have the evidence and they know we have the evidence then there is no need to go to a trial. I want good trial lawyers but good negotiators as well. I'm looking for justice for the community and for the victims. It's a system run by human beings, it'll never be perfect. The criminal justice system only works if we have buy-in by the community. Unless you're willing to come in when you see crimes happen to assist me in prosecuting the guilty; only then will we regain public safety in our community. If people are too

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**THE QUARTERLY REPORT**

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Duration**

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busy to get involved then guess what, the next time when you're a victim the same thing will happen to you. Come do the right thing. Help stand up for someone when they're victimized so you have someone to help you if it happens to you.

<b>JOY IN OUR TOWN#355</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>9/21/07</b>	<b>12:00PM</b>
					<b>9/24/07</b>	<b>10:30AM</b>
					<b>9/27/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Congressman John Sullivan, First District, Tulsa, OK. 12-19 million people here illegally and the bill was rejected to give them legal status. This would've cost 35 billion a year and taxes would've gone up 21% to pay for it. We need to focus on our border security and stop the tide of illegal aliens coming across. The city didn't want to check status of people arrested, but the City Council got that passed. So now they will be reported to immigration custom enforcements. We need an immigration customs enforcement office here and the sheriff is working on a 287 G program to cross deputize the sheriff deputy's to check for immigration. The Sheriff will have 30 deputies' receive training at the Federal level to learn immigration laws; they'll enforce immigration laws here. We are focusing on the criminally illegal aliens. Crimes are committed by illegal aliens, driving without insurance and increased healthcare costs: we spend about \$168 million in Tulsa area thru the emergency room through indigent care and a large percentage of that is immigrants. Nationally and geographically, we have people and drugs transported through our community every day. Suggested: they should go back to their country of origin and they can apply for some work permit and have identity on it and if they want to become a citizen they need to go through the process.

<b>JOY IN OUR TOWN#356</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>9/14/07</b>	<b>12:00PM</b>
					<b>9/17/07</b>	<b>10:30AM</b>
					<b>9/20/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mayor Stephen Cataudella, Owasso, OK. Population of 20,000 people and 46,000 people in the district. It's a City Manager govt., and we are the policy makers. It's a volunteer position as mayor and all the seats...5 councilors. Shares when the meetings are held throughout the month. Talks about work sessions and all meetings are open to the public. Lately the council has been working on policies for quality of life, widening highway 169 and finished working on the budget. Talks about the new 2 million gallon water tank, they purchase their water from the city of Tulsa. IT's the water treatment city that needs to be upgraded, expanded and some of the pumping stations need to be reworked and upgraded.

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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
	<b>700 Club CBN Newswatch #071307</b>	<b>1:00:00</b>	<b>10:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/13/07</b>	<b>2:00PM</b>

Melissa Charbonneau CBN News Washington – Some Democrats in Congress want to resurrect a defunct federal policy they say would protect free speech. But when Congress returns from summer break, Republicans say they'll try to block revival of the Fairness Doctrine. They say it would muzzle conservatives on talk radio. Should government regulations decide how long you can listen to a liberal radio host like Al Franken - or a conservative commentator like Rush Limbaugh? That's a question that Congress will decide as the Senate considers a revival of the Fairness Doctrine, a 1949 law that once required broadcasters to give equal time to opposing political views or face fines by the Federal Communications Commission. After some defeats in court, the doctrine was finally discarded in 1987 by Ronald Reagan's FCC. Many believed it actually stifled rather than encouraged debate. Station managers didn't want to deal with government interference, so they shied away from discussion of controversial issues. Sen. Diane Feinstein, D-CA, said on Fox News Sunday, "In my view, talk radio tends to be one-sided. It also tends to be dwelling in hyperbole. It's explosive. It pushes people to, I think, extreme views without a lot of information." But in the House, half of the Democrats sided with Republicans to overwhelmingly pass a bill banning the FCC or any future president from re-imposing the policy. Indiana Republican Congressman Mike Pence, R-IN, sponsored the House measure. A former radio show host, he calls it the "unfairness doctrine." Pence said it "is nothing short of a government mandate and management of the free speech on the airwaves of America." Gordon Robertson CBN host talks live with Congressman Mike Pence about how this issue resurfaced and talks about the Hate Crime legislation and how that will affect pastors. We need a Broadcasters Freedom Act to protect free speech and encouraged people to contact their representative in Washington.

	<b>700 Club CBN Newswatch #072407</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/24/07</b>	<b>2:00PM</b>
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Dale Hurd CBN News: Washington is mandating a five-fold increase in ethanol production over the next 10 years and is encouraging the production of "flex-fuel" vehicles that will run on 85 percent ethanol or "E-85." Policy analyst Jerry Taylor at the free market CATO Institute thinks corn ethanol is a dumb idea. "The only reason any ethanol is being produced today in the United States, given the price, is because of politics," Taylor said. "If you talk to people in the refining industry, they'll tell you that if there weren't a federal gun at their heads they wouldn't touch this stuff. It's wildly expensive. The reason we use ethanol is that the government forces us to use ethanol." Actually, the government also doles out incentives in the form of three different ethanol subsidies to entice industry to increase production. They amount to corporate handouts that totaled more than \$5 billion last year. But Taylor insists the government's fondness for ethanol is not so much about energy security as it is about politics. The National Cattleman's Beef Association told Business Week that the "...ethanol binge is insane." And the beef, pork, and poultry industries are begging Congress to end the ethanol subsidy, because they say the rising price of corn feed is driving up the prices of their

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products. Corn is used in all kinds of human foods, and some say the demand for corn ethanol is why grocery prices have increased. Taylor said, "Capital investors will put their money into that technology because they hope to make a profit. Only when a technology can't attract private capital do they come knocking on the taxpayer's door." But no matter, Washington likes ethanol, whether some think it makes economic sense or not.

<b>700 Club CBN Newswatch #081007</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>8/10/07</b>	<b>2:00PM</b>
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David Brody CBN News DES MOINES, Iowa - The cornfields of Iowa, just like the fields in the baseball movie, have been a field of dreams for presidential wannabes. Whether it was previous unknowns like Bill Clinton or Jimmy Carter, their dreams of the presidency have always started here. Performing well in Iowa puts you on the map, gives you momentum and can catapult you to victory. And so the candidates come here, one by one, talking to Iowa's savvy voters one town hall and one coffee shop at a time. "There's nothing more important in our society and for our future than our children," Rudy Giuliani said. In 2004, seven states held primaries on one day in February. But in 2008, February 5 becomes the new Super Tuesday when 20 states will be up for grabs, including big prizes like California and New York. The key Florida primary has now moved to January 29. Candidates will likely change strategies and move more attention to those states and away from Iowa, which will hold its caucus on January 14. Months ago, Giuliani and fellow Republican John McCain decided not to compete in Saturday's straw poll. They say it's because they got a late start organizing, not necessarily because of its lack of importance. All campaigns face the Iowa question. A few months ago, a memo circulating in Hillary Clinton's campaign proposed skipping Iowa and running a campaign that is more focused on other early primary states and winning this new national primary. Obama chugs along in Iowa also. He told CBN News that for political pundits to overlook Iowa's importance is a big mistake. When it comes to spending time with voters here, Democrat John Edwards and Republican Mitt Romney could almost be considered honorary hawkeyes. No matter what happens on the so-called big day of February 5, these Iowa voters will register judgment first on who stays and who goes. History shows that any other candidate that wins or places ahead of the front runners automatically becomes a force to be reckoned with. Some candidates may experience a nightmare but for one fortunate Democrat and Republican, Iowa may indeed be the start of their field of dreams.

<b>700 Club CBN Newswatch #081607</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>8/16/07</b>	<b>2:00PM</b>
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CBN News White House Correspondent Melissa Charbonneau WASHINGTON - An early primary season means voters have less time to get to know the presidential contenders before next year's election. Televised political debates are designed to shed light on the candidates. But are they more show than substance? For years critics have complained these political showdowns are too crowded, too commercial, and too much like pop-culture. Gingrich, a potential presidential contender, is among the harshest critics

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of today's debates. He says the format is "stunningly dangerous" and no way to pick a president, especially in a post 9-11 world. With an occasional lightning bolt to accent an argument on abortion, debates can range from mildly amusing to mind-numbingly dull. Most experts agree, they are no predictor of how good a president a candidate could be. "You can be a great debater and a bad president," said Stephen Hess, presidential scholar at The Brookings Institution. "You can be a bad debater and a good president." Hess says serious, in-depth discussions would be more useful to voters. But with the rise of the Internet, more media outlets, and special interest sponsors, some critics say debates have morphed into little more than partisan press conferences. The Gingrich reform proposal includes a series of nine, 90-minute debates. Each week from Labor Day to Election Day, the two party nominees would tackle a single policy issue. No rules. No time limits. And the candidates must offer solutions. Some say moving toward Lincoln-Douglas style debates instead of Youtube would give voters a glimpse of how well candidates grasp the issues. "We need leaders who think about their role as a country in history, not just their personal ambition," Gingrich said. The next presidential debate, featuring Democrats in Iowa, is slated for Sunday night.

<b>HEALTH</b>	<b>JOY IN OUR TOWN#347</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>7/30/07</b>	<b>10:30AM</b>
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Michelle Gustafson interviews Connie Pearson, Tracy Smith, CML Survivor, Tonya Lucas, Leukemia & Lymphoma Society. Leukemia is a blood disease and their in Hodgkin's and non-Hodgkin's lymphoma and they are considered related because it is a blood cancer. They say it can result from a genetic deficiency. Anyone can get a blood cancer it affects all ages and sexes. More young adults under the age of 20 are affected. 1500 Oklahomans have the disease and 115,000 nationwide affected. Treatments: chemo, radiation and bone marrow transplant. Symptoms to look for: Bruise easily, bleed, weakness, fatigue, recurrent fever, night sweats. Tracy talks about her symptoms and treatment. Tonya talks about how LLS has affected many family members including her father and how her husband had AML. He died a year and a half later. Tonya talks about the importance of donating bone marrow and being on a donor list. Myloma statistics are very low and we don't know much about Myloma.

	<b>JOY IN OUR TOWN#349</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/31/07</b>	<b>12:00PM</b>
						<b>9/03/07</b>	<b>10:30AM</b>
						<b>9/06/07</b>	<b>2:30AM</b>

Michelle Gustafson interviewed CeCe Davis and Jan Bruce, Nutrition Consultants of Tulsa 67 % of the adult population is obese and with weight problems come other diseases. 30% of kids are obese so from that standpoint, we're a sick society. It taxes the heart, lungs, bones and joints. Everyone has a different variety of problems. It's portion sizes but mainly the quantity of food we eat and a sedentary lifestyle. Instead of getting exercise 4 times a week they simply aren't. Jan shares how she had a physical

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and had blood tests run and she had elevated blood sugar and high blood pressure and cholesterol. The doctor explained that that meant she had the metabolic syndrome that are a risk for heart disease but the three combined are dangerous. Diet and vigorous exercise were recommended by her doctor. She tackled it week by week and lost 30-35 pounds. She had more energy. So many people have been overweight for so long that they forget how health feels.

<b>JOY IN OUR TOWN#351</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/17/07</b>	<b>12:00PM</b>
					<b>8/20/07</b>	<b>10:30AM</b>
					<b>8/23/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Alyssa Henley, and Sonya Magana Bartlesville Physical Rehabilitation, Bartlesville, OK. Alyssa shares what physical therapy is and what type of pain, injury, loss of motion would benefit from physical therapy. Many people are living with pain and they don't have to. Some are at home with knee pain and they have trouble getting out of their chair and physical therapy could help them. A therapist will assess the problems you are having and set you on a program. After accidents most people need physical therapy. Some people just don't have strength like they should. A physical therapist tries to keep one's independence longer so if we can catch them as soon as the signs show up, we can catch them before they go too long. Let's help people before they get stuck in a wheelchair or simply going out to garden. It's doctor approved and it's very gentle. You can even do it by yourselves. Sonya talks about the physical therapy cap in Jan. 2007 of \$1780.

<b>JOY IN OUR TOWN#353</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>09/06/07</b>	<b>3:00AM</b>
					<b>09/07/07</b>	<b>12:00PM</b>
					<b>09/10/07</b>	<b>10:30AM</b>
					<b>09/13/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Steve Bourke, Cancer Survivor and Advocate, Every 2 Days. Every two days in America we lose 3,000 people to cancer so every two days we have a World Trade Center disaster to cancer. This is a lot of suffering. This is the leading cause of death among Americans under the age of 85 and something we shouldn't tolerate. We're interested in making cancer a greater national priority. I try and share my story with cancer to someone else who's scared, not sure what the future holds and to encourage them, that this is not a death sentence but you need to stand up and roll up your sleeves and fight back. There is an army of people that are very concerned about cancer and making it a priority. As a country we can do more in the war on cancer but we can do better. Take away the stigma of cancer; we can't be too afraid to talk about it and it needs to be

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discussed openly. It's something we can battle together. Steve talks about his lymphoma cancer, treatment and recovery. He's lost weight and has fitness in his life and says it's critical for anyone to be happy.

<b>JOY IN OUR TOWN#354</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>9/27/07</b>	<b>3:00AM</b>
					<b>9/28/07</b>	<b>12:00PM</b>

Michelle Gustafson interviews Paul Langston, Alzheimer's Association and OK and AR Chapter. 75,000 Oklahomans have Alzheimer's disease. 5.1 million and climbing nationwide of Americans have this disease. You can be as young as 25 and 30 and have this incurable brain disease. It robs you of your memory and really your life. The Baby Boomer crowd, 78 million of those, are now in their 60s and two biggest factors is genetics and age for Alz. It can be a double-sided sword because as you are 65 you have a one in 8 probability of contracting, if age 85 you have a 50/50 probability and if a family member has it those numbers will be higher. Someone in America every 72 seconds develops Alz. They may go into the first stage or two before it's diagnosed. Symptoms to look for: forgetfulness, anger outbursts, withdraw, are very quiet, they will say "I just forgot" and it progresses. Biggest operative is to find a cure for this with medicine. They are looking for something that'll stop the process. Prevention: keep active even if you're diagnosed. Maintain a healthy brain. You are what you eat. Stay away from the saturated fats. Stay healthy by doing puzzles and doing things that engage the brain.

<b>Doctor to Doctor #125</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/03/07</b>	<b>11:30AM</b>
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**Dr. Anthony Lamanna** talks about Degenerative Arthritis. It is not genetic it is a 'wear and tear' arthritis; he explains joints made up of collagen. Prevention – exercise properly keeping joints mobile, proper nutrition and supplement with glucosamine sulfate, vitamin C, and drink lots of water. **Dr. Keith Gray** talks about eye allergies – in the Spring there is an increase of eye allergies. Itching and burning of the eyes - most common is seasonal conjunctivitis caused by pollen, rag weed, and molds. Rubbing worsens the condition - recommends using cold compress on eye that suppresses the itching. Routine eye examines are strongly recommended.

<b>Doctor to Doctor #129</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/10/07</b>	<b>11:30AM</b>
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**Dr. David Erb** talks about headaches and how to eliminate the triggers: caffeine, artificial sweeteners. Get your spine checked and find a corrective care Chiropractor. **Dr. Jean Glick** talks about smoking addiction and beating the nicotine habit. Every 8 seconds someone dies from tobacco use; to help someone stop enable that person to quit smoking; equip yourself to quit by making a decision and commitment. **Dr. Charles Adams** talks about breast health. Start young, avoid soy formulas; eat broccoli, brussel sprouts, cabbage, extra virgin olive oil and recommends Thermogram if you have breast implants.

<b>Doctor to Doctor #130</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/17/07</b>	<b>11:30AM</b>
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**Dr. Karen Bierman** talks about ADHD; symptoms are listed for ADD, Hyperactivity; and talks about Impulsive and learning disabilities and expressive language disorders. **Dr. Carl Schmidt** talks tips to keep your children healthy. Prevention is key, avoid over-processed foods. Alternatives to antibiotics are Colloidal Silver, avoid artificial food colors, choose good oils from nuts. **Dr. Dale Peterson** talks about preventing blindness – protect your eyes from ultraviolet light, cut back on sugar intake, increase intake of colorful fruits/vegetables and supplement with essential fatty acids, Lutein, Bilberry and Vinpocetine.

<b>Doctor to Doctor #131</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>7/24/07</b>	<b>11:30AM</b>
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**Dr. Lavert Robertson, N.D.** talks about cleansing and detoxification of the body – getting rid of poisons and toxins. Inflammation causes several diseases; detoxification gets rid of the garbage. Greatest addiction is food; food is the body's fuel and the wrong fuel will cause the body to not perform well. **Dr. Kenneth Harper, M.D.** talks about prostate cancer and the importance of getting an annual checkup. He explains Prostate cancer and the two main ways examinations. Treatments are debated and there are many complications; he gives symptoms of prostate cancer. **Dr. Carl Schmidt, N.D.** talks about ADHD. Many children with mental conditions are prescribed medications that have serious side effects. Too much sugar is a stimulant with side effects and can be toxic to the nervous system. The FDA has not studied artificial colors and flavors combination and they are usually in many processed foods; these should be eliminated from the diet. Children should eat well: whole grains, B Vitamins and minerals, trace minerals are important.

<b>Doctor to Doctor #132</b>	<b>28:30</b>	<b>18:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>8/7/07</b>	<b>11:30AM</b>
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	<p><b>Dr. Valerie Saxion, N.D.</b> talks about the benefits of activated charcoal. It can draw out up to 15,00 times its weight; it can pull poisons out of an abscessed tooth. It is beneficial in cases of food poison and poison oak. It acts as a bridge and is good for Candida, yeast and fungus infections. <b>Dr. Terry Shintani, M.D.</b> talks about controlling blood sugar and diabetes with whole food diets. An apple is only 80 calories versus a muffin has 800 calories. Processed foods have concentrated calories causing blood sugar to surge. <b>Dr. Sherri Calbom</b> talks about choosing the best fats/oils. Diets are heavy in Omega 6 fats; avoid vegetables oils and increase green leafy vegetables, fish, fish oils, seeds, nuts that are rich in Omega 3 Polyunsaturated fats clog the arties use Olive Oil, eat foods rich in folic acid: green leafy vegetables.</p>						
<b>ECONOMY</b>	<b>JOY IN OUR TOWN#344</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>07/05/07</b>	<b>2:30AM</b>
						<b>07/06/07</b>	<b>12:00PM</b>
						<b>07/09/07</b>	<b>10:30AM</b>
						<b>07/12/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mayor Wade McCaleb, Broken Arrow, OK. Broken Arrow is one of the fastest growing cities in Oklahoma and it should hit 100,000 by the next census; it's the safest with the lowest crime rate. They are working on bringing retail and manufacturing jobs to Broken Arrow. They need higher paying professional jobs. They are assisting current businesses to expand and bring in larger manufacturers. Trying to keep up with the growth of the infrastructure. Work on building up the downtown and they are building a performing art center downtown and museum. They are purchasing older homes, tearing them down, and building better looking homes. A committee is formed to market and brand the city with a new logo and slogans. Probably need to build 3 or 5 more elementary schools for the new families that are coming in. Bass Pro is a tourist destination as well. There is 20 million dollars worth of development just around Bass Pro. Lifestyle Centers are in the works and need anchor tenants to determine how upscale the development will be. The sales tax is the life blood of the city to fund fire, police, roads, we have a leakage in the city, we're trying to close this gap by bringing retail in.

	<b>JOY IN OUR TOWN# 348</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/03/07</b>	<b>12:00PM</b>
						<b>8/06/07</b>	<b>10:30AM</b>
						<b>8/09/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mayor Ron Nikkel, Bartlesville, OK. The economy of Bartlesville is really quite strong considering our ups and downs the past decade. It's stable and quality city and growing again. Conoco Phillips is continuing to bring people

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back and the local businesses are doing quite well. Our tax revenues are up about 5% from 2006 so good growth. There are other local businesses besides retail that are doing quite well so it's very encouraging. It is burdening some of the schools in the south and east because Wayside has seen enormous growth for capacity. We're working on infrastructure. Growth has been relatively flat so that's the remarkable thing when you have thousands of people leave but the population count has been flat. But it's stable. The Chamber of Commerce handles the marketing of the city and working on websites and letting people know about who we are and what's available. I think marketing the city comes from some of the major events that we have in Bartlesville.

<b>JOY IN OUR TOWN#350</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>8/10/07</b>	<b>12:00PM</b>
					<b>8/13/07</b>	<b>10:30PM</b>
					<b>8/16/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Mayor Ray Bowen and Trish Richey, Economic Development Director of Bixby, OK. Bixby since 2001 has had quite a growth rate as far as being #1 and in 2006 was a 38% growth rate. Bixby was built in 1906 and have grown from 1200 to just under 21,000 and it's been good steady growth. In 2006 passed a 20 million dollar bond issue and are working on widening main intersections. They are working with a consulting group that is working on building a new retail center with the city. They went to an annual conference about retail business. Sixty percent of retail decisions are from that conference. They have such strong demographics that they think retail businesses will want to come to Bixby. Shared about river development and retail that is coming.

<b>JOY IN OUR TOWN#355</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>9/21/07</b>	<b>12:00PM</b>
					<b>9/24/07</b>	<b>10:30AM</b>
					<b>9/27/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Congressman John Sullivan, First District, Tulsa, OK. Energy is still important in our economy and aerospace industry and we need to do all we can to help them. We were called the oil capital of the world, but we still have a core energy base here. With global warming and moving to more environmental fuels, wind, solar, electric...in 2010 there will be 600,000 green collar jobs and I think we can get a lot of those here. Downtown development is important to the economy of Tulsa.

<b>JOY IN OUR TOWN#356</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>9/14/07</b>	<b>12:00PM</b>
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## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
						9/17/07	10:30AM
						9/20/07	2:30AM

Michelle Gustafson interviews Mayor Stephen Cataudella, Owasso, OK. It's one of the fastest growing cities for 12 years in the state. Opened two new state of the art hospitals, ¾ million square feet of retails is opened. Our economy is very strong. Developers have invested 70 million a year over the last 3-4 years and in 2008 over 80 million invested in retail and homes, people moving in our economy is doing great. More growth in elementary schools being built. New housing developments, we have about 1,000 new blocks available for people to select from. Several big developments are in the works, about 2,000 homes. Talks about widening Highway 169, that needs to be done for safety reasons and working with state and federal people to hopefully help that happen. It's about 5 million just for the design, about 60 million for the widening. There are so many studies that have to take place to widen the road. There is an environmental study and the railroad crosses the highway, so that has to be looked at too. A lot of the citizens in Owasso work in Tulsa and there are accidents, or backups on that road. We believe in keeping our infrastructure safe and are committed to invest 1 million a year to roads.

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# Trinity Broadcasting Network

## *Quarterly Report*

October, November, December 2007

KDOR-TV 17/KDOR-DT 15 BARTLESVILLE, OK

Ascertainment List

Leading Community Issues

*Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.*

Minorities

Youth

Education

Health

Public Safety

## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
MINORITIES	JOY IN OUR TOWN#357	28:30	13:00	L	PA/O	10/1/07	10:30AM
						10/4/07	2:30AM

Host Michelle Gustafson interviews Jan Figart, Community Service Council of Greater Tulsa. Jan shares her concern about 1804, the Immigration Bill which was going into affect. Nov. 1, 2007, and how many minorities aren't accessing health care, education and leaving Oklahoma because of it. Many believe the "undocumented" population is Hispanic, it also includes Chinese, Europeans... House Bill 1804 has created a fear for the Hispanics because they're "brown". Families are afraid they will be separated. U.S. citizens who are Hispanics, Indians, Middle Eastern are being harassed and asked for document papers. This pressure/harassment will send a lot of the Hispanic, Indians, Middle Easterns away from Oklahoma. Women aren't entering prenatal care because of fear they will be "picked up." They aren't sending their children to school for fear of being "picked up." Long-term affect on Oklahoma: prenatal care is cheaper than after baby is born with low birth rate. It can be \$14,000 or more or \$550 dollars to serve a woman with prenatal care. Public education is guaranteed to call children regardless of their nationality but again fear of family separation (because of this bill) aren't put in school because the parents could be turned in by the school district.

MINORITIES	JOY IN OUR TOWN#358	28:30	13:00	L	PA/O	10/04/07	2:30AM
						10/05/07	12:00PM
						10/08/07	10:30AM

Host Michelle Gustafson interviews Laurie Paul, Executive Director, Community Health Connection. In most minority populations you can see how health care was about 20 years ago in the U.S., you went to the doctor when you were ill. You didn't go for prevention or for check ups. The immigrant population needs to be educated so they know to come to the doctor for check ups, for immunizations for their baby, for women to get their annual exams and for men as well. They are working thru the newspaper and community outreaches to talk to the people one on one and tell them how important preventative health care is and how to access the health care. They don't know where to go so they *only* know to go to the emergency room. The emergency room is for trauma and the cost is so high for the tax payer and to the patient. We *really* have to focus on prevention and that everyone has a medical "home". The parents don't want to take their child to the hospital because they are afraid of the Immigration 1804 bill and the child gets sicker and sicker and it's too late. She said this bill could take health care back about 20 years because immigrants are afraid to come.

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	<b>JOY IN OUR TOWN#362</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/02/07</b>	<b>12:00PM</b>

Michelle Gustafson interviews Milagros Cappelletti, Director Hispanic Outreach Center and Bibiana Artherton, Hispanic Business Coordinator. There is a lot of confusion from the Immigration Bill 1804; it's caused a lot of fear and anxiety and many have moved away. I think it'll be a legal challenge for many. They had a meeting with an immigration lawyer to help them explain to the minorities what the bill means. Undocumented minorities have to leave the U.S. First need of Hispanic population is the assimilation to the American culture, secondly learning the language and thirdly, immigration issues. They need to learn the laws here and do what the laws are here. It's unusual to use a seatbelt in Mexico and people drink and drive. There are free English classes so many classes available for them to choose from. Hispanic teenage pregnancy is going up. There is more freedom here and it's easier for them to do it. Younger and younger girls are coming into our offices and it's so sad.

	<b>JOY IN OUR TOWN#363</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/12/07</b> <b>11/15/07</b>	<b>10:30AM</b> <b>2:30AM</b>
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Host Michelle Gustafson interviews Sherry Rackliff, Executive Director, Rajean Stelfox, Success by Six/Smart Start Bartlesville program, Delaware Child Development. They help subsidize Native American child care needs for families. We incorporate healthy meals and snacks. One problem in the health area for Native Americans is diabetes. They are 2.6% more likely to get diabetes as the rest of the population. We teach healthy snacks to the family and children. And infant mortality is up 150% in Native Americans as it is in white population. We work with pregnant women to exercise properly and eat healthier. With the fast food being so prevalent, a lot of families are eating fast food and so children are getting a lot of fat, sugar and so we serve a lot of fresh vegetables and fruit. 90% of their brain development is in the first 3 years. We often ignore this area but research has proven it's an absolute. It's a good business investment to promote good economic development later on, those children are in more need than the others. If you want to produce a more responsible adult we need more positive experiences in children ages 0-3. Family-style dining helps teach a child to help build relationships and refine their abilities in talking to people. Early literacy habits/Raising a reader. It prepares a child for school. In the Native American population, because of the high drop out rate, it helps to prepare them for success in school. The drop out rate is 46% for Native Americans and for white people it's 28% so it's important to focus on these skills to help them be prepared for life. We focus on motor skills, language skills, cognitive skills to help them think and process.

	<b>JOY IN OUR TOWN#368</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>12/14/07</b>	<b>12:00PM</b>
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## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
						12/17/07	10:30AM
						12/20/07	2:30AM
						12/20/07	11:30AM

Host Michelle Gustafson interviews Pleas Thompson, Pres. of NAACP, National Assoc. for the Advancement of Colored People Tulsa Branch. Every time you think things are getting better something happens to shock you back in reality it makes you realize the struggle continues for equal justice for everyone. On the surface it appears we're doing better, but as long as there is hate in the world we're going to have discrimination. The key issue is love. Love has to be a positive concept in everything we do. We have strong educational programs where we teach people how to avoid things that will lead to racism. Let's say you're approached late at night by the police, treat the police with respect, don't be hostile to provoke the police to do something to do. Be cool and don't provoke the situation. Keep yourself in a position where harm won't come to you. A large percentage of black males are incarcerated because of lack of education, can't find employment which leads to crime. There's a gang problem because of lack of male leadership in the home. Mentoring young men are necessary. We encourage them to stay in school and to prepare them in how to interview for a job.

**700 Club CBN Newswatch    1:00:00    6:00    REC    PA/O/E    11/02/07    2:00PM  
#110107**

Charlene Israel CBN News: Television bounty hunter Duane "Dog" Chapman is apologizing for repeatedly using the "n-word" during a private phone conversation. But his son taped the phone call and reportedly sold it to the National Enquirer. Chapman was encouraging his son to break up with his black girlfriend. The controversy is just the latest in a series of racial incidents in the news recently. So where does America stand on race relations today? The civil rights movement ended years ago -- but charges of racism have not -- as seen in the case of the so-called Jena 6. News of the case has made national headlines, with many calling it the beginning of a new civil rights movement. The Jena 6 incident began with a symbolic gesture: a black student sitting under what had been seen as a "whites only" tree at Jena High School. While most would agree that America has made great strides in the equality for all regardless of the color of their skin, some say recent racial incidents are symptomatic of a deeper problem -- one that never healed. CBN News spoke with Alan Bean of the non profit organization Friends of Justice. As his organization investigated this incident, he told CBN News that what most believe is a problem of racism in the country may instead be a problem of ignorance surrounding our differences.

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<b>YOUTH</b>	<b>JOY IN OUR TOWN#359</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>10/12/07</b>	<b>12:00PM</b>
						<b>10/15/07</b>	<b>10:30AM</b>
						<b>10/18/07</b>	<b>2:30AM</b>

Host Michelle Gustafson interviews Dr. Jim Sisney, Supt. Broken Arrow Public School systems deals with over 16, 000 youth in the school system. The distractions are different but the results of distractions are similar. The social dynamics of the family are changing so much and people have lost their sense of discovery. I think this causes impatience among the youth. He said he believes in improving oneself has to be done alone and worries that are kids have lost that with the parents/grandparent phase. CNN said one in four people finish one book a year. He is trying to impart to the youth that this is a journey and most work of self improvement has come as an adult. It's very difficult to change yourself and it takes a 24/7 commitment to do it and if you can get youth to understand this. Relationship between youth and teachers and in some sense that teacher is really the parent. Empathy and focus to discern what it really means to educate a child.

<b>JOY IN OUR TOWN#360</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>10/19/07</b>	<b>12:00PM</b>
					<b>10/22/07</b>	<b>10:30AM</b>
					<b>10/25/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Lester Shaw, Exec. Director, A Pocket Full of Hope and Kendra Jones and Isaiah Brydie participants. Young people can practice being an adult before becoming an adult. They need to find out who they are, their dreams, goals and be themselves and practice being an adult. A lot of youth have adult experiences already whether taking care of a younger sibling or being a latch-key now. The sub-cultures in schools young people are attracted to. It has nothing to do with mainstream school activity...it's the culture/activities that go on in the hall way or cafeteria so they gravitate to the interests they have. So if football attracts you, you go there...so we try to tap into that and allow them to see that these experiences can be important if channeled in the right direction. If you have music taken out of school, or dance taken out of school where is the young person going to get this outlet. If they don't have that, they'll get frustrated with reading, writing. Challenges with youth are

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being misunderstood and not having an outlet. It's almost like society has taken youth, buried them and digging them up at adulthood. They need to be recognized and validated and if not they'll rebel and act out.

<b>JOY IN OUR TOWN#349</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/02/07</b>	<b>12:00PM</b>
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Host Michelle Gustafson interviews Steve Singleterry, Administrator, Baptist Children's Home Owasso. Many children with drug issues, substance abuse, antisocial behavior patterns, violence and they see poverty yes, in our day and time and many children are under socialized. Sometimes it's abandonment and there's reasons why our society is facing issues with our youth today. We see an ever increasing number of children being referred to us and more families having difficulty with their children. There's kids who don't understand right or wrong. They see many times a divided family through divorce where a parent is placed in a situation where it's their new spouse or their child. Parents are incarcerated and many young mothers are being picked up because of involvement with meth using or even distribution. It's not the kids fault but the parents. Some kids just give up. The real challenge is giving the kids hope that they can move beyond this. Sometimes a child can withdraw so much into themselves you hardly know they are even there. Some children are on medications to help them. They find our culture no longer has that point of turning where girls become women and boys become men. They have an event where these youth are honored...places in their lives where they see turning points. We teach them life skills gardening, cooking, cleaning, etc. We teach each child like they're an individual. They have independent living apartments for transition.

<b>JOY IN OUR TOWN#364</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/16/07</b>	<b>12:00PM</b>
					<b>11/19/07</b>	<b>10:30AM</b>
					<b>11/20/07</b>	<b>3:00AM</b>

Michelle Gustafson interviews Dr. Michael Zolkoski, Supt. Tulsa Public Schools. We believe the two skills a youth will need when they get out of high school you will need computer skills to process your way thru information challenges in the next ten to 20 years and communication skills in speaking and composing. Fifty percent of the jobs haven't been created yet so we're developing skills so they can go in and get any job they want to. We look at a lot of students giving speeches and in English classes reading their reports. It's a biggest challenge being more verbal. We spend a lot of time in elementary with vocabulary and phonics to try and put them in the inner sanctum of the brain so later on they can draw on that memory. Parents need to read to their children as young as six months. There are new studies on the pitch and voice in reading. Music helps. The way some youth dress is just an expression. They've tightened up the discipline in the schools. Children should respect the adults and teachers are paid to teach.

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We've put several methods in this year to get a more structured learning system. Two years ago we had about 11,000 suspensions and we want to cut that down to 4500 suspensions by using two different programs. The more aggressive program is the performance program for very severe students who commit very serious offenses. School starts at 7a.m. and goes to 5pm. 16 social skills are developed. We work on their reading level. Most of the students that get in trouble have a lower reading grade level. 500-800 drop outs in our area every year so adding these programs to help our students is exciting.

<b>JOY IN OUR TOWN#367</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>12/7/07</b>	<b>12:00PM</b>
						<b>12/10/07</b>	<b>10:30AM</b>
						<b>12/11/07</b>	<b>2:30AM</b>
						<b>12/13/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Nancy Roe, Executive Director, Cindy Rhodes, Development Director Mend Medical Center. There are a million teen pregnancies every year and with them 25% of them are married. 1/3 are carried to term, 1/3 are aborted and 1/3 are carried to term. We help the young girls explore all of their options. SO many young girls think it's not going to happen to them. They panic. Well meaning friends tell them this and that. They need someone to give them the resources that are available to them. Most of the decline in teen pregnancies is because of abstinent education. Most teens aren't even using birth control. And if they are, there is false security because no birth control is 100% full proof. They may not be consistent with the pill. Abstinence is the only 100% full proof method to avoiding pregnancy. It also protects from sexually transmitted diseases. It protects you from a broken heart. There are over 25 STDs. Some don't even know they have them and are passing them on with multiple partners and can lead to long term consequences.

<b>700 Club CBN Newswatch #101207</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>10/12/07</b>	<b>2:00PM</b>
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Heather Sells *CBNNews.com* - It's no secret that many American kids are very busy with organized activities. But what psychologists now realize is that these jam-packed schedules can silence play. This lack of play is stunting emotional, behavioral and even intellectual growth. The concern with organized activities -- like soccer -- is that they're stealing precious free time from our kids. Researchers say in the last two decades, kids have lost 12 hours a week. More than 25 years ago, psychologist David Elkind sounded the alarm in his book The Hurried Child. Now, he says the real danger is the loss of what used to be a childhood staple: free, unstructured play. "But many parents also know that kids in organized activities tend to do better psychologically and academically."They do learn to manage their time," Dr. Linda Mintle said. "That's a great thing. They also learn how to be with

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other people -- how to work with people that are maybe not as easy to get along with as people in their own family." Of course, these down moments don't just appear magically. So experts say, put it on your to-do list because these days, even free time must be planned.

<b>Doctor to Doctor #137</b>		<b>28:30</b>	<b>10:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>10/23/07</b>	<b>11:30PM</b>
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Dr. Chimene Fikkert, MD talks about children and the media. Children are starting to watch TV as early as 9 months. Children between birth and 2 yrs should not watch TV, studies prove it doesn't make them smarter; they should be talking with parents, reading, playing. She discusses TV and aggressive behavior and how it causes children to act aggressively. Parents should watch TV with children and ask open ended questions.

### EDUCATION

<b>JOY IN OUR TOWN#359</b>		<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>10/12/07</b>	<b>12:00PM</b>
						<b>10/15/07</b>	<b>10:30AM</b>
						<b>10/18/07</b>	<b>2:30AM</b>

Host Michelle Gustafson introduces Dr. Jim Sisney, Superintendent of Schools for the Broken Arrow Public School system. No Child Left Behind occurred in 2001 and it says there has to be a marriage between the content and how you assess them. No Child Left Behind's intent was to go to the classroom level... Dr. Sisney went with the idea of what problems do we have to solve so he did problem formulation and it became very clear he had to implement some systems. How do we deliver the knowledge and the missing link how do the kids receive the knowledge. They are taught memorization reading techniques and note-taking techniques and listening techniques. 1 in 4 words are heard. We're perceiving about 1% of what comes out of someone's mouth. To education with this, 85% of instruction at all levels is lecture. We are not teaching the type of tools that connects to the teacher's delivery. They are providing these mentioned skills that will allow children to go to college and be able to handle it.

<b>JOY IN OUR TOWN#364</b>		<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/16/07</b>	<b>12:00PM</b>
						<b>11/19/07</b>	<b>10:30AM</b>

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						<b>11/20/07</b>	<b>3:00AM</b>

Michelle Gustafson interviews Dr. Michael Zolkoski, Supt. Tulsa Public Schools He's over 89 schools in the Tulsa area. There's a lot of different changes federal funding has gone down and local tax payers have been taxed quite a bit. One change in '02 was the No Child Left Behind and that's put a different perspective on accountability. Talks about different right brain and left brain students...over the last few years we're getting more right brain children, very visual students. Everything we see in the media is instant and this has affected the brain. Learning styles have changed. The way I taught math years ago is different. Teachers are under a lot of pressure and must alter their teaching styles to reach each students. English teachers teach editing now and that helps students be better writers. Today's children are very very smart. Some research out there that today's student's double their knowledge every six months and in ten years from now they'll double their intelligence every month. We know that if you are going to teach a child a different language do it before the age of ten. So there is a lot of things we know today that we didn't know five years ago. We still only use 5% of our brain. We're spending a lot of time with our teachers in instruction in the classroom. Our goal is to get all of our schools off the list. The test is divided into sub populations and all of them are different and so the principals have a big job on their hands.

<b>JOY IN OUR TOWN#367</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>12/7/07</b>	<b>12:00PM</b>
					<b>12/10/07</b>	<b>10:30AM</b>
					<b>12/11/07</b>	<b>2:30AM</b>
					<b>12/13/07</b>	<b>2:30AM</b>

Michelle Gustafson interviews Sandra Kent, Principal Woodrow Wilson Elementary. No Child Left Behind is a big change and has changed our focus so we're making sure we are reaching every student and making sure they don't slip thru the cracks. We're very much accountable to that now. Trying to set the standard higher can be difficult but we see the benefit and are helping the student be the best they can be. Focus is on the 8 multiple intelligences. How does each brain work: there is numbers smart, word smart, music smart, body smart, nature smart, people smart, self smart etc...it's knowing how the brain processes information. We know the learning styles but then it's in there this is how it's worked out in the brain.

<b>JOY IN OUR TOWN#368</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>12/14/07</b>	<b>12:00PM</b>
					<b>12/17/07</b>	<b>10:30AM</b>
					<b>12/20/07</b>	<b>2:30AM</b>
					<b>12/20//07</b>	<b>11:30AM</b>

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**THE QUARTERLY REPORT**

**Issue/  
Problem**

**Program Title**

**Program  
Duration**

**\*Topic  
Segment  
Duration**

**Source**

**Type**

**Air-Date**

**Time**

Michelle Gustafson interviews Kathy Quick, NCSP, School Psychologist for Bartlesville School District. Psychologists work with teachers and parents when children are having difficulties with academic, behavioral or emotional issues that are interfering with their learning. We have informal consultations, we plan short term interventions, activities to help resolve some of those issues, sometimes we need more long term interventions. If we find a child has a disability then we play a role in the design of special education services. Teachers are very good at knowing what a student needs, but sometimes they need resources and assistance to help figure out what to do as well as how to help the child. Psychologists play a support role in helping the teacher in making decisions in what to do. Sometimes problems go unresolved and we try not to let that happen. Sometimes they struggle and fall farther and farther behind. Some children have social issues and end up with peer conflicts and drop out of school... we play a role in helping prevent those kinds of problems with life long consequences.

<b>JOY IN OUR TOWN#369</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>12/21/07</b>	<b>12:00PM</b>
					<b>12/24/07</b>	<b>10:30AM</b>
					<b>12/27/07</b>	<b>2:30AM</b>
					<b>12/28/07</b>	<b>12:00PM</b>

Michelle Gustafson interviews Kim Macy, Lead Clinician, Sooner Start. Try to catch kids as early as we can that are at risk for developing delays. Those with downs syndrome we get very early. Maybe a child isn't walking or talking when they should. The two we can have the greatest impact are those with hearing loss and autism. Look for lack of eye contact, children should be pointing at objects by the time they are a year old, often times kids with autism aren't understanding words and can't follow basic commands like go get your cup. One thing we know is often times kids will withdraw and not have social interactions with family and other kids. For hearing loss: we do have a universal new born screening program in Oklahoma. If they fail a screening, we do a follow up. They use a computer to test a newborn's hearing and measures how their brain responds to sounds. If they do have a hearing loss, we follow up with hearing aids, implants. If a baby is born with hearing loss, if we can catch it before 6 months and stimulate their hearing with hearing aids for example, they have a really good chance of developing typical language.

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## THE QUARTERLY REPORT

<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
HEALTH	JOY IN OUR TOWN#358	28:30	13:00	L	PA/O	10/04/07	2:30AM
						10/05/07	12:00PM
						10/08/07	10:30AM

Michelle Gustafson interviews Stephanie Colclasure and Shannon Fair from Jane Phillips Medical Center about cancer treatments. Breast cancer and lung cancer we see the most. The side affects are minimal if they start exercising right when they start their treatments. Side affects from chemo are nausea, fatigue, loss of appetite, weight loss with radiation they have some skin irritability, fatigue and with exercise we find those pretty much diminish. It takes about 1 or 2 weeks to see the side affects diminish and they are tired the first week but after the first week their self esteem is higher and their spirits are different, more of a positive attitude. Massage benefits the lymphatic system and helps move the lymph. The lymphatic system is basically your garbage disposal and it moves those toxins safely out of the body but it doesn't have a pump. So if you aren't feeling well due to cancer or any other type of illness this is one of the cause of lymphadema and you don't have that movement the waste becomes stagnant and you have all those complications. With massage we can stimulate that lymph flow and gently break up the atrophy and allow the muscles to move correctly. It also helps muscles aches, decreases nausea; it is beneficial for depression just having human touch, just having that contact is very important. It also empowers the family so they can help their family member.

JOY IN OUR TOWN#361	28:30	13:00	L	PA/O	10/26/07	12:00PM
					10/29/07	10:30PM
					11/01/07	2:30AM

Michelle Gustafson interviewed Pam Rask, Manager of School Health Program, Tulsa Health Dept. Obesity continues to rise in our country and in our children it's more than doubled. In 1990, the percent of pop. In OK was 11.6, it's now 26.8% and that's a huge jump. Nationally obesity has jumped from 13% to 31%. High blood pressure, increase risk of heart disease, diabetes, difficulty breathing, trouble sleeping all come with being overweight. All of this is preventable with exercise and increased activity. 65% of premature deaths in OK are attributed to life style choices like tobacco use, lack of physical activity and poor diet. She said the pendulum is shifting and we didn't become unhealthy overnight and we're not going to fix the problem overnight. The individual choices are what is creating the unhealthy outcomes in our state. In OK we rank 44<sup>th</sup> in overall health. Programs need to be put in place. Health begins when you're first born. We need to take care of our health before the baby is born and teach them good nutrition habits. Society has adopted a fast food dinner lifestyle. Obesity costs in OK for Medicare and Medicaid are \$854 million per year. This doesn't include private insurances or costs to private businesses.

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	<b>JOY IN OUR TOWN#363</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/12/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Dr. Jack Wise, NMD, IMCOT, Integrative Medical Center of Tulsa. Alternative is really traditional medicine because herbs have been around since Genesis. Medicines have been around since this first third of the last century. In traditional medicine they treat the symptoms and diagnose by the symptoms. The nurse takes your vital signs asks where you are hurting and the doctor writes you a prescription. It's a money driven system in the traditional health care with insurance companies and pharmaceuticals. NMD do muscle testing and the body will tell you what is happening in the body. PMS is the glandular system malfunctioning. What happens if you eat something that doesn't sit right with you. Irritable bowel is an allergy to genetically modified wheat. The colon and intestines inflame. So when you eat organic foods it doesn't bother you anymore. Celiac is a genetic disease. It starts out with eruptions in the digestive system.

	<b>JOY IN OUR TOWN#365</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/23/07</b>	<b>12:00PM</b>
						<b>11/26/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Gale Mills, Family & Consumer Science Educator, Wash. County, OSU Cooperative Extension Service. Osteoporosis is low bone mass usually with people 50 years an older and can affect younger people. IT can affect those who are very involved in sports, gymnasts for example. After menopause, estrogen levels drop so that can be a factor, smoking, excess alcohol intake, if you don't get enough in your diet that puts you at risk as well. There's 10 million Americans and 80% are women who have this disease and touches every ethnic backgrounds. It's also termed the silence disease because there is no pain. You can have a bone density test to measure bone loss and it can show any pending fractures. Request your doctor to give you the bone density test; Medicare will pay for one every two years. It's common that if you have this disease, you will "shrink." There is a family history component so look at that to see if you're at risk. Up until age 20 women are building their bone mass, after that age you can never attain the full structure at that age so consuming adequate amounts of calcium, vitamin D and phosphorus when you're a teen and younger is so important because after that you're living off of the reserve. Pop interferes with calcium absorption as does energy drinks.

	<b>JOY IN OUR TOWN#366</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/30/07</b>	<b>12:00PM</b>
						<b>12/03/07</b>	<b>10:30AM</b>
						<b>12/04/07</b>	<b>2:30AM</b>
						<b>12/06/07</b>	<b>3:00AM</b>

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Michelle Gustafson interviews Judy Branscum, Executive Director, Older Citizen's Services, Inc. Oklahoma is one of the hungriest states, wages are low so when you retire your income is not very big. Money goes to medicine and so seniors give up something and usually it is food. Most people think if you retire on social security you're covered. I don't think people understand that they have to make choices and that if seniors don't have the proper diet and how it affects them. Diabetes in seniors is rampant and if you don't have the proper diet you can't control your sugar. If you don't have money you don't buy fruits and vegetables, you don't have fiber, you can't buy fiber so it affects their health in many ways. It affects your heart. If you don't eat healthy you can't live healthy.

<b>JOY IN OUR TOWN#369</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>12/21/07</b>	<b>12:00PM</b>
						<b>12/24/07</b>	<b>10:30AM</b>
						<b>12/27/07</b>	<b>2:30AM</b>
						<b>12/28/07</b>	<b>12:00PM</b>
						<b>12/31/07</b>	<b>10:30AM</b>

Michelle Gustafson interviews Pam Beard, Executive Director and Dr. Steven O. Lusk, DDS, Eastern OK Donated Dental Services. Last year 215 volunteer dentists provided over \$926,000 to 621 elderly or those with disabilities. This year they've already provided a million dollars of free dental care to over 721 people. Most patients need some sort of replacement in their mouths. The elderly, low income and those with disabilities are low on funds so dentistry isn't a met need. Dental disease is the most common disease known to man. The oral cavity is an environment to grow bacteria. Even if you clean your teeth, within 24 hours plaque is re-accumulated again. Because so much of our diet is processed and pop, dental decay is really high. The bacteria are the source of the problem to the dental disease and systemic disease like cardiovascular health and other disease. They feel start in the mouth. So a person with a lot of gum disease is much more likely to have hardening of plaque in the heart. We teach them how to maintain their teeth and keep them healthy. Anytime your dexterity is limited it makes it more challenging to brush your teeth and keep them clean, once their dental health starts to deteriorate and it's painful with inflammation in the mouth so they get discouraged and they don't do anything.

<b>Doctor to Doctor #140</b>	<b>28:30</b>	<b>18:30</b>	<b>REC</b>	<b>PA/O/E</b>		<b>10/02/07</b>	<b>11:30AM</b>
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<u>Issue/ Problem</u>	<u>Program Title</u>	<u>Program Duration</u>	<u>*Topic Segment Duration</u>	<u>Source</u>	<u>Type</u>	<u>Air-Date</u>	<u>Time</u>
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**Dean Mausolf** talks about exercise – physical activity can be household chores, playing with children, walking. Strength exercise is weightlifting; cardiovascular exercise is important to get your heart rate going; find ways to get exercise into your day. **Dr. Valerie Saxion** talks about sugar; the average American eats 200 pounds a year. Good sweeteners are Stevia, unprocessed honey, turbinate sugar cane, barley malt, and black strap molasses. Bad sugars are Saccharin, high Fructose Corn Sugar and Aspartain.

<b>Doctor to Doctor #141</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>10/09/07</b>	<b>11:30AM</b>
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**Dr. Randy Burden** talks about cholesterol as an important building block to building cells; it is created by the body or formed through food and explains good and bad levels of cholesterol and triglycerides. Triglycerides get lower by increasing activity level, decrease saturated fats and carbs. **Dr. John Taylor** talks about nutrition and ADD. Add/ADHD can be controlled by nutrition and explains how the brain needs five nutrients to run. He talks about vitamins and proteins and eating healthy. **Dr. Chimene Fikkert** talks about overweight children and Diabetes. Recommended food choices: skim milk instead of whole milk, baked foods are better than fried and control food portions. Exercise on a weekly basis is important and call Pediatrician if child is overweight.

<b>Doctor to Doctor #142</b>	<b>28:30</b>	<b>28:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>10/16/07</b>	<b>11:30AM</b>
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**Dr. Chip Abbadessa** talks about the spinal cord not having the ability to heal itself. If the spine is misaligned it will degenerate, discs between vertebrae will be affected and eventually wear down in an effort stabilize the spine. **Dr. Charles Adams** talks about Acupuncture – a pin is put in the body and twirled, releasing energy to heal the body. It isn't a part of American medical curriculum but used in eastern part of world. **Dr. David Wood** talks about cardiovascular health. Nan bacteria can get into the body and calcify the immune system. It releases an inflammation and enters through the blood stream. Treatment is Liposum EDTA dissolves calcium build up and de-shields bacteria.

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	<b>Doctor to Doctor #137</b>	<b>28:30</b>	<b>18:30</b>	<b>REC</b>	<b>PA/O/E</b>	<b>10/30/07</b>	<b>11:30AM</b>
	<p><b>Dr. David Erb</b> talks about heart disease and cholesterol drugs, the nervous system for a stronger heart and a healthy diet. Avoid processed foods eat plenty of raw foods and exercise. <b>Dr. Charles Adams, M.D.</b> talks about breast implants; about one million women had implants before any studies to determine if they were safe. He talks about the FDS not getting approval on implants until 1976 and the manufacturers were not required to submit data until 1991 and the studies received were not good. He talks about problems and mammograms.</p>						
<b>PUBLIC SAFETY</b>	<b>JOY IN OUR TOWN#357</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>10/1/07 10/4/07</b>	<b>10:30AM 2:30AM</b>
	<p>Michelle Gustafson interviews Tim Lovelle, Executive Director and Robin Elliott, Children's Preparedness Workshops, Tulsa Partners. Thinks Oklahoma is more prepared for disaster. Talked about how Tulsa hasn't had a disaster in awhile. People need to be prepared because a disaster can happen at any time. If you have a plan in place, a disaster kit, you'll be better able to deal with disasters and know you're family is safe. Tim explains what is in a Disaster Supplies Kit that will last you 3 days in case of a disaster. He explains why contact information is important to have with relatives who live outside your area as a contact. Families need to work with their children and come up with a plan and actually practice it, in terms of fire drills, tornado drills etc. Suggests building a safe room in case of tornados. Save the Children started children's workshops to prepare children for disaster. Hurricane Katrina was the disaster that inspired this. Robin shares what is in a backpack for each child after a workshop. She explains why a whistle is included in the backpack for each child. Blowing on a whistle requires less strength for a child than yelling if in a disaster. The Family Preparedness Guide is in each backpack for parents/guardians. Children are aware of disasters, they see the news and they have their own thoughts on that so opening a dialogue would surprise you what a child would say. Ask them how they feel, what they know and you can dispel anything that isn't correct.</p>						
	<b>JOY IN OUR TOWN# 360</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>10/19/07 10/22/07 10/25/07</b>	<b>12:00PM 10:30AM 2:30AM</b>

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	Michelle Gustafson interviews Kary Cox, Dir. Of Emergency Management, Bartlesville/Washington County Emergency Management. More people recognize and because of 9-11 people are more concerned with how prepared they are and preparing for a natural hazard. Emergency management deals with primarily public safety and a key role of emergency mgmt is working with other agencies very closely during an event but also in preparing for events. They help coordinate training for responders to a disaster. They've been focusing on ICS-Instant Command System training. In public education campaigns they try and make sure individual families are prepared for disaster with having a Disaster Response Plan, Disaster Supplies Kit with enough food/water for 3 days minimum. One gallon of water per person/day.						
	<b>JOY IN OUR TOWN#361</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>10/25/07</b> <b>10/26/07</b> <b>10/29/07</b> <b>11/01/07</b>	<b>3:00AM</b> <b>12:00PM</b> <b>10:30AM</b> <b>2:30AM</b>

Michelle Gustafson interviews Dave Cox, Emergency Preparedness Division Director, Tulsa Health Dept. Before 9-11 the Health Dept. wasn't involved with emergency preparedness. Following October 2001 when the Anthrax events occurred the health dept. was thrust in the emergency preparedness ever since. The Health Dept has shifted to an all-hazard approach to bio-terrorist, hurricanes, tornadoes, chemical events and nuclear/radiological events. A dirty bomb would spread the radioactive isotopes. The last few years the federal govt. has had us focus on more pandemic influenza. Each plan has a general component and then each event has unique elements to it. The health dept. would be responsible for mass immunization if necessary. They could inoculate or vaccinate 600,000 people within ten days. With Anthrax we have a much shorter window to vaccinate that many people. They have full scale exercises and have now coordinated them with the flu clinics for emergency response. The drive-thru clinics are efficient to get the shots to people. 5,000 people received drive thru flu shots last year.

	<b>JOY IN OUR TOWN#365</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>	<b>11/23/07</b> <b>11/26/07</b>	<b>12:00PM</b> <b>10:30AM</b>
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Michelle Gustafson interviews Nellie Kelly, Spokesperson, Tulsa Red Cross. First step in preparedness is figuring out what our risks are so in our area we are at risk of tornadoes, winter storm damage...there may be a transportation issue if you live near a highway something could be spilled on the highway in an accident. Wild fire risks are another risk. We need to focus on the risks in our area. People tend to think accidents and emergencies and disasters aren't going to happen to them. Only about 7% of

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Americans are Red Cross Ready: they have a disaster supplied kit, you are informed, you are prepared, you know some first aid. Not many have taken the steps to be prepared. It can mean the difference between life and death in being prepared. It starts with a conversation with the family. First step is to feel like you can talk to your family about the possibility of disaster. You're afraid you'll scare the children or family members. Open the communication and they'll feel more at ease because they'll feel confident they'll know what to do in case of disaster. The most common disaster is house fires. 600 house fires in our area in northeastern Oklahoma so this could affect most of us. Families could start with talking about house fires. Draw out a floor plan, try to find two ways to escape from every room. Ask your children where you should meet once you escape from the house. Have a disaster supplies kit ready.

<b>JOY IN OUR TOWN#366</b>	<b>28:30</b>	<b>13:00</b>	<b>L</b>	<b>PA/O</b>		<b>11/30/07</b>	<b>12:00PM</b>
						<b>12/03/07</b>	<b>10:30AM</b>
						<b>12/04/07</b>	<b>2:30AM</b>
						<b>12/06/07</b>	<b>3:00AM</b>

Michelle Gustafson interviews Mike McCool, Director, Tulsa Area Emergency Management Agency. Emergency management has changed a lot in last 6 years. We didn't think much about terrorism. We started buying equipment and supplies like crazy for terrorist events and did the more terrorist training. They train the citizens themselves with CERT, Community Emergency Response Teams classes. Emergency managers do 4 things: mitigation, preparation, response, and recovery. Natural disasters are events that happen because of nature. Technological disasters come from man: an act of terrorist, sabotage, hazardous materials released, civil disorder are all man made. Tulsa has been through more presidential declarations concerning ice storms than any other event in recent history. Family preparedness is most important. We want people to prepare now and to be ready to respond. We want their home to be ready and it takes time and effort to put a plan together for each and every family.

<b>700 Club#102207</b>	<b>1:00:00</b>	<b>5:00</b>	<b>REC</b>	<b>PA/O/E</b>	<b>10/22/07</b>	<b>2:00PM</b>
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Erick Stakelbeck, CBN News Terror Analyst reports from Columbus, Ohio - One traditional Middle Eastern grocery is painted to match the distinctive red, white, black and green of the Palestinian flag. Over the meat counter hangs a flag often flown at rallies for the terrorist group Hamas. But this grocery store isn't located in Gaza or the West Bank. It's in Hilliard, Ohio. It seems an unlikely battleground in the Israeli-Palestinian conflict, but support for the Palestinian cause runs deep. A Palestinian native, El-Yousseph writes about Muslim issues. He says many Muslims in Columbus feel the U.S. has neglected the Palestinians. Columbus is no stranger to Islamic radicalism. Members of an al-Qaeda cell attended a local mosque. Two of the men were convicted on federal terrorism charges. One plotted to bring down the Brooklyn Bridge. Another planned to blow up a local

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shopping mall. Federal law enforcement officials say other members of the cell are still on the loose. That al-Qaeda cell was one of the largest yet discovered in America. El-Yousseph says he and other local Muslims condemned those involved. But Poole says support for two other terror groups is widespread among Columbus Muslims.

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