

**WMCF-TV45**  
**TRINITY BROADCASTING NETWORK**  
**QUARTERLY REPORT**  
**JANUARY, FEBRUARY, MARCH 2010**

**WMCF - TV 45 - MONTGOMERY, AL**

PROBLEMS PERTAINING TO  
LEADING COMMUNITY PROBLEMS  
FOR  
JANUARY, FEBRUARY, MARCH 2010

RESULTS OF ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES BY TELEPHONE FROM TBN VIEWERS, FROM THE PRINTED MEDIA, COMPRISING NEWSPAPERS, MAGAZINES, PUBLICATIONS, AND FROM TELEVISION AND RADIO, WHENEVER POSSIBLE.

HEALTH

CRIME

CIVIC AFFAIRS

ECONOMY

SUBSTANCE ABUSE

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF TBN'S WMCF-TV 45 PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT LIST, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FIRST QUARTER.

JANUARY, FEBRUARY, MARCH 2010

**PREPARED BY** \_\_\_\_\_  
(Signature)

**DATE** \_\_\_\_\_

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0129-10	<u>HEALTH</u>	28:45	12:44	L	PA/O	1/29&2/5/10	12:00PM
						1/30&2/6/10	2:30PM
						2/1&2/8/10	10:30AM
						2/2&2/9/10	2:30AM
						2/4&2/11/10	2:30AM

Alabamians are cognizant about living healthier lifestyles. The knowledge of how to live healthier is readily available, and, in most instances, can be just a mouse click away. Having the knowledge and the implementation thereof can be diametrically opposite processes. As a result of this dilemma, Scale Back Alabama was developed. **Joy In Our Town** Host Aaron Motley visited with Registered Dietician Miriam Gaines of the Alabama Department of Public Health and they discussed the inner workings of the Scale Back Alabama program. “Scale Back Alabama is designed to address the issues of obesity and how to live a healthier lifestyle,” Ms. Gaines stated initially. “Obesity is a complex situation. We eat more than we should and we don’t move around as much as we should. We are eating ‘past full.’ We’ve even lost the ability to know what adequate portion sizes are,” she admonished. Ms. Gaines also explained that by healthcare and dietary standards, obesity begins when a person 30 pounds overweight. She also informed viewers that a person could possibly gain a pound a week just by consuming an extra 500 calories per day. Scale Back Alabama is designed to motivate individuals to make healthy lifestyle decisions through camaraderie and teamwork. Teammates are accountability partners that help each other make good lifestyle decisions. The team and individual that loses the most weight will win a monetary prize. Specific criteria can be found at [www.scalebackalabama.com](http://www.scalebackalabama.com).

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0312-10	<u>HEALTH</u>	28:45	13:32	L	PA/O	03/12/10 03/15/10	12:00PM 10:30AM

Healthcare for the elderly has become an increasing issue of concern, particularly among Central Alabamians. Agencies such as the Central Alabama Consortium on Aging (CACA) help tackle these concerns. “We provide services for seniors,” Ms. Sandra Whatley Adams of the CACA stated as she began her conversation with *Joy In Our Town Host* Aaron Motley. “We help people who can’t afford medications through the pharmaceutical companies.” Ms. Whatley added that the CAAC works closely with MEDICAID and Medicare to facilitate potential clients receive benefits. She delineated the differences between the two agencies. “Medicare is a congressionally established healthcare insurance plan for those aged 65 and older. Now, Alabama MEDICAID is healthcare insurance program for low-income individuals and families” Ms. Whatley explained. “Medicare has Parts A through D, but there are premiums associated with these parts,” she warned. “When someone comes into our office, we will assess their needs. We ask that those seeking help disclose their financial situation with us,” she said candidly. “Once those needs are assessed, we then make our recommendations.” The CACA recommends that when a person becomes eligible for Medicare, he/she should enroll within the prescribed enrollment periods. If a person has any changes in his/her status or administrative information, the CACA urges beneficiaries to make those changes during the enrollment period(s). More information is available online at [www.centralalabamaaging.org](http://www.centralalabamaaging.org), [www.medicare.gov](http://www.medicare.gov), and [www.medicaidbenefits.kff.org](http://www.medicaidbenefits.kff.org).

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #239	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/05/10	11:30AM

**Dr. Caroline Leaf** talked about how emotions can impact the body. The body and the mind are interlinked. A person can become physically ill because they are overwhelmed and can't think straight. Suppressed emotions can come out emotionally, physically and behaviorally. It is important to deal with our emotions as they come to our attention. **Dr. Michael Tick** talked about Transdermal Infusion. It's important to get the root of health problems rather than treat the symptoms. The skin is connected to all vital components of the body. By using the skin, we can see which organs are having a problem and then apply herbs directly to the skin. **Dr. Denise Brady** talked about oral health. Healthy gums should be pale pink in color. Symptoms of unhealthy gum could be bleeding when flossing for more than a week and bad odor. The number one cause of gum disease is the level of good and bad bacteria in the mouth are out of balance. This can also lead to other problems like heart disease. It's important to your dentist twice a year.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #240	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/12/10	11:30AM

**Dr. Dale Peterson** talked about high fructose corn syrup and the claims made about it. It is not naturally made because it is no where found in nature. It is ok in moderation but moderation is no more than 32 grams of sweeteners per day. There are no studies showing the long term affects of it. People should avoid it and other sweeteners. **Dr. Ace Anglin** talked about bunions being a deformity that happens in about 30% of people. It most often is a problem for women because of narrow length and high heels. It's important to wear proper shoes. Rest, ice, compression and elevation can help manage bunion pain. **Dr. Robert Gear** talked about Spinal Degeneration which happens in three phases. Phase one the alignment of the spin is altered but the disc space remains the same. Phase two alignment continues to deteriorate and disc space it narrowed. Phase three joint space is no longer visualized. Prevention is recommended but sometimes surgery is required.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #241	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/12/10	11:30AM

**Dr. Dino Prato** talked about Cardio Vascular disease. Although it can be impacted by genetics, dietary health does play a critical role. Deficiencies in antioxidants, vitamin C, amino acids, proline and lysine can impact it as well. It's important to change your eating habits, clean out toxins in the body and then provide the nutrients needed to heal. **Dr. Randy Brinson** talked about ulcers. Often they impact people with Chronic Reflux Disease. Symptoms can be obstruction of the stomach, bleeding, pain and discomfort. Doctors can use an endoscope and directly inject medicine into the ulcer or they can clip the vessel and hold into place. **Dr. Doreen Lewis-Overton** talked about the Adrenal Gland, which was designed to regulate the endocrine system. Stress can throw it off resulting in mood swings, light headed, belly fat and problems sleeping. It's important to eat healthy, moderate exercise, eliminate toxins and see a doctor about getting your Adrenal Gland tested.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #242	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/19/10	11:30AM

**Dr. Lavert Robertson** talked about Chronic Systemic Inflammation that has been linked to cancer, obesity, arthritis and Alzheimer's' disease. It is a result of a diet high in refined, processed and chemical food. Systemic Detoxification and cleansing will help the body to get rid of the garbage and maintain optimal balance. **Dr. Randall Sapp** talked about eye exams, which should happen once a year. There is a misconception that they are painful or scary. Case history, visual activity, preliminary testing, phoropter, slit lamp, ophthalmoscope and retinoscope are all used in the exam. **Dr. Amando Pineda** talked about stress. The body was meant to endure stress by producing Cortisone and Adrenaline. Stress all the time can lead to high blood pressure, mood swings, lack of sleep and depression. It's important to learn to relax by exercising or drinking tea.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #243	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/02/10	11:30AM

**Dr. Rita Hancock** talked about true hunger. There are a lot of reason why people eat before they feel hunger pains. The apple test can determine if you are truly hungry or have a craving. If you are hungry, then eat what you enjoy in moderation. If you have a craving, then look at your emotions and thoughts that caused it. **Dr. Martin Finkelstein** talked about how our thoughts can lead to healing and being healthy. Thoughts are powerful and are related to our beliefs which affect our emotions. It's important to change the way we think and believe.

**Dr. Bettye Alston** talked about common sense approaches to dealing with hypertension. Reduce stress, eat healthy, rest, exercise and drink plenty of water. It's also important to monitor your blood pressure and be seen regularly by your doctor.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #244	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/09/10	11:30AM

**Dr. Bob DeMaria** talked about toxins in the body. We are exposed to toxins every moment of the day in the air, water and food. The liver acts as a filter to help eliminate the toxins in the body. It's important to drink pure water, eat whole foods including vegetables and to exercise daily. **Dr. Gary Myers** talked about cavities in young children. A cavity is a bacterial infection called Strep Mutans. Cavities appear over time and are affected by how much and how often sugar is consumed. It is important to limit sugar, brush, floss and visit the dentist regularly. **Dr. Carl Schmidt** talked about men's health. For the prostate gland, it is important to eat a high quality food with clean oils such as flax or grape seed oil. Eating salad and nuts will help to nourish the prostate gland as well. Exercise that includes muscle building will help the body as well.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #245	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/16/10	11:30AM

**Dr. Mark & Kathleen Brown** talked about obesity. 1,000 American die each day because of obesity related diseases. It's important to get the right amount of sleep to maintain energy. It's also important to eat the right kinds of food and not put harmful substances like alcohol or drugs into your body. **Dr. Scott Farhart** talked about women's emotional health. The brain produces chemicals that can get out of balance and lead to emotional issues. 85% of women have some form of premenstrual syndrome. That can result in mood changes, irritability, anger, depression, bloating, forgetfulness and confusion. It's important to eat right and exercise. **Dr. Craig Travis** talked about developing resilience. We all experience negative events such as a loss of job, medical issues, move, divorce or loss of a loved one. We can't hide from life, but we can choose how to deal with it. Be positive and helping others along with good relationships can help a person get through a difficult time.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #246	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/23/10	11:30AM

**Dr. Gene James** talked about protein power. It is an essential nutrient used by all the muscles and major organs. It helps to rebuild and repair muscle tissue. Most people are deficient in protein by consuming less than 50 grams per day. Some sources of protein are eggs, dairy/milk products, lean meats and grains. **Dr. Dale Peterson** talked about weight control. Some obstacles are crash diets, medications, vitamin/mineral deficiencies, sleep disturbance, chronic stress and substance addition. It may be helpful to examine all areas if not successful with eating less and exercising more. **Dr. Ace Anglin** talked about hammertoes. It is a deformity of the toe that has become more rigid and less flexible. It can rub against the shoe resulting in pain. Some treatments are to rest the area, ice, compression, elevation, medication, padding and if necessary surgery.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #247	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/09/10	11:30AM

**Dr. Eric Braverman** talked about heart disease. The heart is responsible for circulating blood through the body and can be hindered by clogged arteries and damaged valves. People get clogged arteries from having high cholesterol and damaged valves from the heart swelling. Garlic, fish oil, Taurine, green teas, safflower and olive oils are all natural remedies that can help to create a healthy heart. **Dr. Dino Prato** talked about stress and insomnia. Stress can cause heart attacks, hormonal issues, fatigue, weight gain and tension in neck/shoulders. It can also cause insomnia. Take a nap, pray throughout the day, practice breathing/relaxation techniques, hot bath and have a routine before going to bed to help reduce stress. **Dr. Elaine Greer** talked about women's health. A woman's check up can be frightening and a nervous experience. It's important to find a health care provider that you are comfortable with and can ask questions. Self breast examines should happen monthly. First mammogram should happen between the ages of 35-40. Menopause symptoms can be hot flashes, sleeplessness and a feeling of being on edge.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #248	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/16/10	11:30AM

**Dr. Caroline Leaf** talked about differences between the male and female brain. Only 1% of genes are different between males and females. Women have 11% more linguistic neurons. Men have bigger spatial and temporal lobes in the brain. Both are equally intelligent but process information differently. **Dr. Rolando Toulon** talked about how it's important to take care of the spine and spinal cord because it affects the nervous system. The nervous system is responsible for sending signals to all organs and throughout the body. It's important to have the spine checked to make sure everything is functioning properly. Dr. Scott Morris talked about the leading causes of life. It's important to identify ways to lead a gentler life, express compassion and experience patience on a daily basis. We also experience a better life when we are doing activities that bring us joy, love and purpose.

The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #249	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/23/10	11:30AM

**Dr. Lavert Robertson** talked about natural remedies that can help to keep the heart healthy. Grapes, Red Peppers, Bananas, Garlic and Onions are beneficial for a health heart. **Dr. Terry Overton** talked about shoulder injuries. It is the most problematic joint in the body because most of the injuries involve soft tissue. There are four muscles around the rotator cuff that can be torn, sprained or strained. Test and MRI can determine which muscle is injured. **Dr. Clark Gerhart** talked about how good hand hygiene can help stop the spread of viruses. The skin is a major defense in stopping viruses from entering the body. It's important to wash our hands and use hand sanitizer as often as possible.

The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0115-10	<u>CRIME</u>	1:00:00	8:00	REC	PA/O/E	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/01	2:30AM

Too often, incidents of violence among juveniles occur at large parties that take place at rented event halls. These venues seldom have adequate security and are virtually unsupervised. *Joy In Our Town* Host Aaron Motley and veteran City Councilman Willie Cook discussed this issue in great detail. According to Councilman Cook, the city council initially considered the imposition of a curfew on teenagers. “A young man who was recently killed at a gathering held at an event hall made the city council consider imposing a curfew because this incident happened late at night,” Councilman Cook revealed. “Rather than focus on the curfew, the council focused its efforts on regulating the activities at the event halls,” he added. “We want to ensure that these gatherings have adequate supervision and security, since we have licensing authority over these events.” Councilman Cook emphasized that the council focused on three areas in regulation of these events. “We want to have some control over the time length of these events, we want to make sure these events have adequate security, and that the fire and police departments are aware when these events are taking place,” he summarized. “We have an ordinance enacted to make sure these three areas are covered.” Councilman Cook also stated that the ordinance does not apply to church related events and private residence parties. The penalty for violation of this ordinance is up a \$500.00 fine and up to six months in jail.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0122-10	<u>CRIME</u>	28:45	12:35	L	PA/O	1/22&2/12/10	12:00PM
						1/23&2/13/10	2:30AM
						1/25&2/15/10	10:30AM
						1/26&2/16/10	2:30AM
						1/28&2/18/10	2:30AM

Families, particularly in Alabama, have been the prey of many potential criminals. Young people and the elderly are especially vulnerable to criminal activity ranging from internet-based flim-flam scams to actual physical assault. Alabama Attorney General Troy King joined *Joy In Our Town* Host Aaron Motley to discuss the Family Protection Unit, a possible solution for these attacks on Alabama families. “The Family Protection Unit is designed to be a clearing house, where special focus is placed on the family, at a time when the family was under unprecedented assaults,” the Attorney General explained. When asked what the Family Protection unit does, Mr. King rendered a segmented answer. “There are three major components to the unit,” he began. “The first component is the education component, where we educate senior citizens on how to recognize scams and the action they should take if they became a scam victim. We also go into the schools and teach kids about the dangers of internet predators and how to identify them. There is also a legislative component,” he continued. “We have revised several laws, to include the identity theft law, the sex offender law, and the child pornography law. The final component is the prosecutorial component,” Mr. King added. “We have been actively prosecuting those who prey on the elderly, as well as those who take advantage of children. As you can see, my office is a busy place!” Mr. King attested that the Family Protection Unit is successful and crimes against the family have been significantly curtailed.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0219-10	<u>CIVIC AFFAIRS</u>	28:45	13:30	L	PA/O	02/19/10	12:00PM
						02/20/01	2:30AM
						02/22/10	10:30AM
						02/23/10	2:30AM
						02/25/10	2:30AM

In recent years, gambling and gaming has been as controversial as its governing laws are vague. There seems to be a disparity between state and federal laws, as well as inconsistencies involving electronic bingo, paper bingo and slot machines. Troy King, Attorney General for the State of Alabama, addressed this issue as a recent guest on *Joy In Our Town* with Host Aaron Motley. “I believe gambling is wrong,” Mr. King revealed. “But I am also the Attorney General of the state of Alabama. I took an oath to enforce every law, the way that they are written, every time,” he emphasized. Mr. Motley then inquired about Indian gaming. “Indian gambling was created by federal statute,” Mr. King replied. “It is allowed on federal tribal land in a state that allows gambling. The law states that as long as Alabama allows any form of bingo, the Indians can have both electronic and paper forms of bingo,” he summarized. “Now, addressing the state law, people have criticized me for not enforcing the law uniformly,” the Attorney General admitted. “In Alabama, we have a section of our constitution that allows each city or county to amend the constitution. Sixteen different counties have amendments that affect gambling. So, why aren’t we enforcing the laws uniformly? Because they aren’t uniform,” he explained. Mr. King also cited a fundamental disparity between the Governor and him. “The Governor believes that there cannot be an electronic form of bingo,” Mr. King said. “As a man who has an electronic version of solitaire on his computer, and who uses electronic forms of communication such as e-mail, I cannot accept that the game of bingo cannot be replicated electronically,” Mr. King has advised the Governor not to mobilize his Task Force Against Illegal Gambling to shut down electronic bingo halls unless the laws are changed through the legislative process.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0122-10	<u>ECONOMY</u>	28:45	13:10	L	PA/O	1/23&2/12/10	12:00PM
						1/24&2/13/10	2:30AM
						1/26&2/15/10	10:30AM
						1/27&2/16/10	2:30AM
						1/29&2/18/10	2:30AM

During these challenging economic times, heads of households and home providers are met with the dilemma on how to feed their families with a grossly devalued dollar. Families do not want to relinquish nutrition and flavor for bargains. Reid Blossom, spokesman for the Alabama Cattleman’s Association, explained to *Joy In Our Town* Host Aaron Motley that in spite of a tough economy, beef is still a nutritious and tasty value. “In recent years, the cattle industry has been affected by a decrease in demand and lower cattle prices,” Mr. Blossom admitted. “Our (Alabama Cattleman’s Association) standpoint and continued message is that beef products are still readily available and still very affordable in terms of feeding your family.” According to Mr. Blossom, the Alabama Cattleman’s Association is one of the largest in the nation, representing approximately 12,000 cattle-producing members. “We have a two-pronged approach about how we conduct our daily business,” Mr. Blossom explained. “We represent cattle producers and protect the business climate for producing beef, and work with our members on educational programs. These programs educate cattlemen on different methods in producing a better product.” When asked what message the Alabama Cattlemen’s Association would like to convey to the public, he replied, “The public can feel good about buying Alabama beef. It is high quality and economical. Most of the cattle ranches are family owned, and these people are engaged in the business every day, taking care of the animals and the environment.”

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0129-10	<u>ECONOMY</u>	28:45	12:58	L	PA/O	1/29&2/5/10	12:00PM
						1/30&2/6/10	2:3AM
						2/1&2/8/10	10:30AM
						2/2&2/9/10	2:30AM
						2/4&2/11/10	2:30AM

As income tax season rapidly approaches, this segment of *Joy In Our Town* serves as a reminder that there have been numerous changes in the state income tax code. State Revenue Commissioner Tim Russell, Department of Revenue Communications Director Carla Snellgrove and Tax Analyst Richard Henninger joined Host Aaron Motley to discuss the aforementioned changes. “The computation of the federal income tax deduction has been modified this year,” Mr. Henninger stated as the discussion began. “This affected the home buyer’s credit and the health insurance deduction for small businesses. We haven’t been reducing these deductions by the credits that are refundable in the past, but now this change has been made in time for this tax season,” he added. “There is also a military spouse exemption.” Mr. Henninger also said that refunds will be slow this year, and he urged everyone to file electronically. “Filing electronically cuts down on filing errors, and is much quicker than conventional filing,” Ms. Snellgrove contributed. Commissioner Russell warned against tax fraud. “Just don’t do it,” he warned. “Be honest in reporting your income. With all of our technology that has been implemented, fraud detection is much easier.” The commissioner also took the time to thank all of the state’s taxpayers on behalf of the Governor’s office. “I want to thank all of our taxpayers. It’s because of you that our roads are being repaired and our children are receiving a quality education,” he concluded.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0219-10	<u>ECONOMY</u>	28:45	13:13	L	PA/O	02/19/10	12:00PM
						02/20/10	2:30AM
						02/22/10	10:30AM
						02/23/10	2:30AM
						02/25/10	2:30AM

When it comes down to gambling and gaming within the state of Alabama, there is an abundance of ambiguities. Specifically, within the ranks of those who oppose gambling, there are three deviating entities: The Governor’s Office, The Attorney General’s Office, and the Christian Coalition. The Governor’s Office apparently wants to interpret state law and use executive power to shut down electronic bingo halls; The Attorney General’s Office wants to interpret state law to maintain status quo; and the Christian Coalition wants to utilize case law to abolish gambling altogether. Dr. Randy Brinson, a local physician and Chairman of the Christian Coalition, was Aaron Motley’s guest on *Joy In Our Town*. He expounded on the Christian Coalition’s stance against gambling. “Unless we get rid of all gambling, we won’t have any leverage against Indian gambling operations,” he explained. “That insidious form of gambling could create such a monopolistic hold on gambling until it could change the whole dynamic of our state. This could be used as a way to corrupt our state government with the amount of money it yields.” Dr. Brinson also stated that if the body of Christ comes together, fasts and prays, then along with a strong voter turnout, these gambling laws can be repealed.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0226-10	<u>ECONOMY</u>	28:45	13:34	L	PA/O	02/26/10 02/27/10 03/08/10	12:00PM 2:30AM 10:30AM

Regardless as to whether or not a citizen supports or opposes gaming in the state of Alabama, the closing of these facilities adversely impacted the local economy, particularly in Macon County (Alabama). Miles Robinson, Macon County Commissioner, District 1, expressed his concerns about the economic repercussions of the gaming establishment's closure to *Joy In Our Town* Host Aaron Motley. "At the outset, it is a tremendous detriment to our community economically," the commissioner said initially. The Commissioner also reported that the impact was magnified, since there are no competing industries in the county. "(The gaming establishment) also contributed millions of dollars to the (Macon County) school system," he added. "Just about every entity within the county has benefitted from (donations by the gaming establishment)." Commissioner Robinson vowed that the Macon county Commission and the city of Tuskegee will exert its efforts to attract more industry to the area. "But for now the plan is to restore the facility to its full operating capacity," he declared. "Then those unemployed people will be employed again!"

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0312-10	<u>ECONOMY</u>	28:45	13:47	L	PA/O	03/12/10 03/15/10	12:00PM 10:30AM

“Unfortunately (the Alabama economy) has a dismal outlook in the immediate future,” Auburn (University) Montgomery Economic Analyst Jeff Bates recently told Host Aaron Motley as a guest on *Joy In Our Town*. Mr. Bates was chosen as a guest to address the issue of Alabama’s indigence-infested economy, and the alarming unemployment rate. “We have seen a correlation between unemployment and GDP (Gross Domestic Product). If goods and services are down, then the people aren’t needed to make the goods or provide the services,” he explained. “One of the major (Alabama) industries that was hit hard by negative growth in the economy was the timber industry. Everything that is shipped (through normal commerce) is done using corrugated boxes,” he continued. “Since the manufacturing of goods is down, then less of the boxes are needed, resulting in less trees being cut down.” Mr. Bates has been often asked if the economy will strengthen, and he attested that occurrence to a lower unemployment rate. “The economy will get better when more jobs are available and people are hired,” he rationalized. “People can’t spend if they don’t have a job.” Mr. Bates believes that the National Stimulus package may mask how badly the economy could have gotten if it was not in place, but the infusion of trillions of dollars into a suffering economy will cause inflation. The solution, according to Mr. Bates and most economists, is to lure more industry into the state.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0115-10	<u>SUBSTANCE ABUSE</u>	28:45	13:40	L	PA/O	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/10	2:30AM

The emergence of crystal methamphetamine laboratories is a growing concern within the community. These ‘laboratories’ were almost exclusive to rural areas. Due to the accessibility and low cost of the materials used to manufacture this dangerous drug, methamphetamine abuse is increasing drastically. “We’re starting to see more of these labs in the area,” said Capt. Mark Thompson of the Montgomery Sheriff’s Department. Capt. Thompson was a recent guest on *Joy In Our Town*, with Host Aaron Motley. According to Capt. Thompson, a methamphetamine ‘laboratory’ is not necessarily a large scale manufacturing facility. “A ‘lab’ can be one or two bottles that are used to make the meth. It doesn’t have to be a full-blown science lab,” he added. When asked what exactly crystal methamphetamine is, he replied citing a brief history of the drug. “Methamphetamine is a stimulant or ‘upper’ that has been around since the 1800s,” he told Mr. Motley. “It was often used by the Germans during World War II to keep the soldiers awake longer during battle, and to keep them in a ‘fighting frenzy’ state of mind,” he continued. “Its recreational use was popularized in the 1960s by the ‘biker clubs’ to keep them awake longer. Over the years, they (abusers and pushers) kept adding to the drug until it became what it is now – a very dangerous drug.” Capt. Thompson asked the community to be vigilant and help the Montgomery Sheriff’s Department to shut these ‘labs’ down. He also said that these labs can be identified by the distinct and pungent odor they emit. “If you know or suspect that a meth lab is in your neighborhood, please call the Sheriff’s Department immediately,” he petitioned.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*



**WMCF-TV45**  
**TRINITY BROADCASTING NETWORK**  
**QUARTERLY REPORT**  
**APRIL, MAY, JUNE 2010**

**WMCF - TV 45 - MONTGOMERY, AL**

PROBLEMS PERTAINING TO  
LEADING COMMUNITY PROBLEMS

FOR

APRIL, MAY, JUNE 2010

RESULTS OF ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES BY TELEPHONE FROM TBN VIEWERS, FROM THE PRINTED MEDIA, COMPRISING NEWSPAPERS, MAGAZINES, PUBLICATIONS, AND FROM TELEVISION AND RADIO, WHENEVER POSSIBLE.

HEALTH

ECONOMY

EDUCATION

ENVIRONMENT

PUBLIC SAFETY

CIVIC AFFAIRS

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF TBN'S WMCF-TV 45 PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT LIST, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FIRST QUARTER.

APRIL, MAY, JUNE 2010

**PREPARED BY** \_\_\_\_\_  
(Signature)

**DATE** \_\_\_\_\_

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0409-10	<u>HEALTH</u>	28:45	13:32	L	PA/O	4/09/10	12:00PM
						4/10/10	10:30AM
						4/12/10	10:30AM
						4/13/10	2:30AM
						4/15/10	2:30AM

Healthcare for the elderly has become an increasing issue of concern, particularly among Central Alabamians. Agencies such as the Central Alabama Consortium on Aging (CACA) help tackle these concerns. “We provide services for seniors,” Ms. Sandra Adams Whatley of the CACA stated as she began her conversation with *Joy In Our Town Host* Aaron Motley. “We help people who can’t afford medications through the pharmaceutical companies.” Ms. Whatley added that the CAAC works closely with MEDICAID and Medicare to facilitate potential clients receive benefits. She delineated the differences between the two agencies. “Medicare is a congressionally established healthcare insurance plan for those aged 65 and older. Now, Alabama MEDICAID is healthcare insurance program for low-income individuals and families” Ms. Whatley explained. “Medicare has Parts A through D, but there are premiums associated with these parts,” she warned. “When someone comes into our office, we will assess their needs. We ask that those seeking help disclose their financial situation with us,” she said candidly. “Once those needs are assessed, we then make our recommendations.” The CACA recommends that when a person becomes eligible for Medicare, he/she should enroll within the prescribed enrollment periods. If a person has any changes in his/her status or administrative information, the CACA urges beneficiaries to make those changes during the enrollment period(s). More information is available online at [www.centralalabamaaging.org](http://www.centralalabamaaging.org), [www.medicare.gov](http://www.medicare.gov). and [www.medicaidbenefits.kff.org](http://www.medicaidbenefits.kff.org).

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0423-10	<u>HEALTH</u>	28:45	13:10	L	PA/O	4/23/10	12:00PM
						4/24/10	2:30AM
						4/26/10	10:30AM
						4/27/10	2:30AM
						4/29/10	2:30AM

Prostate cancer is the premier cancer diagnosed in men. If the cancer spreads, a multitude of health issues can arise including death. *Joy In Our Town* Host Aaron Motley interviewed Robert Avery, M.D., a research scientist and physician with the American Cancer Society. They discussed the causes and symptoms of prostate cancer, and the treatment options available. “Although more cases of prostate cancer are being discovered, fewer people are dying as a result of the disease,” Dr. Avery reported. “Unfortunately, African-Americans have a higher risk of suffering from the disease than any other ethnic group.” Dr. Avery pointed out that part of African-American’s susceptibility to the disease is ethnic, but it is mostly attributed to lifestyle. “A steady intake of red meat and fried foods increases the risk of prostate cancer,” the doctor warned. Prostate cancer is detected through a digital rectal exam and a blood test referred to as the Prostate Specific Antigen (PSA) test. “Some of the symptoms associated with prostate cancer are difficulty urinating, passing blood in the urine, and back pain, provided that the cancer has spread to the bones,” Dr. Avery explained. “We encourage men over 40 years of age get checked out for prostate cancer. Early detection is the key to overcoming the disease.”

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0423-10	<u>HEALTH</u>	28:45	13:10	L	PA/O	4/23/10	12:00PM
						4/24/10	2:30AM
						4/26/10	10:30AM
						4/27/10	2:30AM
						4/29/10	2:30AM

Diabetes still remains as one of the deadliest and most debilitating diseases afflicting the population today. The River Region by no means is exempt from this dreadful ailment. Lamont Pack and Debra Griffin of the Alabama Department of Public Health, discussed the causes, effects and treatment options for diabetes with *Joy In Our Town* Host Aaron Motley. Mr. Pack began the discussion with an explanation of what diabetes actually is. "Diabetes is the body's inability or resistance to produce or process insulin," he remarked. "There are two types of diabetes," Mr. Pack resumed. "The first is Type 1, the pancreas' inability to produce insulin. The other is Type 2, when the pancreas produces insufficient amounts of insulin, or the body is resistant to the insulin. Type 1 is commonly diagnosed in children, and Type 2 can be preventable." Healthy living and activity can help prevent most cases of Type 2 diabetes. "Approximately 24 million in the United States suffer from diabetes," Ms. Griffin revealed. "There is a direct correlation between obesity and Type 2 diabetes, also." Both Mr. Pack and Ms. Griffin were ardent in stating that eating and living healthy is important in the prevention of diabetes.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0507-10	<u>HEALTH</u>	28:45	13:47	L	PA/O	5/07/10	12:00PM
						5/08/10	2:30AM
						5/10/10	10:30AM
						5/11/10	2:30AM
						5/13/10	2:30AM

“I’ve seen too many needless foot amputations due to diabetes,” remarked Ace Anglin, M.D. a local podiatrist who authored the book ‘Saving the Diabetic Foot.’ Dr. Anglin was invited to appear on *Joy In Our Town* with Host Aaron Motley to discuss diabetes and foot care. Once this disease is prevalent, a multitude of complications may occur, to include blindness, limb amputation, and ultimately death. “The book focuses more on prevention,” the doctor continued. “Even if there was an amputation with one foot or limb, the book emphasizes saving the other limbs.” The correlation between diabetes and foot care stems from peripheral neurothopy, a nerve-damage condition. “Diabetes and foot conditions are intrinsically linked,” Dr. Anglin said as he began his analysis. “Diabetes is usually the cause of peripheral neurothopy. When the nerve damage occurs, the patient will lose sensation in the foot. These patients are often elderly, and develop retinal neurothopy, nerve damage of the retina. When this occurs, the patient has neither the sight nor sensation to properly care for his feet.” As a long-term preventative measure, Dr. Anglin recommended that everyone wash and thoroughly inspect the feet daily. If there are any abnormalities, immediately see your podiatrist. He also recommended that everyone see the podiatrist annually.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0521-10	<u>HEALTH</u>	28:45	13:40	L	PA/O	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/10	2:30AM

Cancer is a devastating disease. Not only is the disease life threatening, it can decimate finances and burden family members. The American Cancer Society is available to provide services during treatment. There are also services that help family members of cancer patients cope with these dire circumstances. Luella Giles of the American Cancer Society enlightened and educated *Joy In Our Town* Host Aaron Motley on the myriad of resources that are available for cancer patients and their families. “The Look Good Feel Better program is a support group that helps women gain self esteem by providing them with make-up and beauty tips,” she said with a gleam in her eyes. “It’s like a cosmetics party for women!” Ms. Giles also discussed the Man to Man support group. “This group of men share prostate cancer issues and discuss how to best resolve them while undergoing treatment,” she explained. When Mr. Motley inquired about the Hope Lodge, Ms. Giles provided an immediate response. “The Hope Lodge is a housing area for patients and a family member to reside while undergoing treatment in Birmingham,” she answered. “Cancer patients and a family member can live there free of charge for as long as they need to stay. This is really a great benefit.” Ms. Giles urged viewers to contact the American Cancer Society at [www.cancer.org](http://www.cancer.org) for more information on any of the programs and services the American Cancer Society has to offer.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0521-10	<u>HEALTH</u>	28:45	13:40	L	PA/O	5/21/10	12:00PM
						5/22/10	2:30AM
						5/24/10	10:30AM
						5/25/10	2:30AM
						5/27/10	2:30AM

According to a recent study conducted by the American Lung Association, African Americans are more susceptible to lung cancer than any other ethnicity. Becky Beemer of the American Lung Association had an in depth conversation with ***Joy In Our Town*** Host Aaron Motley addressing this issue. ‘In the report, menthol cigarettes are listed the primary culprit in attributing to a disproportionate number of cases and deaths as a result of lung cancer in the African American community,’ Ms. Beemer reported. ‘Menthol cigarette ad campaigns were targeted toward young African Americans. Unfortunately, menthol cigarettes are the most addictive and contain the most carcinogens.’ Ms Beemer also stated that African American men on average smoke as much or less than their Caucasian counterparts, but have a higher rate of death resulting from lung cancer. She pointed to socio-economic and genetic factors contributing to the high susceptibility to lung cancer. ‘Refraining from risky behavior such as smoking and neglecting to undergo routine medical examinations can help lower the risk of cancer,’ she attested. The American Lung Association, in addition to publishing the report, offers several education and prevention programs to combat the risk of lung cancer.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0604-10	<u>HEALTH</u>	28:45	13:40	L	PA/O	6/04/10	12:00PM
						6/05/10	2:30AM
						6/07/10	10:30AM
						6/08/10	2:30AM
						6/10/10	2:30AM

Crisis pregnancies continue to be an issue, particularly in the African-American community. Tijuanna Adetunji, a Ministry of Life leader, joined Joy In Our Town Host Aaron Motley as a guest. She discussed crisis pregnancy, how young can get help and hope during this situation, and abstinence based prevention programs available. “A crisis pregnancy is an unplanned and unwanted pregnancy,” she explained. “A lot of times the parents are very young and don’t have the resources to support a child. Some people think that aborting a child is ‘getting rid of a problem,’ but it really isn’t.” Ms. Adetunji presented herself as the epitome of a person who was caught up the crisis pregnancy cycle. “I had abortions at age 19 and 25,” she admitted. “I, just like thousands of young ladies, did not plan to be in that situation. But just like them, I did not consider my lifestyle. We help young ladies change their lifestyles.” The Ministry of Life helps young ladies cope with the psychological, emotional and physiological effects of abortion.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0625-10	<u>HEALTH</u>	28:45	13:40	L	PA/O	6/25/10	12:00PM
						6/26/10	2:30AM
						01/28/10	10:30AM
						01/29/10	2:30AM
						7/01/10	2:30AM

Lupus is a debilitating disease that many suffer from, but is extremely difficult to diagnose. The disease causes the immune system to work against the body. “It’s like a rattlesnake is loose in the body,” described Ruth Gordon Bradshaw, Ph.D., who is the emeritus Lupus Support Group Leader at Frazer United Methodist Church in Montgomery. Dr. Bradshaw discussed explicitly what it’s like to suffer from the disease with *Joy In Our Town* Host Aaron Motley. “Lupus is in the family of diseases referred to as ‘auto immune disorders.’” she explained. “Because its symptoms favor so many other diseases in this family, it’s often misdiagnosed. In fact, it takes on average six months to diagnose, and it can only be diagnosed by a rheumatologist.” According to Dr. Bradshaw, a former registered nurse, there is no known specific manner in which the disease can be contracted, but researchers have found genetic links to the disease. She also urged those diagnosed with the disease to accept their limitations, and to live a much healthier lifestyle, including plenty of rest and exercise.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #250	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/05/10	11:30AM

**Dr. LaJoyce Brookshire** talked about how to stay well. It's important to drink plenty of water, use the bathroom when needed and to go to bed without the television. It's also important to eat 3-5 organic fruits and vegetable each day. It's important to eat foods that fuel our body and to maintain an alkaline level. **Dr. Dino Prato** talked about weight loss. In order to have successful weight loss, it is important to look at our emotional connection to food. We need to view food as a healing, transforming and giving us health. High food quality is important along with increasing fruits and vegetables. **Dr. Carl Schmidt** talked about Vitamin K. It is important to help with cellular functions, strong bones, blood vessels and intestinal track. It is also found to reduce the risk of cancer. It can be acquired through greens such as spinach, cabbage and turnips. It can also be taken in a supplement form.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #251	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/12/10	11:30AM

**Dr. Scott Hannen** talked about having a underactive thyroid. Symptoms could be loss of energy, loss of concentration, severe constipation, weight gain and severe depression. It's important to avoid Goitragens food, take supplements, get plenty of exercise and avoid refined sugar and processed food. **Dr. Lisa Akbari** talked about hair loss. Follicular Epidermis Alopecia is when the scalp loses the ability to push the strand through. Short hair syndrome is when the hair gets to a certain point and stops growing. It's important to get a proper examination. **Dr. Marilyn Elliott** talked about having allergies to common food such as milk and eggs. It can cause headaches, high blood pressure, stomach problems and depression. It's important to be seen by a doctor to determine the allergy.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #252	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/12/10	11:30AM

**Dr. Rita Hancock** talked about bondage to food. Symptoms can be thinking about food too much, always dieting and avoiding social events because of overeating. Eating disorders have to do with control issues. Admit you have a problem, let go of control and only eat when you are hungry. **Dr. Ace Anglin** talked about corns and calluses. Corns are on top of the toes and calluses are on the bottom or ball of the foot. It's important to wear proper shoes, use pads and orthotic insoles. In extreme cases, surgery may be required. **Dr. Robert Gear** talked about TMJ. It is when the jaw hinge does not open or shut equally. It can cause swelling, inflammation and headaches. It's important to make sure the skull and the 1<sup>st</sup>/2<sup>nd</sup> Vertebrae are aligned to help with TMJ.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #253	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	1/19/10	11:30AM

**Dr. Bettye Alston** talked about being a healthy person. You should look at your hair, eyes, skin, hands, feet and legs to determine if the inside of your body is healthy. You should not be bloated, constipated or have diarrhea. It's important to eat healthy foods and to stay hydrated. **Dr. Bob DeMaria** talked about female hormones. There can be too much estrogen and a vitamin B deficiency. High levels of copper mean low levels of zinc. Drink plenty of water, daily exercise, eat plenty of protein, avoid sugar and get plenty of sleep. **Dr. Randy Brinson** talked about Inflammatory Bowel Disease. There is Ulcer Colitis, which is inflammation on the surface of the colon. Then there is Crohn's Disease, which is inflammation all the way through the colon. Medications and surgery are options for treatment.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #254	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/02/10	11:30AM

**Dr. Gene James** talked about reducing body fat. Extra calories consumed are stored in the body as fat. It's important to reduce the amount of calories being taken in. Exercise, drinking plenty of water and eating more fruits and vegetables can also help. **Dr. Carl Schmidt** talked about the sweetener Stevia. It is 300 times sweeter than sugar and does not have any calories. This sweetener does not have the toxic side effects as artificial sweeteners and does not increase your appetite. **Dr. Shalaunda Grey** talked about breast cancer screenings. Mammograms , self-exams and clinical exams are all important tools for detecting breast cancer. It's important to talk to your doctor about our age and family history to determine the best choices.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #255	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/09/10	11:30AM

**Dr. Dino Prato** talked about chronic disease. It's important to think outside of the box and look at what's causing the disease rather than dealing with the symptoms. It's also important to learn about the disease and create a plan to either prevent or reverse it. **Dr. Rick Barrett** talked about how it's important to take care of the spine and spinal cord because it affects the nervous system. The nervous system is responsible for sending signals to all organs and throughout the body. It's important to have the spine checked to make sure everything is functioning properly. **Dr. Terry Overton** talked about knee injuries. The knee is a hinged joint made for stability not mobility. It is often injured depending on the sport. It is important, after an injury, for it to be tested for stability.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #256	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/16/10	11:30AM

**Dr. Caroline Leaf** talked about how your words can impact your mind. Speaking negative or positive words will feedback into your brain and affect the way the brain is wiring itself. We need to be conscious of what we say because negative thoughts can create toxicity in the brain. **Dr. Ace Anglin** talked about Tailor’s Bunions. It is a deformity on the little caused by a abnormal growth of the bone outward towards the shoe. It can be painful depending on inflammation. Treatments include rest, ice, compression, elevation, medication and sometimes surgery. **Dr. Robert Gear** talked about blood vessels. There is life in blood because it carries oxygen and nutrients to the body. It’s important that opening are not closed by bones twisting or waste matter. Poor diet, smoking, lack of activity can cause blockage. It’s important to make lifestyle modifications to keep blood flowing.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #257	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	2/23/10	11:30AM

**Dr. Eric Braverman** talked about menopause. It can often result in weight gain, drying of hair, memory loss, insomnia, fatigue, bloating and bone loss. Ginseng and other natural extracts can be used to help restore youthfulness. **Dr. Honeycutt** talked about obesity. It's is determined by having a body mass index 30 or greater. It can lead to diabetes, heart disease and high blood pressure. It's important to exercise, manage stress and eat right. **Dr. Clark Gerheart** talked about basic healthcare. It includes nutrition, clean water, control infection and prevent injury. It's important to have plenty of fiber, protein and water.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #258	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/09/10	11:30AM

**Dr. Gerard Guillony** talked about inflammation. It can speed up our aging and be an increased risk factor for a heart attack. It's important to not eat trans or saturated fat and instead eat omega 3 fats. Eat foods with a low glycemic index and a high anti-inflammatory compounds. **Dr. Hale Akamine** talked about child discipline. When children are being disciplined they will try to change the situation, change you and then change themselves. Age appropriate time outs don't begin until the child is absolutely quiet. Parents should seek professional help if assistance is needed. **Dr. Lisa Akbari** talked about seasonal hair problems. The scalp and hair can become dehydrated resulting in itchy/tender scalp and split end. The hair needs to be hydrated. It's important to shampoo with a ph of 4.5-5.5 and moisturize daily.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #259	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/16/10	11:30AM

**Dr. Bob DeMaria** talked about Trans fat or partially hydrogenated oils. It can cause confusion in the body which leads to inflammation. Then the cholesterol levels elevate to produce cortizone. Some healthier oils are flax seed, olive and coconut. **Dr. Malcolm Hill** talked about God’s system of health. It’s important to be proactive in regards to your health and not listen to false advertisements. Nutrition, exercise, water, sunlight, air, sleep and positive thinking are ways to improve your health. **Dr. Carl Schmidt** talked about water. There is distilled, reverse osmosis, and ionized water. It’s important to check that the good minerals are not taken away with the bad. Minerals are important for functions in the body.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #260	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/23/10	11:30AM

**Dr. Christopher Chin** talked about exercise and a heart healthy lifestyle. It increases bloodflow, circulation, heart rate and metabolic rate. It reduces inflammation and blood pressure. It should be done 4 times a week, 4 miles per hour and for 40 minutes. **Dr. Teresa Carlson** talked about Ocular disease. It affects the tissue in the eye and lid which lead to dystrophies that can be inherited or due to environmental factors. Cataracts, Keratoconus, and Glaucoma are types of vision problems. It's important for an annual eye exam and preventative eye care. **Dr. Ace Anglin** talked about foot, ankle and leg cramps. It can be caused by a tendon or electrolyte embalance. Intermittent Claudication can cause pain, heaviness and tightness in muscles. Often pain is ignored but needs to be seen by a physician, podiatrist or orthopedist.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
DOCTOR TO DOCTOR #261	<u>HEALTH</u>	28:30	28:30	REC	PA/O/E	3/23/10	11:30AM

**Dr. Dino Prato** talked about lyme disease. Borrelia is the infection caused by a tick and followed by a bull's eye rash. It can cause joint pain, memory problems, digestive issues and hormone imbalances. It is important to be tested by a lyme literate doctor because it can mimic 300 other diseases. **Dr. Sheryl Strom** talked about allergies. They create an infection in the sinus that can result in nasal congestion, drippy nose and post nasal drip. It's important to build up the immune system and clean the sinuses with a saline solution. **Dr. Dale Peterson** talked about insomnia. It is a difficulty getting and staying asleep. It can result in being tense, difficulty handling stress, excessive day time sleepiness, stomach problems and high blood pressure. It's important to have a dark, cool and noise free environment to help you fall asleep and to get 8 hours a night.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0409-10	<u>ECONOMY</u>	1:00:00	8:00	REC	PA/O/E	4/09/10	12:00PM
						4/10/10	2:30AM
						4/12/10	10:30AM
						4/13/10	2:30AM
						4/15/10	2:30AM

Economic issues continue to be a concern for the citizens of the River Region. Joblessness continues to dangle around the 10-11 percentile. Jeff Bates, an economic analyst from Auburn University-Montgomery, explained to *Joy In Our Town* Host Aaron Motley the extenuating circumstances surrounding the horrid state of the economy. “Unfortunately, the economic outlook is dismal for the immediate future,” Mr. Bates initially stated. “However, this is based on *true* economic recovery, which is the absence of economic growth for two calendar quarters. In this instance, the absence of growth, or negative growth, also includes no loss, or maintaining the status quo.” According to Mr. Bates, “The only thing that will make the economy better is more available jobs. People can’t spend (purchase goods and services) if they don’t have jobs.” He also believes that economic recovery will not take place until the unemployment rate is under 10 percent. “State revenues are based primarily on sales tax and income tax,” Mr. Bates explained. “Without jobs, people can’t pay income tax, and without an income, they will buy less, thus decreasing sales taxes. The situation arises where people are asking for additional aid such as unemployment compensation, but at the same time, the state’s revenues have actually decreased.” Mr. Motley and Mr. Bates further discussed such issues as the effect of the stimulus package, and foreign companies taking over domestic financially-strapped corporations.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0416-10	<u>ECONOMY</u>	28:45	12:35	L	PA/O	4/16/10	12:00PM
						4/17/10	2:30AM
						4/19/10	10:30AM
						4/20/10	2:30AM
						4/22/10	2:30AM

As conditions continue to improve in the Montgomery Public Schools System, safety in the schools remains a genuine concern for school staff, students and parents alike. Barbara Thompson, Superintendent of Montgomery Public Schools, came prepared to address this and other pertinent public school issues. “I think that there’s a safety problem in our society,” the Superintendent emphatically stated. “What we’re trying to do is be proactive. The school system installed \$40,000 metal detectors and wands for most schools throughout the schools system,” she explained. “Our schools for the most part are safe, but ever so often a student may bring a weapon to school,” Ms. Thompson said. “Our goal is to keep our learning environment safe, free from weapons, and also keep out the people who don’t belong on our campuses.” She also addressed the budgetary challenges the schools in Montgomery currently face, and the firing of over 600 teachers. “Last year we let go some 700 teachers, as opposed to over 600 this year. Fortunately, we re-hired 75 percent of those teachers, and we hope to do the same this year, if the funding becomes available.”

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0528-10	<u>ECONOMY</u>	28:45	13:40	L	PA/O	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/10	2:30AM

Although the economy is suffering at this juncture, Xeuyu Cheng, Ph.D., an economics professor at Alabama State University predicted that the outlook should be better in the near future. “Right now we are in the midst of a depression, but signs of recovery should surface in 2011,” she prognosticated. Dr. Cheng discussed the economic climate of the River Region on *Joy In Our Town* with Host Aaron Motley. “The present unemployment rate for the River Region exceeds the national average. The national unemployment rate is 9.7 percent, while in this area it is 11 percent. That’s actually down one-tenth of a percent from last year,” she added. “An infusion of jobs and industry can change that very quickly.” When asked about the housing market in the area, Dr Cheng rendered a favorable report. “I recently studied a report that stated that the housing market is up by 14 percent over last year,” she said. “The housing market on the rise is a good indicator that there will be economic recovery soon.” Dr. Cheng also mentioned trends such as an increased foreclosure among the affluent, and an increase in the job market.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0528-10	<u>ECONOMY</u>	28:45	13:40	L	PA/O	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/10	2:30AM

“Do you remember when your utility bills were \$50-60 on average? That was a long time ago! Now they are well over \$100,” *Joy In Our Town* Host Aaron Motley remarked at the onset of a recent segment. The cost of utilities is steadily increasing with seemingly no relief in sight. John Free of the Alabama Public Service Commission (APSC) was asked to address this issue. “Utility rates are cost driven,” the APSC representative said as he began his explanation. “These costs are operational costs, which are the costs that are incurred by providing the utility service to the consumer. Some of those costs are fuel costs, emission control costs, and other business associated costs such as insurance and wages.” According to Mr. Free, there have been slight rate reductions. “In the last year, we have seen a decrease in rates. These reductions have been caused by the recession,” Mr. Free answered. “The cost of certain commodities have dropped, fuel costs have dropped, and this helped offset some of the daily costs.” He pointed out that although the rates have dropped in the last year, the costs to the consumer increased due to the weather. “A three-year drought caused a loss of hydrogenation.” Mr. Free suggested that consumers should conserve energy by practicing basic home conservation tips. For more tips and information, including information on bill payment assistance, he urged viewers go to [www.psa.alabama.gov](http://www.psa.alabama.gov).

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0416-10	<u>EDUCATION</u>	28:45	12:35	L	PA/O	4/16/10	12:00PM
						4/17/10	2:30AM
						4/19/10	10:30AM
						4/20/10	2:30AM
						4/22/10	2:30AM

Public schools are now overcrowded to the point of saturation. Educational funding sources are becoming sparse. These factors, along with the steady increase of private school tuition, stem the need for a possible viable alternative. That has emerged in the form of charter schools. “A charter school is a public school,” began Mark Dixon of the Governor’s office. Mr. Dixon, the Deputy Policy Director and Policy Adviser to the Governor, was a recent guest on *Joy In Our Town*. “The local board of education, at the request of a community, parents, or in some cases, a group of teachers, will grant a charter to a new or converted public school,” he delineated in detail for Host Aaron Motley. “These schools have more flexibility to address the needs of the students, while at the same time, they have to meet a higher level of accountability.” Mr. Dixon also warned that these schools’ charters will be revoked if the higher standards are not met. “Flexibility,” according to Mr. Dixon, “is the leivity to adopt any particular curriculum, lengthen the school day and academic year, and hire or fire school staff.” The initiative is federally funded via a \$4.3 billion educational grant, called ‘Race to the Top.’ “The Secretary of Education has opened the fund up to a competition among the states. Alabama has applied for a \$181 million grant,” Mr. Dixon disclosed. “Charter schools do not charge tuition, as they are public schools. They don’t have entrance requirements, either,” he expounded. “The grant is for education. Funding charter schools is only a part of the \$181 million proposal,” Mr. Dixon added. “Charter schools basically give a student who’s in a failing situation another alternative to succeed.”

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0514-10	<u>EDUCATION</u>	28:45	13:40	L	PA/O	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/10	2:30AM

Traditional post-secondary education options are limited for most young people exploring their life’s niche. There’s either four-year college, junior college or trade school. If a young adult did not finish high school or obtain a Graduate Equivalent Diploma (GED), those options are much slimmer. Regina Jones, a recent guest on *Joy In Our Town*, presented her workplace as another option for young adults to train for a sustainable vocation. “Job Corps is for those students age 16-24 who either haven’t had much success in a traditional high school setting, or those who want to simply pursue another means for vocational training,” Ms. Jones told Host Aaron Motley. “Many of our students either did not graduate from high school or pass the high school exit exam. This does not mean they are not trainable. There may have been circumstances that prevented them from succeeding at that time,” she explained. “Job Corps began in 1964 during President Lyndon B. Johnson’s Administration. It is the oldest job training program in the nation,” Ms. Jones stated. Job Corps centers are all over the nation, including the District of Columbia, Puerto Rico and Hawaii. Ms. Jones also mentioned that Job Corps has many career field options for students to choose. Students can also earn a high school diploma or GED while they train in their respective career field.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0604-10	<u>EDUCATION</u>	28:45	13:40	L	PA/O	6/04/10	12:00PM
						6/05/10	2:30AM
						6/07/10	10:30AM
						6/08/10	2:30AM
						6/10/10	2:30AM

With the abundance of educational opportunities and options, the high school dropout rate should be at an all-time low. In fact, it's quite the opposite. *Joy In Our Town* Host Aaron Motley interviewed Sharon Richards, Ph.D., founder of the Coalition Against The Cycle of High school dropouts (CATCH). He subsequently inquired as to what factors are involved in the high dropout rate and what measures are being taken to counter this issue. "Lack of daycare, and impending incarceration are just some of the challenges that some youth face in determining whether or not to stay in school," Dr. Richards expounded. "I have an ear for students who are trying to convey why they tend to drop out of school. All of the issues that are germane to why a student drops out have to be addressed." Dr. Richards pointed out that some kids, due to how they were raised, don't know how to thrive in a regimented environment. "Often times, these children have been raised by a single mother that works two jobs, and there is no accountability for the child," she told Mr. Motley. "When they are in school, the child is accountable to teachers, administrators and other staff. It's almost like living a double life." The CATCH Program holds classes using community resources to help dropouts receive their high school diploma. CATCH also helps these students overcome both conventional (remedial instruction) and non-conventional (day care, family problems) issues that would otherwise deter them from earning a diploma.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0611-10	<u>EDUCATION</u>	28:45	13:40	L	PA/O	6/11/10	12:00PM
						6/12/10	2:30AM
						6/14/10	10:30AM
						6/15/10	2:30AM
						6/17/10	2:30AM

“Not only do we see young mothers in the teen parenting program, we also see fathers, also,” Valecia Asbery, the Teen Parenting Coordinator for Montgomery Public Schools told Host Aaron Motley during a *Joy In Out Town* segment. The Teen Parenting program is designed to teach teens how to balance parenting with school and work. The program helps these students deal and cope with the pressures of raising children, and also helps them to stay in school. When Mr. Motley asked Ms. Asbery what the major differences were between teen parents and older parents, her immediate reply was the need for community support services. “The young people that we work with do not have the knowledge of locating the resources available in the community to get their needs met, such as child care” she continued. “Unlike adults who have an array of resources available to them, the young person may not even have a driver’s license to get around to find out about resources that are available in the community.” The MPS Teen Parenting empowers these young people into becoming better parents and productive citizens.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0618-10	<u>EDUCATION</u>	28:45	13:40	L	PA/O	6/18/10	12:00PM
						6/19/10	2:30AM
						6/21/10	10:30AM
						6/22/10	2:30AM
						6/24/10	2:30AM

Youth incarceration is a growing concern, particularly since youth crime is on the rise. These troubled youth deserve an education, just like their mainstream society counterparts. Cleveland B. Gavin, the principal of the Mt. Meigs Youth Detention Center addressed the challenges these youth have to overcome to get a decent education on *Joy In Our Town*. “My job is to ensure that these incarcerated young people receive a high school education.” Principal Gavin told Host Aaron Motley. The Lurleen B. Wallace School is just like any other public school in the county. The obvious difference is that our students are incarcerated. The school is fully accredited just like any other school.” Mr. Gavin also stated that the older students who will not return to high school upon completion of their sentence have the opportunity to earn a GED. “The educational opportunities are in place, and I think that they are good opportunities,” he assured.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0625-10	<u>EDUCATION</u>	28:45	13:40	L	PA/O	6/25/10	12:00PM
						6/26/10	2:30AM
						01/28/10	10:30AM
						01/29/10	2:30AM
						7/01/10	2:30AM

The dilemma with at risk youth continues. Fortunately, programs such as the New Born Athletes (NBA) Mentoring Program are available as an alternative to drugs and crime, for Montgomery’s inner city youth. Derrick Smoot, one of the program’s facilitators, was a recent guest on *Joy In Our Town* with Host Aaron Motley. “As an at-risk youth myself, I needed someone to actually show me the right path to follow,” Mr. Smoot candidly testified. “This fueled my passion for this program and these kids.” According to Mr. Smoot, the program uses basketball to reach these kids. When Mr. Motley asked him why use basketball to reach the kids, Mr. Smoot replied with a smile. “Basketball is what got me to pay attention to my life, and besides, it’s a popular sport among inner-city youth,” he explained. “Basketball teaches discipline and it is very competitive. And, if you’re good enough or work very hard at it, the sport can be very rewarding.” The program is designed to mentor to young men ages 13-22. Mr. Smoot said that although these years are formidable, they can be the most troubled years, also. The facilitators of the group use themselves as examples for the young men to follow. The goal is for the young men to become responsible, productive citizens.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR 12:00PM TOWN #0430-10	<u>ENVIRONMENT</u>	28:45	13:34	L	PA/O	4/30/10	
						5/01/10	2:30AM
						5/03/10	10:30AM
						5/04/10	2:30AM
						5/06/10	2:30AM

Former communities of prominence are now filled with abandoned buildings and vacant lots. Many of these communities became havens for drugs and violence. “The city of Montgomery has taken an active interest in the restoration of (former communities of prominence),” *Joy In Our Town* guest Dr. (Ph.D.) Richard Bailey informed Host Aaron Motley. Dr. Bailey is a professor and local historian. “The city wants to go into these areas (with developers) and determine if a multi-use environment can be created.” Dr. Bailey believes that these activities are contagious. “Once the city was involved, then developers were interested, landowners began to upgrade home maintenance, and eventually everyone was involved,” he proclaimed. “It was a win-win situation for everybody.” Dr. Bailey and his associates conduct walking tours through these areas, telling of its rich history.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0507-10	<u>ENVIRONMENT</u>	28:45	13:47	L	PA/O	5/07/10	12:00PM
						5/08/10	2:30AM
						5/10/10	10:30AM
						5/11/10	2:30AM
						5/13/10	2:30AM

Every ten years, it's the same ol' thing – the census. Why must we fill out these seemingly annoying and privacy-compromising forms? According to Dr. (Ph.D.) Daryl Lee, U.S. Census Bureau Regional Partnership Coordinator, “The census was the result of a congressional mandate established in 1790. This mandate stated that the census will be conducted every 10 years. Its purpose is to determine congressional representation and to allocate federal funds in needed areas.” Dr. Lee recently conversed with *Joy In Our Town* Host Aaron Motley to clarify the role of the U.S. Census Bureau and the disposition of the data collected. Several governmental agencies use this data to generate statistics, write grants, and upgrade public facilities. Dr. Lee stressed the importance of returning the form correctly completed in a timely manner. “Needed funding can be improperly allocated without this data,” he said. “This data is instrumental in helping government agencies make sound economic decisions.”

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIR-DATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0430-10	<u>PUBLIC SAFETY</u>	28:45	13:13	L	PA/O	4/30/10	12:00PM
						5/01/10	2:30AM
						5/03/10	10:30AM
						5/04/10	2:30AM
						5/06/10	2:30AM

Boating and water sports are loads of fun! However, water recreation can be lethal if the rules and regulations are not properly observed. “One of the main rules that Alabamians fail to observe is the watercraft licensure law,” Lieutenant Ryan Bennett of the Alabama Marine Police quickly pointed out. “Most people think that their boat or vessel is just a toy, and will not properly register it. A watercraft is similar to an automobile in that it is a motorized vehicle.” According to Lt. Bennett, licensure and boat registration is a simple process. “A person can operate a vessel with a learner’s permit at age 12,” he told *Joy In Our Town* Host Aaron Motley during a recent interview. Age 14 is the legal age to operate a vessel without supervision. The exams for the permit and license are not difficult, and can be done online.” When asked about the water-related fatalities throughout the state in recent years, Lt. Bennett had a favorable report. “Fatalities have been decreasing over the past couple of years. I would like to think that it’s because of good police work,” he joked. “But it’s because of education and information dissemination.”

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0514-10	<u>PUBLIC SAFETY</u>	28:45	13:40	L	PA/O	01/15/10	12:00PM
						01/16/10	2:30AM
						01/18/10	10:30AM
						01/19/10	2:30AM
						01/21/10	2:30AM

Daily, we are reminded by news stories, posters and even milk cartons of the missing persons pandemic. Law enforcement agencies such as the Alabama Bureau of Investigation (ABI) labor tirelessly to prevent these abductions. According to Captain Bill Eller of the ABI, the figures that reflect the people abducted in the River Region are alarming. “Approximately 1100 people are missing from the area,” he revealed to *Joy In Our Town* Host Aaron Motley in a recent interview. “Two-hundred of those are presumed to still be somewhere in the area, and 600 of those abducted are under the age of 17.” As startling as those figures are, there is an upside. “Rarely do these crimes end in fatalities or homicides,” he stated. With the advent of the internet and social networks, children run an increased risk for abduction. “Internet predators often pose as children, befriending the children in chat rooms or on social network sites, and persuade them to meet at an undisclosed location. Once this happens, the abduction has already occurred,” Capt. Eller warned. He also recommended that parents and guardians closely monitor their children’s internet activity. Parents and guardians should be able to account for their children’s location at all times.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0618-10	<u>PUBLIC SAFETY</u>	28:45	13:40	L	PA/O	6/18/10	12:00PM
						6/19/10	2:30AM
						6/21/10	10:30AM
						6/22/10	2:30AM
						6/24/10	2:30AM

“When planning a vacation, use common sense,” advised Captain Keith Barnett of the Montgomery Police Department. Capt. Barnett was a recent guest on *Joy In Our Town* with Host Aaron Motley. Capt Barnett discussed vehicular safety during summer vacation. Capt. Barnett revealed to Mr. Motley that the most common vehicular violation is speeding. “It’s important to get to where you’re going when you’re vacationing. But please get there safely,” he cautioned. “Make sure that you drive the speed limit, because that is for your safety as well as the other drivers.” Capt. Barnett also warned motorists to keep a safe driving distance between you and the car ahead of you. “This helps avoid accidents,” he said. Capt. Barnett also urged viewers to always wear seat belts, as the ‘Click It or Ticket’ program will be in effect this summer. He also warned to be alert while driving at night, and never drink and drive.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

<u>PROGRAM TITLE</u>	<u>ISSUE/PROBLEM</u>	<u>PROGRAM DURATION</u>	<u>TOPIC SEGMENT DURATION</u>	<u>SOURCE</u>	<u>TYPE</u>	<u>AIRDATE</u>	<u>TIME</u>
JOY IN OUR TOWN #0611-10	<u>LOCAL CIVIC AFFAIRS</u>	28:45	13:40	L	PA/O	6/11/10	12:00PM
						6/12/10	2:30AM
						6/14/10	10:30AM
						6/15/10	2:30AM
						6/17/10	2:30AM

Alabama Supreme court Justice Tom Parker joined Host Aaron Motley as a guest on *Joy In Our Town*. Judge Parker discussed the biblical role of judges in today’s society. Judges are to rule fairly, without respect of person (impartially), and do justice to the poor, afflicted and needy, according to Judge Parker.”As judges have abandoned their biblical role, the foundation of society has been shaken,” he castigated. “They’ve removed prayer from schools, children can’t read the bible in school, pornography is flourishing, and same-sex marriage has being touted. You can see what judges have done while they’ve been out of order to shake the very core of our society.” Judge Parker suggested that we pray for our judges, giving them the strength to stand up to these injustices. He also said that we should pray for justices and judges that will uphold those core biblical principles.

*The figure described as Topic Segment Duration is based on our good faith judgment and may not represent the exact time.*

